

Walk To End Alzheimer's 2019



Cedar Falls
HAPPENINGS
NOVEMBER



November Newsletter

Welcome to November! It's the start of the holiday season. This month is going to be a busy one as we have many fun things planned for all to enjoy!

To all families, because we are so thankful to have such amazing families like you, please join us for our Family Council Meeting on November 13th. At this time we will review the results of our annual happiness survey.

November is the month to remind us to be thankful for the many positive things happening in our life. As we all have different things to be thankful for, we here at Bickford are especially thankful for one another. To our residents and families, staff and volunteers, we are the best because you are the best! We are so thankful every day for each and every one of you.

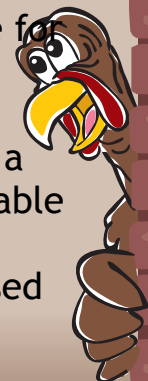
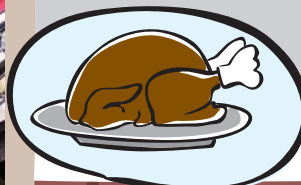
As we come closer to the end the month we want to warn you all in advance to get your stretchy pants ready... Please sign up if you would like to join your loved one for a Thanksgiving Day meal on November 28th. We will have a sign-up sheet available and more info to come. Have a blessed month!



September FUN

We had a fun month!

Check it out!



Upcoming Events:

Veteran's Day: Monday, November 11th

At 2:00pm we will decorate cookies for our AMVETS Post 49 here in Cedar Falls. Red, white, and blue snacks and facts will take place after. Later in the evening join us for a special movie and popcorn starting at 6:00pm. *Thank you to all our Veteran's for your service. We honor your sacrifice to our country.*

Family Council Meeting: Wednesday, November 13th

To all Bickford Families, please join us for our Family Council Meeting on Wednesday, November 13th at 4:00pm. At this time we will review the results of our annual happiness survey. We hope to see you all there!

Thanksgiving: Thursday, November 28th

Happy Thanksgiving! If you would like to join your loved one here at Bickford Cottage for a Thanksgiving Day meal, please sign-up with our LEC. We hope you all can join us!



Resident Birthday's:
19th: Randy A.
25th: Jeanne H.
Happy Birthday!!

BFM Birthday's:
4th: Annette
23rd: Michelle
30th: Brianna T.
Happy Birthday!!!

November

2:00pm Worship
3:15pm Entertainment by: **The Piano Man**
6:00pm Movie & Popcorn **3**

9:15am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am EPI here for: LRC Game
2:00pm **BINGO**
3:15pm Word Search
6:00pm Pictionary **4**

10:15am Weights
10:45am Devotions
10:55am Crosswords
2:00pm **State Capital BINGO**
3:00pm Art Projects
6:00pm Evening News **5**

10:15am Ribbons
10:45am Devotions
10:55am Brain Games
2:00pm Entertainment by: **Ken Morlan**
3:15pm *Happy Hour*
6:30pm **Activity with UNI Students** **6**

10:15am Stretching
10:45am Devotions
10:55am Spelling Bee
2pm Dominos/Games
1-4pm Catholic Communion
6:00pm Coloring/Scratch Art **7**

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am EPI here for: Noodle Ball
2:00pm Worship/Mass
3:00pm Friday Snack **8**

9:00am Morning News
2:00pm Entertainment by: **Ann Dengler**
TBD- **Iowa vs. Wisconsin**
6:00pm Lawrence Welk **9**

2:00pm Worship
3:15pm Entertainment by: **Melvin Reiks**
6:00pm Movie & Popcorn **10**

10:15am Fitness & Fun
10:55am EPI: Penny Toss
2:00pm Decorate Cookies for AMVETS
3:00pm Red, White, & Blue Snacks & Facts
6:00pm *Good Morning Vietnam* Movie **11**

10:15am Weights
10:45am Devotions
10:55am Crosswords
2:00pm **Resident Council**
3:00pm **Women's Devotion & Craft**
6:00pm Evening News **12**

10:15am **Music Therapy with Lucy**
2:00pm Hand Massages & Manicures
3:15pm *Happy Hour*
4:00pm **Family Council Meeting**
6:00pm Board Games **13**

10:15am Stretching
10:45am Devotions
10:55am Spelling Bee
2pm Dominos/Games
1-4pm Catholic Communion
6:00pm Coloring/Scratch Art **14**

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am EPI here for: Connect 4
2:00pm Worship/Mass
3:00pm **Munchies with Michelle** **15**

9:00am Morning News
2:00pm Entertainment by: **Songbook Trio**
TBD- **Iowa vs. Minnesota**
6:00pm Lawrence Welk **16**

2:00pm Worship
3:15pm Entertainment by: **Jenny ft. Sax & George**
6:00pm Movie & Popcorn **17**

10:30am Entertainment by: **Luke Farland**
2:00pm **BINGO**
3:15pm **Word Search with Natalie**
6:00pm Word Scramble **18**

10:15am **Weights with Jen**
10:45am Devotions
10:55am Crosswords
2:00pm **Bible BINGO**
3:00pm Craft Project
6:00pm Evening News **19**

Our 21st Anniversary!
10:15am Ribbons
10:45am Devotions
10:55am Brain Games
2:00pm Hand Massages & Manicures
3:15pm *Happy Hour*
6:30pm **Activity with UNI Students** **20**

10:15am Stretching
10:45am Devotions
10:55am Spelling Bee
2pm Dominos/Games
1-4pm Catholic Communion
6:00pm Coloring/Scratch Art **21**

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am EPI here for: Noodle Ball
2:00pm Worship/Mass
3:00pm Friday Snack **22**

9:00am Morning News
TBD- **Iowa vs. Illinois**
6:00pm Lawrence Welk **23**

2:00pm Worship
3:15pm Entertainment by: **Dennis Stickfort**
6:00pm Movie & Popcorn **24**

9:15am Men's Coffee
10:15am Fitness & Fun
10:45am Devotions
10:55am EPI here for: LRC Game
2:00pm **BINGO**
3:15pm Word Search
6:00pm Bowling **25**

10:15am Weights
10:45am Devotions
10:55am Crosswords
2:00pm 1:1's with Courtney
3:00pm **Women's Devotion & Craft**
6:00pm Evening News **26**

10:15am Ribbons
10:45am Devotions
10:55am Brain Games
2:00pm Hand Massages & Manicures
3:15pm *Happy Hour*
6:00pm Card Games **27**

Thanksgiving
Thankful and grateful today and every day. Have a blessed and Happy Thanksgiving **28**

9:00am Beauty Salon
10:15am Bells Exercise
10:45am Devotions
10:55am EPI here for: Penny Toss
2:00pm Worship/Mass
3:00pm Friday Snack **29**

9:00am Morning News
1:30pm **Iowa vs. Nebraska**
6:00pm Lawrence Welk **30**