



Polly & Ethel's Apple Crunch

6-8 apples; 1 c. sugar; 1 c. flour; 1 tsp. baking powder; 1/8 tsp. salt; 1 egg; 1/4 c. melted butter; 1 tsp. cinnamon
Wash/peel/slice apples, place in greased 9x13 glass dish. Mix 1/4 c. sugar w/cinnamon, sprinkle half of it over the apples. Mix 3/4 c. sugar, flour, baking powder & salt. Add egg and melted butter. Drop this mixture in clumps over apples - don't over stir, no need to smooth topping mixture out, it will bake over apples. Dust with remaining cinnamon-sugar mixture. Bake 30 - 40 min. at 375 degrees

Thank you to our resident Pauline Hupf and her daughter, Deb Sweley for this delicious recipe!

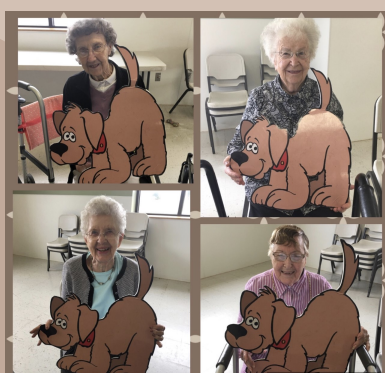
Grand Island

HAPPENINGS

NOVEMBER



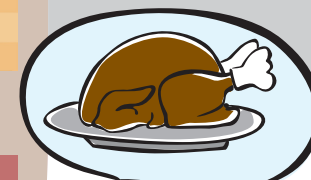
Thankful Grateful & Blessed



Be Thankful...

Be thankful that you don't already have everything you desire. If you did, what would there be to look forward to?
Be thankful when you don't know something, for it gives you the opportunity to learn.
Be thankful for the difficult times. During those times you grow.
Be thankful for your limitations, because they give you opportunities for improvement.
Be thankful for each new challenge, because it will build your strength and character.

Be thankful for your mistakes. They will teach you valuable lessons.
Be thankful when you're tired and weary, because it means you've made a difference.
It's easy to be thankful for the good things. A life of rich fulfillment comes to those who are also thankful for the setbacks.
Gratitude can turn a negative into a positive.
Find a way to be thankful for your troubles, and they can become your blessings.




Bickford
assisted living



HAPPY NOVEMBER BIRTHDAY:

Marilyn Wortman-2
 Charles Anderson-12
 Antonia Arnold-16
 Rochelle Sheer- 28

HAPPY BICKFORD ANNIVERSARY:

Crystal Trejo - 8 years
 Megan Hernandez - 1 year

HOLIDAYS & FUN DAYS IN NOVEMBER:

National Jersey Friday-1
 Pumpkin Chuckin' Day-1
 Donut Day-5
 Veterans Day-11
 World Kidness Day -13
 Button Day-16
 Cake Day-26
 Thanksgiving Day-28
 Apron Month
 Peanut Butter Lover's Month



November



9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Cliche Day Fill In
 The Blank
 4:00 Church Service
 6:00 Movie & Popcorn **3**

10:30 Sittercise
 1:45 Bingo
 2:15 Nail Care
 3:00 Monday Musicals
 & Milkshakes
 6:00 Ribbon Turkey
 Craft **4**

9:45 Morning Stretch
**10:30 Music-Tim
 Mohanna**
 1:30 Bible Study
 3:00 Thanksgiving
 Tongue Twisters
 6:00 Table Hockey **5**

9:45 Mall Walkers
 11:00 Resident Council
 2:00 Food for Thought
 3:00 Tissue Box Turkey
 6:00 Shooting Hoops **6**

9:30 Music with Donald
 10:30 Walk & Talk
 1:45 Bingo
 3:00 Helping Hands
**5:00 Soup Supper &
 Family Council
 Meeting** **7**

9:45 Shopping Trip
**11:00 Lunch Outing:
 Tommy's**
 2:00 Turkey Hangman
 3:00 Cream Soda Floats
 6:00 Leaf Art **8**

