

Congratulations to our BFM Michelle Rasbeck and BFM Deann Backen for being nominated for 2019 Bickford Pearl RNC and Caregiver of the year! We are all SO proud of you!!!



Cedar Falls HAPPENINGS

JANUARY

January Newsletter

Happy New Year! We hope you all enjoyed the holidays and spending time with your family and friends. 2019 was a great year here at Bickford! We are very excited and ready to see what new things 2020 will bring. Bring on the New Year, we are ready for you!

We will be busy this month designing our own hats, playing luau games, sipping on pina colodas, and eating chocolate cake! Who's excited??

As the weather gets colder we will have many new faces and of course, many of our old favorites joining us this month for entertainment. All are welcome to come on over and join the fun.

To start off 2020 we have a fun filled month planned out. Some upcoming events for January are Hat Day, Luau Day, and my favorite, Chocolate Cake Day!

Prepare for a lot of music, laughter, and learning this month of January! Cheers to a new year!



December Highlights

2019 was a great year...

We are ready for you 2020!



Upcoming Events:

New Year's Day: Wednesday, January 1st
 To kick off the new year, throw on your PJ's and come on down for a movie party starting at 7:00pm. There will be lots of yummy snacks and laughs, you won't want to miss it!

Hat Day: Tuesday, January 14th
 Wear your favorite hat today in honor of National Hat Day! At 3:00pm we will be doing hat crafts and hat chats.

Luau Day: Thursday, January 23rd
 At 2:30pm come on over for a luau party! We will be having pina colodas, fruit kabobs, and lots of fun luau games. We hope to see you all there.

Chocolate Cake Day: Monday, January 27th
 For this special day we will be serving a sweet, CHOCOLATEY snack... Chocolate Cake! MMM MMM MMM!!!



January

S	M	T	W	T	F	S	
				<p>New Year's Day Happy New Year!! 7:00pm Pajama Movie Party</p>	<p>10-12:00pm Catholic Communion 10:15am Stretching 10:45am Devotions 10:55am Spelling Bee 2pm Dominos/Games 6:00pm Coloring/Scratch Art</p>	<p>9:00am Beauty Salon 10:15am Bells Exercise 10:45am Devotions 10:55am EPI here for: Penny Toss 2:00pm Worship/Mass 3:00pm Friday Snack 6:00pm Friday Flick</p>	<p>9:00am Coffee & Morning News 6:00pm Lawrence Welk</p>
<p>2:00pm Worship 3:15pm Entertainment by: The Piano Man 6:00pm Movies & Popcorn</p>	<p>9:15am Men's Coffee 10:15am Fitness & Fun 10:45am Devotions 10:55am EPI here for: LRC Game 2:00pm BINGO 3:15pm Word Search with Natalie</p>	<p>10:15am Weights 10:45am Devotions 10:55am Crosswords 2:00pm Entertainment by: Ken Morlan 3:00pm Women's Devotion & Craft 6:00pm Evening News</p>	<p>10:15am Music Therapy with Lucy 2:00pm Hand Massages & Manicures 3:15pm Happy Hour 6:00pm Old Maid Cards</p>	<p>10-12pm Catholic Communion 10:15am Stretching 10:45am Devotions 10:55am Spelling Bee 2pm Dominos/Games 6:00pm Coloring/Scratch Art</p>	<p>9:00am Beauty Salon 10:15am Bells Exercise 10:45am Devotions 10:55am EPI here for: Connect 4 2:00pm Worship/Mass 3:00pm Friday Snack 6:00pm Friday Flick</p>	<p>9:00am Coffee & Morning News 2:00pm Entertainment by: Ann Dengler 6:00pm Lawrence Welk</p>	
<p>2:00pm Worship 6:00pm Movies & Popcorn</p>	<p>9:15am Men's Coffee 10:15am Fitness & Fun 10:45am Devotions 10:55am EPI here for: Penny Toss 2:00pm BINGO 3:15pm Word Search 6:00pm Jenga</p>	<p>Hat Day 10:15am Weights 10:45am Devotions 10:55am Crosswords 2:00pm Resident Council 3:00pm Hat Craft 6:00pm Evening News</p>	<p>10:15am Ribbons 10:45am Devotions 10:55am Brain Games 2:00pm Hand Massages & Manicures 3:15pm Happy Hour 6:00pm UNO Cards</p>	<p>10-12:00pm Catholic Communion 10:15am Stretching 10:45am Devotions 10:55am Spelling Bee 2pm Dominos/Games 6:00pm Coloring/Scratch Art</p>	<p>9:00am Beauty Salon 10:15am Bells Exercise 10:45am Devotions 10:55am EPI here for: Noodle Ball 2:00pm Worship/Mass 3:00pm Friday Snack 6:00pm Friday Flick</p>	<p>9:00am Coffee & Morning News 6:00pm Lawrence Welk</p>	
<p>2:00pm Worship 3:15pm Entertainment by: Jenny ft. Sax & George 6:00pm Movies & Popcorn</p>	<p>9:15am Men's Coffee 10:15am Fitness & Fun 10:45am Devotions 10:55am EPI here for: LRC Game 2:00pm BINGO 3:15pm Word Search 6:00pm Word Scramble</p>	<p>10:15am Weights 10:45am Devotions 10:55am Crosswords 2:00pm Bible BINGO 3:00pm Women's Devotion & Craft 6:00pm Evening News</p>	<p>10:15am Ribbons 10:45am Devotions 10:55am Brain Games 2:00pm Hand Massages & Manicures 3:15pm Happy Hour 6:00pm Charade Cards</p>	<p>Luau Day 10-12pm Catholic Communion 10:15am Stretching 10:45am Devotions 10:55am Spelling Bee 2:30pm Luau Party 6:00pm Scratch Art</p>	<p>9:00am Beauty Salon 10:15am Bells Exercise 10:45am Devotions 10:55am EPI here for: Connect 4 2:00pm Worship/Mass 3:00pm Munchies with Michelle</p>	<p>9:00am Coffee & Morning News 6:00pm Lawrence Welk</p>	
<p>2:00pm Worship 3:15pm Entertainment by: Mike & Pablo 6:00pm Movies & Popcorn</p>	<p>Chocolate Cake Day 9:15am Men's Coffee 10:15am Fitness & Fun 10:45am Devotions 10:55am EPI here for: Penny Toss 2:00pm BINGO 3:15pm Chocolate Cake Snack</p>	<p>10:15am Weights with Jen 10:45am Devotions 10:55am Crosswords 2:00pm Entertainment by: Luke Farland 3:00pm Craft Projects 6:00pm Evening News</p>	<p>10:15am Ribbons 10:45am Devotions 10:55am Brain Games 2:00pm Hand Massages & Manicures 3:15pm Happy Hour 6:00pm Caring Cards</p>	<p>10-12:00pm Catholic Communion 10:15am Stretching 10:45am Devotions 10:55am Spelling Bee 2pm Dominos/Games 6:00pm Coloring/Scratch Art</p>	<p>9:00am Beauty Salon 10:15am Bells Exercise 10:45am Devotions 10:55am EPI here for: Connect 4 2:00pm Worship/Mass 3:00pm Friday Snack 6:00pm Friday Flick</p>	<p>9:00am Coffee & Morning News 6:00pm Lawrence Welk</p>	