



## Events For January

January 1st  
New Year Day

January 14th  
Hat Day

January 23rd  
Luau Day

January 27th  
Chocolate Cake Day

# Muscatine HAPPENINGS

JANUARY

*Happy New Year!!*

### How Did New Year's Day Get Started:

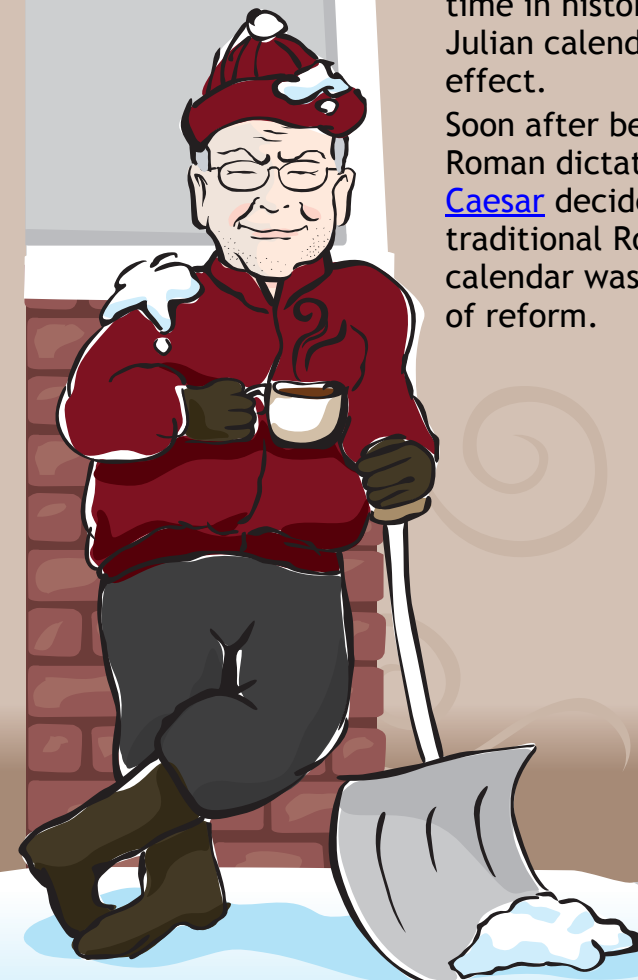
In 45 B.C., New Year's Day is celebrated on January 1 for the first time in history as the Julian calendar takes effect.

Soon after becoming Roman dictator, [Julius Caesar](#) decided that the traditional Roman calendar was in dire need of reform.

New Year's Eve is the last day of the year and the day before New Year's Day, which marks the start of a new year according to the Gregorian calendar. Pope Gregory XIII introduced the Gregorian calendar in 1582. It was adopted immediately in some areas of Europe but it was not used in various countries until even centuries later. For example, the United Kingdom and the United States started observing the Gregorian calendar in 1752, in which 11 days were dropped.



  
**Bickford**  
assisted living  
& memory care

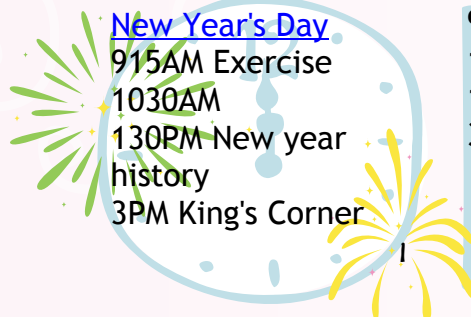


Nancy W. 1/12

Elvira C. 1/25  
Antonio D. 1/9

S M T W T F S

January



915AM Exercise  
10AM Bible Study  
11AM Art Therapy  
3PM Thirsty Thursday  
2

9AM Exercise w/ Ann  
10AM Manicures  
130PM Bingo  
3PM This Day in History  
6PM Movies & Popcorn  
3

915AM Walking Club  
11AM Adult Coloring  
3PM Movie Matinee  
6PM Trivia  
4

915AM Walking Club  
11AM Trivia in Sunroom  
1PM Chapel service  
6PM Movies & Popcorn  
5

915AM Exercise  
1030AM Card Games  
130PM Bingo  
3PM January Birthday Party!  
6

9AM Exercise w/ Y  
1030AM Resident Council  
130PM Bingo  
3PM Treat Cart  
7

915AM Exercise  
1030AM  
130PM Bingo  
3PM Giant Crossword  
8

915AM Exercise  
10AM Bible Study  
11AM Art Therapy  
3PM Thirsty Thursday  
9

9AM Exercise w/ Ann  
10AM Manicures  
130PM Bingo  
3PM This Day in History  
6PM Movies & Popcorn  
10

915AM Walking Club  
11AM Adult Coloring  
3PM Movie Matinee  
6PM Trivia  
11

915AM Walking Club  
11AM Trivia in Sunroom  
1PM Chapel service  
6PM Movies & Popcorn  
12

915AM Exercise  
1030AM Card Games  
130PM Bingo  
3PM Trivia  
13

Hat Day  
9AM Exercise w/ Ann  
1030AM Relax & Color  
130PM Bingo  
3PM Treat Cart  
14

915AM Exercise  
1030AM  
130PM Bingo  
3PM Giant Crossword  
15

915AM Exercise  
10AM Bible Study  
11AM Art Therapy  
3PM Thirsty Thursday  
16

9AM Exercise w/ Ann  
10AM Manicures  
130PM Bingo  
3PM This Day in History  
6PM Movies & Popcorn  
17

915AM Walking Club  
11AM Adult Coloring  
3PM Movie Matinee  
6PM Trivia  
18

915AM Walking Club  
11AM Trivia in Sunroom  
1PM Chapel service  
6PM Movies & Popcorn  
19

915AM Exercise  
1030AM Card Games  
130PM Bingo  
3PM Trivia  
20

9AM Exercise w/ Y  
1030AM Relax & Color  
130PM Bingo  
3PM Treat Cart  
21

915AM Exercise  
1030AM  
130PM Bingo  
3PM Giant Crossword  
22

Luau Party  
915AM Exercise  
10AM Bible Study  
11AM Art Therapy  
2PM Luau Party Snacks Drinks & Games  
23

9AM Exercise w/ Ann  
10AM Manicures  
130PM Bingo  
3PM This Day in History  
6PM Movies & Popcorn  
24

915AM Walking Club  
10-11AM KAREN MICHAELS/SINGER  
3PM Movie Matinee  
6PM Trivia  
25

915AM Walking Club  
11AM Trivia in Sunroom  
1PM Chapel service  
6PM Movies & Popcorn  
26

Chocolate Cake Day  
915AM Exercise  
1030AM Card Games  
130PM Bingo  
3PM Chocolate Cake Tasting  
27

9AM Exercise w/ Ann  
1030AM Relax & Color  
130PM Bingo  
3PM Treat Cart  
28

915AM Exercise  
1030AM  
130PM Bingo  
3PM Giant Crossword  
29

915AM Exercise  
10AM Bible Study  
11AM Art Therapy  
3PM Thirsty Thursday  
30

9AM Exercise w/ Ann  
10AM Manicures  
130PM Bingo  
3PM This Day in History  
6PM Movies & Popcorn  
31

