

RESIDENT BIRTHDAYS:

Frances- 10/4  
Charlene- 10/23

BFM BIRTHDAYS:

Tinasia 10/23



*HAPPY OCTOBER!!!*

*Follow us on Social Media*

*Just a Few Reminders*

Check out our blog at:  
[bickfordseniorliving.com/branch/bickford-of-omaha-hickory](http://bickfordseniorliving.com/branch/bickford-of-omaha-hickory)

"Like" our Facebook page at:  
[facebook.com/bickford/hickory](https://facebook.com/bickford/hickory)

We are entering the dreaded cold and flu season.

In order to keep your loved one's healthy, we ask that if you show any signs and symptoms please refrain from visiting until all clear: sneezing, coughing, fever, runny nose, congestion, sore throat, muscle aches or headache. ALWAYS remember to wash your hands to help prevent the spread of germs.

We all Thank You in Advance!!

*HALLOWBALLOO FAMILY NIGHT*

Come one, come all!

Join us for our Hallowballoo Pet Costume Contest Family Night on Tuesday, October 15th @ 6:30pm. Prizes will be awarded. Register your pet by contacting Tina @ 402-391-3000. All pets must be housebroken and on a leash at all times while in the facility.

Hope to see you all there!

So we will be trying something a little different this Halloween season. We will be having our very first Trick-Or-Trunk here at Bickford! Trick-Or-Trunk will be on Saturday, October 26 @ 2pm. If you would like to decorate your trunk and include your vehicle please speak with Tina.

\*\*If you would like to donate goodies for either of these events, feel free to bring them in. It would be greatly appreciated!!



# October



9:30a Sittercise  
10:15a Fun Facts About October  
2:00p I Spy  
3:00p **Christine Coulson**  
6:00p Game Night 1

9:30a Walking Club  
10:15a **Pet Visits With Harvey**  
2:00p Chaplin Laura  
3:00p Potato Peeling  
6:00p Bingo 2

9:30a Seated Sports  
10:15a Flower Arranging  
2:00p Nature Walk  
3:30p Craft Corner  
6:00p Wii Games 3

9:30a Ribbon Twirl  
10:15a Fall Jokes  
2:00p **Houston Solution**  
3:30p Adult Coloring  
6:00p Friday Night Flick 4

10:00a Noodle Ball  
10:45a Sunroom Social  
2:00p Bingo  
6:00p Lawrence Welk 5

10:30a Facts in the News  
11:00a Sunday MASS  
12:00p **Sweet Sounds From John**  
2:00p Chaplin Ron  
6:00p Puzzles 6

9:30a Monday Moves  
10:15a Clip Coupons  
2:00p Bingo  
3:15p Rosary  
6:00p Monday Night Football 7

9:30a Powercise  
10:15a Sock It To Me Game  
2:00p Popcorn & Movie  
3:30p Baking Club  
6:00p Adult Coloring 8

Walking Club  
10:15a Potato Peeling  
2:00p Chaplin Laura  
3:30p Manicures  
6:00p Bingo 9

9:30a Stretch & Flex  
10:15a Flower Arranging  
1:30p **Aaron Shoemaker**  
3:30p Craft Corner  
6:00p Short Stories 10

Family History Day  
9:30a Noodle Ball  
10:15a Family History Fun Facts  
2:00p Family Social  
3:30p Baking Club  
6:00p Friday Night Flick 11

10:00a Chair Exercises  
10:45a Trivia Time  
2:00p Bingo  
6:00p Lawrence Welk 12

10:30a Facts in the News  
11:00a Sunday MASS  
2:00p Chaplin Ron  
6:00p Word Search 13

9:30a Group Stretch  
10:15a Spelling Bee  
2:00p Bingo  
3:00p **Joe Taylor**  
6:00p Puzzle Time 14

9:30a Rise & Shine  
10:15a Tongue Twisters  
2:00p Make Kindness Rocks With Prime Home Care  
3:30p Baking Club  
6:30p **Family Night** 15

9:30a Walking Club  
10:15a Potato Peeling  
2:00p Chaplin Laura  
3:30p Manicures  
6:00p Bingo 16

9:30a Dancercise  
10:15a Flower Arranging  
2:00p Mens Club  
3:00p **Rick**  
6:00p Connect 4 17

9:30a Body Pump  
10:15a HangMan  
2:00p Womens Club  
3:00p **Fontnelle Forest**  
6:00p Friday Night Flick 18

10:00a Noodle Ball  
10:45a Coffee Chums  
2:00p Bingo  
6:00p Lawrence Welk 19

10:30a Facts in the News  
11:00a Sunday MASS  
2:00p Chaplin Ron  
6:00p Puzzles 20

9:30a Chair Exercises  
10:15a Remember When ?  
2:00p Bingo  
3:30p National Pumpkin Cheesecake Day  
6:00p Movie Monday 21

9:30a Fitness Craze  
10:15a Higher Or Lower  
2:00p **Mystery Outing**  
3:00p Baking Club  
6:00p Game Night 22

9:30a Walking Club  
10:15a Potato Peeling  
11:00a **Joy Bartling Petting Zoo**  
2:00p Chaplin Laura  
3:30p Manicures  
6:00p Bingo 23

9:30a Seated Tennis  
10:15a Flower Arranging  
2:00p Mass  
3:30p Resident Council  
6:00p Trivia 24

9:30a Friday Fit  
10:15a Halloween Riddles  
2:00p BINGO  
3:30p Monthly Bday Party  
6:00p Friday Night Flick 25

10:00a Senior Motion  
10:45a Trick Or Treat Trivia  
2:00p **Trick Or Trunk**  
6:00p Lawrence Welk 26

10:30a Facts in the News  
11:00a Sunday MASS  
2:00p Chaplin Ron  
6:00p Adult Coloring Pages 27

9:30a Simon Says  
10:15a National Chocolate Day  
2:00p Bingo  
3:00p **Plunkin Nuts**  
6:00p Wii Games 28

9:30a Senior Motion  
10:15a Pumpkin Toss  
2:00p Campfire Songs  
3:00p Baking Club  
6:00p Puzzle Time 29

9:30a Walking Club  
10:15a Potato Peeling  
2:00p Chaplin Laura  
3:30p Manicures  
6:00p Bingo 30

Halloween  
9:30a Balance Class  
10:15a Halloween Facts  
2:00p Make Candy Bags  
3:00p **Micheal Walker**  
6:00p Scary Movie Time 31

