



# Omaha Hickory HAPPENINGS

JANUARY

HAPPY NEW YEAR 2020!!!

## FRIENDLY REMINDERS

### NURSING

Please notify Sarah or the MedAide on duty at least 48 hours in advance when your loved one has an appointment. This allows for us to get the necessary paperwork ready. Please pick up the paper work from Sarah or the MedAide before leaving the branch.

If you are feeling ill, please refrain from visiting your loved one. This will ensure the safety of all our residents and staff members.

### Bread Basket

Please notify the kitchen or another BFM any time you will be taking your loved one out for a meal. Also, please notify the branch in advance if you are planning to have a meal at Bickford with your loved one. Cost of meals are as follows:

- Breakfast: \$5
- Lunch: \$7
- Dinner: \$5.50
- Holiday: \$10

If you plan on bringing in a meal to have with your loved one and would like to use the formal dining, sunroom or back living room please let BFMs know.



Be someone who listens, and you will be heard.  
 Be someone who cares, and you will be loved.  
 Be someone who gives, and you will be Blessed.  
 Be someone who comforts, and you will know peace.  
 Be someone who lives with joy, with Purpose, as your own light brightly shines.  
 Be in every moment, the special Someone you are truly meant to be.

Happy New Year!!

As we begin a new year we look back on 2019 with bittersweet memories of those who are no longer with us.

We look forward to 2020. We are thankful to the staff here at Bickford for the wonderful care they provide to our residents.



RESIDENT BIRTHDAYS

Sue Smith- January 3  
Josephine Maldonado- January 11  
Geraldine Novotny- January 19

BFM BIRTHDAYS

Nil D.- January 12  
Nakia M.- January 19  
Brindle I.- January 28

# January

S M T W T F S



New Year's Day  
9:30a New Years  
Parade  
10:00a Pet Visits  
With Harvey  
6:00p Movie Monday

9:30a Seated Soccer  
10:15a Flowers  
10:45a Rosary  
2:00p Thirsty  
Thursday  
3:00p Manicures  
6:00p Jokes &  
Riddles

9:30a Group Stretch  
10:15a New Yrs  
Resolutions  
10:45a Rosary  
2:00p Shopping Trip  
6:00p Movie Night

10:00a Noodleball  
10:45a Walking Club  
At The Westroads  
2:00p BINGO  
6:00p Lawrence Welk

9:00a- Talk Radio:  
The Catholic Hour  
11:00a MASS  
2:00p Chaplin Ron  
6:00p Word Search

9:30a Monday Moves  
10:15a Jan Fun Facts  
10:45a Rosary  
2:00p BINGO  
3:00p The Naturalist  
3:15p Rosary  
6:00p Connect 4

9:30a Noodleball  
10:15a Beach Ball  
Questions  
10:45a Rosary  
2:00p Stretches  
3:00p Christine  
Coulson  
6:00p Jenga

9:30a Walking Club  
10:15a Potato  
Peeling  
10:45a Rosary  
2:00p Chaplin Laura  
3:00p Craft Corner  
6:00p Bingo

9:30a Sittercise  
10:15a Flowers  
10:45a Rosary  
2:00p Bowling At  
West Lanes  
3:00p Manicures  
6:00p Gard Games

9:30a Body Pump  
10:15a What Am I ?  
10:45a Rosary  
2:00p Book Club  
3:00p The Three  
Young Irishman  
6:00p Movie Night

10:00a Exercise  
10:45a National Milk  
Day (Make  
Milkshakes)  
2:00p BINGO  
6:00p Lawrence Welk

Check out our blog at:  
[bickfordseniorliving.com/branch/bickford-of-omaha-hickory](http://bickfordseniorliving.com/branch/bickford-of-omaha-hickory)



"LIKE" our Facebook page at:  
[facebook.com/bickford/hickory](https://facebook.com/bickford/hickory)

9:00a- Talk Radio:  
The Catholic Hour  
11:00a MASS  
2:00p Chaplin Ron  
6:00p Adult Coloring

9:30a Monday Moves  
10:15a I Spy  
10:45a Rosary  
2:00p BINGO  
3:00p Lev The  
Entertainer  
6:00p Trivia

Hat Day  
9:30a Hat Parade  
10:15a Read Aloud  
10:45a Rosary  
2:00p Tea Party  
3:00p Baking Club  
6:00p Board Games

9:30 Walking Club  
10:15a Potato  
Peeling  
10:45a Rosary  
2:00p Chaplin Laura  
3:00p Exotic Animals  
6:00p Bingo

9:30a Chair  
Exercises  
10:15a Flowers  
10:45a Rosary  
2:00p Make Mocktails  
3:00p Rick Darrell  
6:00p M & M Game

9:30a Fitness Craze  
10:15a Name That  
Tune  
10:45a Rosary  
2:00p Johnny  
Ray/Bday Party  
6:00p Movie Night

10:00a Saturday  
Stretch  
10:45a Walking Club  
At The Westroads  
1:00p Movie At  
Council Bluffs Library  
2:00p BINGO  
6:00p Lawrence Welk

9:00a- Talk Radio:  
The Catholic Hour  
11:00a MASS  
2:00p Chaplin Ron  
3:00p National  
Popcorn Day  
6:00p Newspaper  
Finds

9:30a Monday Moves  
10:15a Martin Luther  
King Craft  
10:45a Rosary  
2:00p BINGO  
3:00p Joe Taylor  
6:00p Short Stories

9:30a Senior Motion  
10:15a Tongue  
Twisters  
10:45a Rosary  
2:00p Remincing  
Time  
3:00p Baking Club  
6:00p Family Night

9:30a Walking Club  
10:15a Potato  
Peeling  
10:45a Rosary  
2:00p Chaplin Laura  
3:00p Womens Club  
6:00p Bingo

Luau Party  
9:30a Beach Ball Toss  
10:15a Flowers  
10:45a Rosary  
2:00p Resident  
Council  
3:00p Hawaiian  
Punch Social

9:30a Powercise  
10:15a News &  
Views  
10:45a Rosary  
2:00p Chair Yoga  
With Beth  
3:00p Bullseye  
Game

10:00a Sittercise  
10:45a Coffee  
Chums  
1:00p Flower Festival  
At St. Cecalias  
Cathedral  
2:00p BINGO  
6:00p Lawrence Welk

9:00a- Talk Radio:  
The Catholic Hour  
11:00a MASS  
2:00p Chaplin Ron  
6:00p Puzzle Time

Chocolate Cake Day  
9:30a Monday Moves  
10:15a Fun Facts  
About Cake  
10:30a Kelsi  
2:00p BINGO  
3:00p Cake Social  
6:00p Help With  
Laundry

9:30a Moving &  
Grooving  
10:15a Morning Chat  
10:45a Rosary  
2:00p National  
Puzzle Day  
3:00p Baking Club  
6:00p UNO Attack

9:30a Walking Club  
10:15a Potato  
Peeling  
10:45a Rosary  
11:00a ScatterJoy  
2:00p Chaplin Laura  
3:00p Exotic Animals  
6:00p Bingo

9:30a Parachute Fun  
10:15a Flowers  
10:45a Rosary  
2:00p Whats The  
Scoop  
3:00p Manicures  
6:00p Wii Games

6:00p Movie Night  
9:30a Friday Fit  
10:15a Monthly  
Review  
10:45a Rosary  
2:00p Denelle  
2:15p Shopping Trip  
6:00p Movie Night

