



# Virginia Beach HAPPYNNINGS

JANUARY

## January Happynings in Mary B's

Happy New Year to all our Bickford Family & Friends! We are so honored to serve you in 2020!

This month we will be taking HOWIE to lunch out at the Egg Bistro and a scenic drive. We love for family to join us for activities, especially lunches out, so if you would like to join us, please let Danielle know so that we can plan accordingly.

May 2020 be a year of love, overflowing joy, and abundant blessings!

### January Events

1/2 VA Beach Shag Club Dancers

1/8 Veteran of the Month Eevee the Therapy Dog Visits

1/14 Hat Day with Frank Sings Frank

1/8 Eevee the Therapy Dog Visits

1/23 Luau Party

1/24 Scenic Drive

1/27 Chocolate Cake Day and January Birthday Party

1/31 Lunch Out to the Egg Bistro



My name is Jan Herring. My husband, Phillip, and I have 3 adult sons - Joshua (wife, Jennifer), Christopher, and Samuel. I graduated from Southern Baptist Theological Seminary with a degree in Christian Education. I homeschooled my sons while also serving as a youth minister, an instructor in a community college, a Bible teacher in Christian schools, and I served as a chaplain at Sentara Norfolk General Hospital. I love reading, teaching, swimming, and traveling.

My name is David Foote, born and raised in TX. I met my wonderful wife in college and have been married for other 23 yrs. I am a father of 5 children, ages 18 yrs to 8 yrs old. I am currently a minister at a local church in the Kempsville area and have served there for 3 years now. I have been blessed with the opportunity to live in and visit other countries. I love getting to know people and offering encouragement. IT is a wonderful opportunity to meet and serve you all.



# January

S

M

T

W

T

F

S

**Activities listed in BOLD will be held in the AL living room or areas outside of MBs.**

*All activities are subject to change.*

*All activities will last a minimum of 30 minutes.*

New Year's Day  
 9:30 Daily Stretch  
 10:15 New Year's Eve Fun Facts  
 11:00 Tournament of Roses Parade  
 1:45 Note Card Stamping

10:15 Courthouse Community Methodist Church Service  
 11:00 Jigsaw Puzzles  
 1:00 Chaplain Service

5

9:30 Daily Stretch  
 10:15 EZ Does It Trivia  
 11:00 Bird Songs & ID  
 1:45 Walking Club  
 2:30 Watercolor Painting

6

9:30 Daily Stretch  
 10:15 Pictionary  
 11:00 Sites & Sounds of Nashville  
 1:00 Mary E Plays Piano  
**2:00 VA Beach Shag Club Dancers**  
 3:00 Chat Club

7

9:30 Daily Stretch  
**10:30 Veteran of the Month**  
 10:30 Bible Study  
 1:45 Gospel Sing-Along  
 2:45 Door Burst Paper Craft  
 Eevee Pet Therapy

8

9:30 Daily Stretch  
 10:15 Devotions  
 11:00 EZ Music - Remembering Texas Songs  
 2:00 Cooking Club - Banana Pudding  
 3:30 Poetry Reading

9

9:30 Daily Stretch  
 10:30 Star of the Month: Dolly Parton  
 10:30 Adult Coloring  
 2:00 Campbell's Soup Reminsince & Tasting  
 3:00 Happy Hour

10

10:00 Andy Griffith Show  
 11:00 Jigsaw Puzzles  
 1:00 Beach Ball Toss  
 2:00 Louis Armstrong - Show of the Week concert  
**2:30 Mary M Plays Piano**

4

10:00 Golden Girls Show  
 11:00 Magic Water Painting  
 1:00 Beach Ball Toss  
 2:00 Dizzy Gillespie Quintet (1966) special  
**2:30 Mary M Plays Piano II**

11

10:00 Hair & Nails  
 11:00 Dr. Charles Stanley on TV  
 1:00 Chaplain Service

12

9:30 Daily Stretch  
 10:15 Remembering the Wonders of Winter  
 11:00 Rag Wreaths  
 1:45 Walking Club  
 2:30 Decorating Hats

