



Virginia Beach
HAPPYNNINGS
 FEBRUARY

February Happynings!

Love is in the Air!

1st
 Sweet Inspirations performance

We love our Bickford Family and we are celebrating all month long!

5th
 Veteran of the Month

Please bring in your loved ones Wedding Photo for our Name that Bride and Groom Game!

9th
 Walk the Red Carpet..

How do I love thee?
 Let me count the ways. I love thee to the depth and breadth and height
 My soul can reach...

Elizabeth Barrett Browning

14th
 Valentine's Day Party with Alex Rasmussen!

17th
 President's Day Patriotic Party with Dennis Kelly!

25th
 February Birthday and Mardi Gras Party with Chuck Moebus!

Love and Marriage.....

Dory, born and raised in Brooklyn, and Consuello Thomas, born and raised in East Elmhurst, (photo above) met in Grand Central Station and were married six months later. They were blessed with five children, three girls and two boys. They will celebrate 63 years of marriage this September. Advice: Mrs. Timberlake says, "Be patient and agree lovingly to disagree!" Mr. Timberlake says, "Let her do all the talking and totally agree!"

Mary and David (photo right) will celebrate their 25th wedding anniversary this year! Dave said, "While Mary was an attorney and substitute Judge, we were fortunate to travel, particularly following our retirements." They have traveled to Austria, Pisa, Italy, New Zealand, Machu Picchu, Peru and taken a European River Cruise. The key to their marriage is "that we always enjoy each others company, laugh easily and often, and are best friends."



Mary B's Calendar

Activities listed in **BOLD** will be held in the AL living room or areas outside of MBs.

All activities are subject to change.

All activities will last a minimum of 30 minutes.

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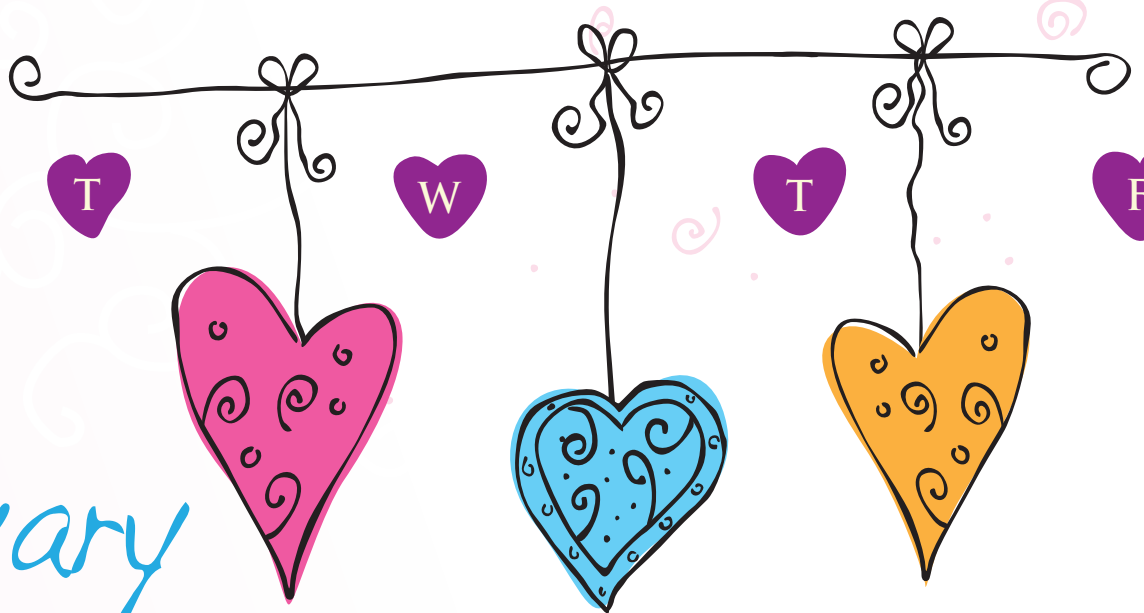
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February



Super Bowl Party
9:45 Sunday Stroll
10:00 Hair and Nails
11:00 Dr. Charles Stanley on TV
1:00 Chaplain Service 2

9:30 Daily Stretch
10:15 Parachute
11:00 Lacing Cards
1:30 Board Games
2:30 Cooking Club-
Chocolate Strawberries
3:30 Hand Massages 3

9:30 Daily Stretch
10:30 Write the Word
11:00 History: African
American Month
1:30 Paris: Rick Steves
3:30 Making Paper
Heart Chains 4

