



### Resident Spotlight: Jim Vant

James "Jim/Dad/Papa" Vant was born November 17, 1936 in Winchester, TN. He roars through life with laughter, stories, and hard work. When he was young he developed a keen interest for motorcycles and fast cars; owning some too! Some would say it was his motorcycle and charm that captured the eye of Rita Makusky while they were in high school. In 1959 Jim and Rita were married, and shortly after, Jim entered the service where he was stationed in Europe. Once Jim's service to his country was complete, he resumed his career at JL Clark. He eventually retired after 46 years. Jim and Rita were blessed with three children: Joseph, John, and Jacqueline. Jim worked two jobs so his wife could stay home with the kids. This taught them the

importance of hard work. Rita and Jim were married 60 years before her passing in 2018. Their years were full of dancing, work at the Lithuanian Club, throwing awesome parties, and family. Over the years they adopted multiple German Shepherds who played a significant role in their family. Jim recently adopted another spepherd companion named Kay. Today Jim is the proud grandfather of six. His relationship with them is full of honesty, games, and laughter. His grandkids know that anytime Papa rolls the dice he will say, "Baby needs a new pair of shoes!" Jim loves watching old westerns, reruns of comedies, and playing cards. Anyone that meets Jim will hear his reminder to, "Stop, smell the roses, and eat the pizza!"



### From your Life Enrichment Coordinator

Happy Fall everyone! It's that time of year when we prepare for changes in food, decorations, weather, and much more. I'd like to suggest making one more change that can be very exciting - attending our Family Nights! Each month we host a "Family Night" event where we invite families and friends to enjoy a meal with their loved ones with entertainment and refreshments to follow. In September we hosted a Fabulous 50's Night with over 40 people in attendance. It was a blast. About 60 Root Beer floats were consumed

while enjoying our evening entertainment. Last month we had our Oktoberfest, and this month is our Thanksgiving Family Dinner on Monday, November 18th at 5:00pm. These events are a great way to connect with your loved ones, and the life our community. For more info about Family Nights or to attend our Thanksgiving Family Dinner please contact me at:

rockfordlec@bickfordseniorliving.com.

With jokes & smiles,  
Paul





S

M

T

W

T

F

S

# November



10:35 Catholic Communion  
2:00 Chapel Service  
6:00 Nightly Moive

3

9:15 Exercise  
10:15 Current Events & Discussion  
1:30 Bickford Store  
3:00 Adult Coloring  
6:00 Bingo  
7:00 Nightly Movie

4

9:15 Stretch Session  
10:15 Poker Games  
1:30 Catholic Mass  
2:00 Pinochle  
3:15 Bell Choir  
6:00 Nightly Movie

5

9:15 Exercise  
10:15 Magical Makeovers  
1:30 Trip: Fall Senic Dive down Rt.2  
6:00 Bingo  
7:00 Nightly Movie

6

9:15 Chair Yoga  
10:30 Bible Study  
10:30 Bickford Store  
1:30 Uno  
3:00 Intro to Poker  
6:00 Glitz n' Glam  
6:00 Nightly Movie

7

9:15 Exercise  
10:15 Scrabble  
10:15 Trip: Out for Doughnuts & Coffee  
1:30 Fireside Story Time  
6:00 Nail Salon  
6:00 Nightly Movie

8

Anytime fun:  
Billiards/Puzzle  
Fuse ball  
Table Tennis  
Air Hockey  
2:00 Bingo  
6:00 Nightly Movie

9

10:35 Catholic Communion  
2:00 Chapel Service  
6:00 Nightly Moive

10

9:15 Exercise  
10:15 Current Events & Discussion  
1:30 Bickford Store  
2:30 Veteran's Program  
6:00 Bingo  
7:00 Nightly Movie

11

9:15 Stretch Session  
10:15 Poker Games  
1:30 Resident/Food Council Meeing  
3:15 Bell Choir  
6:00 Nightly Movie

12

8:00 Food Doctor  
9:15 Exercise  
10:15 Mind Sharpening Games  
1:30 Trip: Resident's Choice Shopping  
6:00 Bingo  
7:00 Nightly Movie

13

9:15 Chair Yoga  
10:30 Bible Study  
10:30 Bickford Store  
1:30 Wii Bowling  
3:00 Intro to Poker  
6:00 Glitz n' Glam  
6:00 Nightly Movie

14

9:15 Exercise  
10:15 Rummikub  
10:15 Rosary  
2:00 Heritage Hymns Sing Along  
6:00 Nail Salon  
6:00 Nightly Movie

15

Anytime fun:  
Billiards/Puzzle  
Fuse ball  
10:30 Wii Bowling  
2:00 Bingo  
6:00 Nightly Movie

16

9:35 Catholic Communion  
2:00 Chapel Service  
6:00 Nightly Moive

17

9:15 Exercise  
10:15 Current Events & Discussion (led by Danny)  
2:30 Nails by Shelly  
5:00 Thanksgiving Family Dinner  
7:00 Nightly Movie

18

9:15 Exercise (led by Adrienne)  
10:15 Poker Games (led by Bill)  
2:00 Pinochle  
3:15 Bell Choir  
6:00 Nightly Moive

19

9:15 Exercise  
10:30 Coffee Hour (led by Shelly)  
2:00 2nd sft Fire Drill  
2:00 Creative Crafts (led by Gail)  
6:00 Bingo  
7:00 Nightly Moive

20

9:15 Exercise (led by Adrienne)  
10:30 Bible Study  
2:00 Uno (led by Shelly)  
3:00 Intro to Poker (led by Diane)  
6:00 Glitz n' Glam  
6:00 Nightly Movie

21

9:15 Exercise  
10:15 Scrabble (led by Marie)  
1:30 Movie Matinee (led by Danny) The Cowboys  
6:00 Nail Salon  
6:00 Nightly Movie

22

Anytime fun:  
Billiards/Puzzle  
Fuse ball  
Table Tennis  
Air Hockey  
2:00 Bingo  
6:00 Nightly Movie

23

10:35 Catholic Communion  
2:00 Chapel Service  
6:00 Nightly Moive

24

9:15 Exercise  
10:15 Current Events & Discussion (led by Danny)  
2:00 Cooking Class (led by David)  
6:00 Bingo  
7:00 Nightly Movie

25

9:15 Exercise (led by Adrienne)  
10:15 Poker Games (led by Bill)  
2:00 Pinochle  
3:15 Bell Choir  
6:00 Nightly Moive

26

9:15 Exercise  
10:30 Spa Experience (led by Shelly)  
12:00 Birthday Cake  
2:00 Creative Crafts (led by Gail)  
6:00 Bingo

27

9:15 NO EXERCISE  
10:15 Macy's Thanksgiving Day Parade on NBC in the living room

28

9:15 Exercise (led by Marie)  
2:00 Fall Craft Activity (led by Shelly)  
6:00 Nail Salon  
6:00 Nightly Movie

29

Anytime fun:  
Billiards/Puzzle  
Fuse ball  
Table Tennis  
Air Hockey  
2:00 Bingo  
6:00 Nightly Movie

30