13

Hat Day  
 9:30 Daily Stretch  
 10:15 Pictionary  
 11:00 Armchair Travel  
 1:00 Mary E Plays Piano  
**2:30 Hat Day Party - Frank Sings Frank**  
 3:30 Chat Club

14

9:30 Daily Stretch  
**10:15 Men's Club**  
 10:30 Bible Study  
 11:30 Hand Massages  
 1:45 Suzie Q Sing-Along  
 2:45 Snowy Tree Painting

15

9:30 Daily Stretch  
 10:15 Devotions  
 11:00 Dog Breed ID & Chat  
 2:00 Cooking Club - Juicing Oranges  
 3:30 Reading Club

16

9:30 Daily Stretch  
 10:30 Happy Days Fun Facts & Episode  
 11:00 Adult Coloring  
 1:45 Garden Club - Indoor Herbs  
 3:00 Ice Cream Social  
 Happy Hour

17

10:00 Leave it to Beaver Show  
 11:00 Jigsaw Puzzles  
 1:00 Beach Ball Toss  
 2:00 Ralph Vaughan Williams: "A London Symphony"  
**2:30 Mary M Plays Piano**

18

10:00 Hair & Nails  
 11:00 Dr. Charles Stanley on TV  
**2:00 Turning Point Church Service**

19

9:30 Daily Stretch  
 10:15 Short Story: Two Step Resolution  
 11:00 Walking Club  
 1:45 Martin Luther King Famous Quotes  
 2:15 Painting Wooden Frames

20

9:30 Daily Stretch  
 10:15 Pictionary  
 11:00 Armchair Travel - Hawaii  
 1:00 Mary E Plays Piano  
 2:00 Soothing Scents & Sounds  
 3:00 Chat Club

21

9:30 Daily Stretch  
**10:15 Men's Club**  
 10:30 Bible Study  
 11:30 Hand Massages  
 1:45 Music of Hawaii  
 2:45 Ring Toss  
 Eevee Pet Therapy

22

Luau Party  
 9:30 Daily Stretch  
 10:15 Devotions  
 10:30 Cooking Club - Coconut Graham Cracker Cookie Bars  
**2:00 Luau Party**  
 3:30 Stories of Hawaii

23

9:30 Daily Stretch  
 10:30 Finish the Proverb  
 11:00 Adult Coloring  
**1:45 Scenic Drive**  
 3:00 Happy Hour

24

10:00 Little House on the Prairie Show  
 11:00 Roll Yarn  
 1:00 Beach Ball Toss  
 2:00 An Evening with Nat King Cole concert  
**2:30 Mary M Plays Piano**

25

10:00 Hair & Nails  
 11:00 Dr. Charles Stanley on TV  
 1:00 Chaplain Service

26

Chocolate Cake Day  
 9:30 Daily Stretch  
 10:00 Armchair Travel - Hershey, PA  
 11:00  
**2:00 January Birthday Party**  
 3:30 Walking Club

27

9:30 Daily Stretch  
 10:15 Pictionary  
 11:00 Sky, Land, & Sea  
 1:00 Mary E Plays Piano  
 2:00 Soothing Scents & Sounds  
 3:00 Chat Club

28

9:30 Daily Stretch  
**10:15 Veteran's Club**  
 10:30 Bible Study  
 11:30 Hand Massages  
 1:45 Tea Party  
 3:00 Doris Day Sing-Along

29

9:30 Daily Stretch  
 10:15 Devotions  
 11:00 Croissant & Jam Tasting  
 2:00 Cooking Club - Yogurt Granola Fruit Parfaits  
 3:30 Poetry Reading

30

9:30 Daily Stretch  
 10:30 Adult Coloring  
**11:45 Lunch Out - The Egg Bistro**  
 1:45 Reading Club  
 3:00 Happy Hour

31