

Hello October!



Our lovely BFM's collected books from the Old Worthington Library, to create our own Mary B's Library. Thank you ladies.



Chair vollyball, so much fun!!



Resident Lois at our Hollywood Day event.



**Cuetivity with BFM Benedict** and resident Lorraine. They are playing a game of conncet four.





Bickford of Worthington





Celebrate Miniatures Month, Family History Day, Thanksgiving in Canada, Columbus Day ,Halloween, and much more. We're appreciating the small stuff in October. Please be on the lookout for an email with dates and time for our Family History Day and Halloween party. October 26th is National Pumpkin Day. With Halloween only five day away, its pumpkin time! So come on out and carve or decorate a pumpkin with us for Halloween decorations. If you're a kitty parent, you know cats have so many characteristics to love and celebrate. Stop by the branch to give our branch buddies Presley and Ozzie a little extra love on October 29th.



## **OCTOBER 2019!!**





Creative activities, such as painting, encourage a sense of competence, purpose, and growth-all of which contribute to aging well.



Zumba with miss Pam. Dancing requires seniors to memorize movements and routines, which encourges the use of short-term memory. Hollywood Day event. The residents, BFM's and family members had a fun moment walking the red carpet with Mary poppins.



Baking with Myra and Ray. There is always something delicious to bake at Mary B's. Bowling with friends. By participating in bowling, residents are able to have the chance to think about the strategic maneuvers as well as work out how they can improve their game and have fun.



Our Branch Buddies Presley and Ozzie, they like so much alike. Let's remember to celebrate them on October 29th National Cat Day!!







Resident Mary Ann from Assited living visited residents from Mary B's to read and spend some quality time with them. How wonderful!!



National Read a Book Day!! BFM's and residents got together and read some of their favorite books.

