

IT'S THE MOST  
wonderful  
TIME OF THE  
year



"THE HOLIDAY SEASON  
IS A PERFECT TIME  
TO REFLECT ON OUR BLESSINGS  
AND SEEK OUT WAYS TO  
MAKE LIFE BETTER  
FOR THOSE AROUND US."

-TERRI MARSHALL



Muscatine

# HAPPENINGS

DECEMBER

Merry Christmas!

### Fun Facts About Christmas!!

The image of Santa Claus flying his sleigh began in 1819 and was created by Washington Irving, the same author who dreamt up the Headless Horseman.

Tinsel was invented in 1610 in Germany and was once made of real silver.

The Montgomery Ward department store created Rudolph the Reindeer as a marketing gimmick to encourage children to buy their Christmas coloring books.

The Christmas wreath was originally hung as a symbol of Jesus. The holly represents his crown of thorns and the red berries the blood he shed.

Brenda Lee recorded "Rockin' Around the Christmas Tree" when she was only 13 years old.

### December Birthdays

Julie H.  
December 27th

Norma H.  
December 30th



### December Events

Fact  
December 11th  
Winter Festival

December 25th  
Christmas

### Fun

The settlers created the first American batch of eggnog.

The Jamestown settlers created the first American batch of eggnog, although it may not have tasted quite the way the egg-centric concoction does today. The word *nog* comes from the word *grog*; that is, any [drink](#) made with rum. So technically, an early nog didn't really require the rich, milky base we now recognize on grocery store shelves and ladle out of grandma's cut-crystal punch bowl.

The Blessings of peace  
The beauty of hope  
The spirit of love  
The comfort of faith  
May these be your gifts  
the Christmas Season.



*Bickford*  
assisted living  
& memory care



S

915AM Walking Club  
11AM Jokes and Trivia in sunroom  
1PM Chapel Service  
6PM Movie Matinee  
Residents Choice

1

M

915AM-BeachBall Exercise  
1030AM Kings corner  
130PM Bingo  
3PM December Birthday Party!  
645PM Port City Chorus

2

T

9AM- Exercise w/ YMCA  
10AM Resident Council  
1115 This Day in History  
130PM Trivia  
3PM Treat Cart

3

W

915AM- Large Dice Exercise  
1030AM Bible Study  
11AM Rosary  
130PM Bingo  
3PM Kings Corner

4

T

915AM-Laughter Yoga Exercise  
10AM Bible Study  
11AM bell choir  
130PM Trivia  
4PM Painting w/ Director Teresa Hafner

5

F

9AM- Exercise w/ Ann  
10AM Manicures  
130PM Bingo  
3PM This Day in History  
6PM Movies and popcorn

6

S

915AM Walking Club  
1PM Adult Coloring  
3PM Movie Matinee  
6PM Trivia & Jokes In Sunroom

7

915AM Walking Club  
11AM Jokes and Trivia in sunroom  
1PM Chapel Service  
4pm First Baptist Church Choir  
6PM Movie Matinee  
Residents Choice

8

915AM-BeachBall Exercise  
1030 Card Games  
130PM Bingo  
3PM Trivia

9

9AM- Exercise w/ Ann  
10AM winter snowflake craft  
1115 This Day in History  
130PM Trivia  
3PM Treat Cart

10

Winter Festival  
915AM-Large Dice Exercise  
1015AM Winter Festival Crafts  
130PM Bingo  
3PM Hot Cocoa Bar and Treats

11

9AM-Laughter Yoga Exercise  
930 AM- Childrens Christmas Caroling  
10AM Bible Study  
130PM Trivia  
3PM Thirsty Thursday

12

9AM- Exercise w/ Ann  
10AM Manicures  
130PM Bingo  
3PM This Day in History  
6PM Movies and popcorn

13

915AM Walking Club  
1PM Adult Coloring  
3PM Movie Matinee  
6PM Trivia & Jokes In Sunroom

14

915AM Walking Club  
11AM Jokes and Trivia in sunroom  
1PM Chapel Service  
6PM Movie Matinee  
Residents Choice

15

915AM-BeachBall Exercise  
1030 Card Games  
130PM Bingo  
3PM Trivia  
4PM Children's Choir

16

9AM- Exercise w/ YMCA  
10AM Snowman craft  
1115 This Day in History  
130PM Trivia  
3PM Treat Cart

17

915AM- Large Dice Exercise  
1030AM Bible Study  
130PM Bingo  
3PM Kings Corner

18

915AM-Laughter Yoga Exercise  
10AM Bible Study  
130PM Trivia  
230PM Joe & Lori King  
5PM Matt Barber

19

9AM- Exercise w/ Ann  
10AM Manicures  
130PM Bingo  
3PM This Day in History  
6PM Movies and popcorn

20

915AM Walking Club  
1PM Adult Coloring  
3PM Movie Matinee  
6PM Trivia & Jokes In Sunroom

21

915AM Walking Club  
11AM Jokes and Trivia in sunroom  
1PM Chapel Service  
6PM Movie Matinee  
Residents Choice

22

915AM-BeachBall Exercise  
1030 Card Games  
130PM Bingo  
3PM Trivia

23

9AM- Exercise w/ Ann  
10AM Santa Craft  
1115 This Day in History  
130PM Trivia  
3PM Treat Cart

24

Christmas  
915AM-Large Dice Exercise  
130PM Bingo  
3PM Kings Corner  
6PM Christmas Movies & Popcorn

25

915AM-Laughter Yoga Exercise  
10AM Bible Study  
130PM Trivia  
3PM Thirsty Thursday

26

9AM- Exercise w/ Ann  
10AM Mass  
130PM Bingo  
3PM This Day in History  
6PM Movies and popcorn

27

915AM Walking Club  
1PM Adult Coloring  
3PM Movie Matinee  
6PM Trivia & Jokes In Sunroom

28

915AM Walking Club  
11AM Jokes and Trivia in sunroom  
1PM Chapel Service  
6PM Movie Matinee  
Residents Choice

29

915AM-BeachBall Exercise  
1030 Card Games  
130PM Bingo  
3PM Trivia

30

9AM- Exercise w/ Ann  
10AM Relax and Color  
1115 This Day in History  
130PM Trivia  
3PM Treat Cart

31

December