9:30 Daily Stretch
**10:15 Veteran of the
Month**
11:00 Bowling
1:00 Bible Study with
Jan
2:30 Chat Club 5

9:30 Daily Stretch
10:15 Devotions
11:00 Rag Wreaths
1:30 Reminiscing Sports
Songs
2:30 Reading Club
3:30 Meditation 6

9:30 Daily Stretch
10:15 Friday Funnies
11:00 Movie Discussion:
Superman
1:00 Scenic Drive
2:30 Happy Hour!
3:30 Folding Blankets 7

9:15 Daily Stretch
10:00 Beach Ball Toss
11:00 Exploring the
Zoo- Part 1
2:30 Hearts and Frogs
Centerpieces Craft
3:30 What am I? 8

9:45 Sunday Stroll
10:00 Hair and Nails
10:30 Walk the Red
Carpet
1:00 Chaplain Service
8:00 The 92nd Academy
Awards 9

9:30 Daily Stretch
10:15 Ball n' Buckets
11:00 Picture Prompt
1:30 Board Games
2:30 Cooking Club-
Brownie Tasting
3:30 Hand Massages 10

9:30 Daily Stretch
10:30 Love Song Sing-
Along with Interim
Healthcare
1:30 Who am I?
2:30 Falling for Niagara
Falls 11

9:30 Daily Stretch
10:15 Men's Club
11:00 Ring Toss
1:00 Bible Study with
Jan
2:30 Chat Club
3:30 Pictionary 12

9:30 Daily Stretch
10:15 Devotions
11:00 Paint Valentines
1:30 Reminiscing Love
Songs
2:30 Sweetheart Caper
Story 13

Valentine's Day
9:30 Daily Stretch
10:30 Romances to
Remember
12:00 Quartet Singers
2:30 Valentine Party! -
Axel Rasmussen 14

9:45 Daily Stretch
10:00 Roll Yarn
11:00 Leave it to
Beaver Show
2:30 Mary M Plays
Piano 15

9:45 Sunday Stroll
10:00 Hair and Nails
11:00 Dr. Charles
Stanley on TV
1:00 Chaplain Service
2:30 What are the
Mystery Objects? 16

President's Day
9:30 Daily Stretch
10:15 Bowling
11:00 Entertainment-
Dennis Kelly
2:30 Cooking Club:
Presidential Parfait 17

9:30 Daily Stretch
10:15 President Trivia
11:00 Presidential Pets
1:30 Cherry Craft
2:30 Exploring
Rushmore
3:30 Soothing Scents 18

9:30 Daily Stretch
10:15 Veteran's Club
11:00 Ball n' Buckets
1:00 Bible Study with
Jan
2:30 Chat Club
3:30 Pictionary 19

9:30 Daily Stretch
10:15 Devotions
11:00 Watercolor Paint
1:30 Reminiscing
Patriotic Songs
2:30 Reading Club
3:30 Meditation 20

9:30 Daily Stretch
10:15 Friday Funnies
11:00 Picture It Game
1:00 Scenic Drive
2:30 Happy Hour!
3:30 Folding Blanket 21

9:15 Daily Stretch
10:00 Beach Ball Toss
11:00 Exploring the
Zoo- Part 2
2:30 Mardi Gras
Ornaments Craft
3:30 Who am I? 22

9:45 Sunday Stroll
10:00 Hair and Nails
10:30 Picture Detective
Game
1:00 Chaplain Service
2:00 Entertainment-
Ray and Sue 23

9:30 Daily Stretch
10:15 Ring Toss
11:00 Lacing Cards
1:30 Board Games
2:30 Cooking Club-
Snowball Doughnuts
3:30 Hand Massages 24

9:30 Daily Stretch
10:15 What am I?
11:00 Mardi Gras Masks
1:30 Adult Coloring
2:30 February
Birthday Party! -
Chuck Moebus 25

9:30 Daily Stretch
10:15 Men's Club
11:00 Parachute
1:00 Bible Study with
Jan
2:30 Chat Club
3:30 Pictionary 26

9:30 Daily Stretch
10:15 Devotions
11:00 Paint Picture
Frames
1:30 Frog & Toad
2:30 Frog Poetry
3:30 Leap Frog Craft 27

9:30 Daily Stretch
10:15 Friday Funnies
11:00 EZ Does It Trivia
1:30 Gardening Club
2:30 Happy Hour!
3:30 Folding Blankets 28

9:45 Daily Stretch
10:00 Jigsaw Puzzles
11:00 Andy Griffith
Show
2:30 Mary M Plays
Piano 29

