

**Ingredients** 

flakes

5 c water

3/4 c milk

3 1/2 T margarine

1/4 c onions diced

1/4 c carrots, diced

1 3/4 t minced garlic

1 t crushed red pepper

1/4 t ground coriander

4 2/3 c canned pumpkin

1 t cayenne pepper

1 1/2 T chicken base

1/2 c apple juice

1/2 c brown sugar

1 1/3 c half and half

1/4 c celery, diced

3/4 t cinnamon

## November Special Days &

- 1- All Saints Day
- 2- All Souls Day
- 5- Election Day
- 11- Veterans Day
- 17- World Peace Day
- 28- Thanksgiving Day
- 29- Black Friday

- 5 Judy Koch
- 6 Edna Smith
- 11- Rita Solly
- 28 Larry Hayson
- 30 Elisabeth Weiss



## hefs Corner featuring Pumpkin

Soup Melt margarine in saucepan over med-high heat. Add onions, carrots, celery and garlic. Saute, stirring often, until soft. Add spices and stir for a minute more.

> Add pumpkin, chicken base and water, blend well. Bring to a boil, reduce heat and simmer for 15 minutes. Transfer soup, in batches, to food processor. Cover tightly and blend until smooth.

Return soup to saucepan, add brown sugar and apple juice. Heat the milk and half and half seperately and slowly add to soup until thickened.



## November News

The month of November brings many days to reflect, celebrate and be happy!

Pray for the dearly departed on All Souls Day, November 2.

Cast your vote for your favorite local candiates on Election Day, November 5.

Plan to attend our Quarterly Family Council Meeting on November 7 at 6:30 pm and hear what's been happening at our beautiful home.

Join us as we honor and thank the brave men and women of our military forces with a special program on Veteran's Day, November 11, at 9:30 am.

Remember all you are blessed with in life as you sit down to celebrate Thanksgiving with your loved ones on November 28.

And grab some coffee, lace up your sneakers and head out to graba some great holiday steals during Black Friday Madness on November 29.















## November

9a Current Events 10:30a Prince of Peace Church **2p Sunday Stretches** 4p Word Search 4:25p Browns vs. Broncos

9a Current Events 10a Monday Morning Manicures 11a Morning Exercise 1:30p Joy Ride 4p Trivia Time

9a Current Events

Celebration

Manicures

1:30p Joy Ride

9:30a Veterans Day

10a Monday Morning

11a Morning Exercise

9a Current Events 9a Piano Music with Lynne 11a Sittercize 1:30p Bingo 3p Puzzle Time

9a Current Events

11a Sittercize

3p Puzzle Time

1:30p Bingo

Lvnne

9a Piano Music with

9a Current Events 9:30a Wednesday Wisdoms 10:30a Mass 2:30p Flower **Arranging Club** 3p Bible Study 4p Puzzle Time

9a Current Events

9:30a Wednesday

Wisdoms

12

10:30a Mass

2:30p Flower

Arranging Club

3p Bible Study

4p Puzzle Time

13

9a Current Events 9:30a Volleyball 10a Catholic Communion 11a Church Service 2p Baking Club-Pumpkin Pie 3p Bible Study

9a Current Events 9:30a Darts 10a Communion 11a Church Service 1:30p Shopping Trip 3p Bible Study 8:20p Browns vs. 14 Steelers

7

9a Current Events 9:30a Catch 10a Catholic Communion 11a Church Service Partv 3p Bible Study

**Thanksgiving** 9a Current Events 10a Catholic Communion 10a Thanksgiving Blessings 11a Church Service 3p Bible Study

9a Current Events 9:30a Mickey and Sandy Visit 11a Sittercize 1:30p Music with Mary! 3p Happy Hour **6p Meditation** 

9a Current Events

9:30a Mickey and

1:30p Music with Mary!

Sandy Visit

11a Sittercize

3p Happy Hour

**6p Meditation** 

9a Current Events

9:30a Mickey and

1:30p Music with Mary!

Sandy Visit

11a Sittercize

3p Happy Hour

6p Meditation

9a Current Events 11a Yoga 2p Mind Your Mind 4p Word of the Week 6p Movie Night-Driving Miss Daisy

2

9a Current Events 9:30a Mickey and Sandy Visit 11a Sittercize 1:30p Music with Mary! 3p Happy Hour 6p Meditation 8

15

22

29

9a Current Events 11a Yoga 2p Mind Your Mind 4p Word of the Week 6p Movie Night-Meet Me in St. Louis

9

9a Current Events 10:30a Prince of Peace Church 1p Browns vs. Bills **2p Sunday Stretches** 4p Word Search

10

3

4p Trivia Time 9a Current Events 9a Current Events 10:30a Prince of Peace 10a Monday Morning Church Service Manicures **2p Sunday Stretches** 11a Morning Exercise 1:30p Joy Ride 4p Word Search 4p Trivia Time

17

18

25

4

9a Current Events 9a Piano Music with Lvnne 11a Sittercize 1:30p Bingo 3p Puzzle Time

9a Current Events 9:30a Wednesday Wisdoms 10:30a Mass 2:30p Flower **Arranging Club** 3p Bible Study 4p Puzzle Time

2p November Birthday

Sandy Visit 11a Sittercize 3p Happy Hour 6p Meditation

9a Current Events 11a Yoga 2p Mind Your Mind 4p Word of the Week 6p Movie Night-Annie

16

9a Current Events 11a Yoga 2p Mind Your Mind 4p Word of the Week 6p Movie Night-Wizard of Oz

23

9a Current Events 10:30a Prince of Peace **Church Service** 1p Browns vs. Dolphins **2p Sunday Stretches** 4p Word Search

9a Current Events 10a Monday Morning Manicures 11a Morning Exercise 1:30p Joy Ride Ap Trivia Time

9a Current Events 9a Piano Music with Lvnne 11a Sittercize 1:30p Bingo 3p Puzzle Time

9a Current Events 10:30a Book Club 10:30a Mass 1p Resident Council 2:30p Flower Arranging 3p Bible Study 4p Puzzle Time 26

9a Current Events 9:30a Mickey and 1:30p Music with Mary!

9a Current Events 11a Yoga 2p Mind Your Mind 4p Word of the Week 6p Movie Night-Miracle on 34th Street

24

30