9:45 Saturday Stroll
 10:30 Saturday Sillies
 2:00 Creative Coloring
 3:00 Refreshments
 6:00 Card Games **9**

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Word Scramble
 4:00 Church Service
 6:00 Funniest Home
 Videos **10**

Veteran's Day
**8:00 Men's Breakfast
 Outing**
 11:00 Honor Veterans
 2:00 Patriotic Songs
 3:00 Pie & Coffee
 6:00 Crafts Poppys **11**

9:45 Walking Group
 10:30 Bickford Bakers
 1:30 Bible Study
 3:00 Turkey Ticklers &
 Treats
 6:00 Painting To Music **12**

9:30 Kindness Walk
10:00 Chair Zumba
**2:00 Music-Kevin &
 Heidi**
 3:00 Kindness Matters
 6:00 Thanksgiving Story
 Bracelets **13**

9:45 Armchair Turkey
 Trot
**10:00 Giggles
 Preschool**
 1:45 Bingo
 3:00 Sour Pickle Party
 6:00 Pilgram Hats **14**

9:45 Mall Walkers
11:00 Drumming Circle
2:00 Music-Dolores K.
 3:00 Pumpkin Pie
 Blizzards
 6:00 Roll a Turkey **15**

9:45 Walk & Talk
 10:30 Picture This
 2:00 Button Craft
 3:00 Bistro Buddies
 6:00 I Love Lucy Show
Ne. vs. Wisconsin(TBA) **16**

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Shake Lose A
 Memory Jar
 4:00 Church Service
 6:00 Movie & Popcorn **17**

10:30 Sittercise
 1:45 Bingo
 2:15 Nail Care
3:00 Music-Jay Towell
 6:00 Always Give
 Thanks Blocks **18**

**10:30 German
 Singers**
11:30 Glen on Piano
 1:30 Bible Study
 3:00 Gobble Gobble
 Charades
 6:00 Turkey Race Game **19**

9:45 Mall Walkers
**10:00 Baristas Coffee
 Outing**
 2:00 Thanksgiving Price
 is Right
 3:00 Ice Cream Social
 6:00 Noodle Ball **20**

9:30 Music with Donald
 10:30 Walk & Talk
 1:45 Bingo
 3:00 Managers Special
6:00 Music-Paul Ramp **21**

9:45 Shopping Trip
 10:30 Friday Fun Facts
 2:00 Turkey Target
 3:00 Carmel Apple Bar
 & Facebook Friday
 6:00 Turkey Tail Bingo **22**

9:45 Saturday Stroll
 10:30 Thanksgiving
 Tidbits
 2:00 Word Search
 3:00 Refreshments
 6:00 Classic T.V. Shows
Ne. vs. Maryland(TBA) **23**

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Relax & Color
 4:00 Church Service
 6:00 Funniest Home
 Videos **24**

10:30 Sittercise
 1:45 Bingo
 2:15 Nail Care
 3:00 Magazines &
 Memories
 6:00 Corn Hole Game **25**

9:45 Autumn Walkers
 10:30 Bickford Bakers
 1:30 Bible Study
 3:00 Turkey Tuesday &
 Cake
**6:00 Music-Tim
 Javorsky** **26**

9:45 Football Toss
 10:00 Catholic Mass
 2:00 Pumpkin Tic Tac
 Toe
 3:00 Apple Cider Chats
 6:00 Midweek Movie **27**

Thanksgiving
 8:00 Macys
 Thanksgiving Parade
 12:00 Thanksgiving
 Meal
 2:00 Football Games
 6:00 Family Movie **28**

9:45 Walking Group
 10:30 Relaxing Music
 1:30 **Ne. vs. Iowa
 (BTN)**
 3:00 Decorate Walkers
 & Wheelchairs
 6:00 Fireside Reading **29**

9:45 Morning Walks
 10:30 Saturday Sillies
 2:00 Short Stories Social
 3:00 Hot Chocolate
 Social
 6:00 Uno Card Game **30**