



OCTUBER BIRTHDAYS

- * THELMA B. 10/10
- * MARILYN H. 10/17
- * CHERYL D. 10/18
- * JOE W. 10/31



PHOTO GALLERY
HAPPY TIMES



Welcome October!!

New month, new chapter, new page and new wishes. May the month give you courage, strength, confidence, patience, self-love & inner peace.

May everyday in October fill your days with Hope, Love, Sunshine and Energy. Let there be Joy, Fun and Laughter.

We finished the month of September and it was wonderful!! We enjoyed Labor Day, Grandparent's Day with the grandkids, 50's day party and Taste of Argentina with the great Tango show!!

Dear Residents and families, Fall is here and we can feel it in the air. Cool, crisp mornings and bright sunny afternoons. We love the fall season at Bickford! We hope you can join us on Oct. 31st for our Halloween Party. Lots of fun!!

Good news: Matt Kelly has joined our team as our new Director. Matt comes to us from our Bexley community with many years of experience. A big WELCOME to Matt!





HAPPY

TRICK or TREAT

BOO!!

October

10:30 Silver Sneakers
 11:00 Bible Club
 01:30 Craft Making
 02:30 Piano Music
 04:15 Wine Social
 07:00 Jeopardy

1

09:00 Walk Club
 10:30 AM Excercises
 11:00 Daily Trivia
 11:30 Lunch Bunch
 03:00 Zumba
 03:30 Book Club
 04:15 Wine Social
 07:00 Jeopardy

2

10:30 AM Excercises
 11:00 Daily Trivia
 02:30 Posture/Balance
 03:00 News Currents
 04:00 Social w/friends
 07:00 Jeopardy

3

10:30 Posture/Balance
 11:00 Daily Trivia
 03:00 Live Music:
 "Inner-Vision"
 04:15 Happy Hours
 07:00 Jeopardy

4

10:30 AM Excercises
 11:00 Daily Trivia
 02:00 Bingo
 03:00 Manicure
 04:15 Wine/Social
 06:30 Movie Night

5

10:00 Church Services
 10:30 Communion
 03:00 Music Wade Jones
 04:15 Wine Social
 06:30 Grace Polaris

6

10:30 AM Excercises
 11:00 Daily Trivia
 01:30 Bake Club
 03:00 Posture Balance
 04:15 Wine Social
 07:00 Jeopardy

7

10:30 Silver Sneakers
 11:00 Bible Club
 01:30 Craft Making
 02:30 Piano Music
 04:15 Wine Social
 07:00 Jeopardy

8

09:00 Walk Club
 10:30 AM Excercises
 11:00 Daily Trivia
 11:30 Lunch Bunch
 03:00 Zumba
 03:30 Book Club
 04:15 Wine Social
 07:00 Jeopardy

9

10:30 AM Excercises
 11:00 Daily Trivia
 02:30 Posture/Balance
 03:00 News Currents
 03:30 Spanish Class
 07:00 Jeopardy

10

Family History Day
 10:30 Posture/Balance
 11:00 Daily Trivia
 03:00 Live Music:
 "Saxophone"
 04:15 Happy Hours
 07:00 Jeopardy

11

10:30 AM Excercises
 11:00 Daily Trivia
 02:00 Bingo
 03:00 Manicure
 04:15 Wine/Social
 06:30 Movie Night

12

10:00 Church Services
 10:30 Communion
 11:00 Daily Trivia
 03:00 Sunday Social
 07:00 Sunday News

13

10:30 AM Excercises
 11:00 Daily Trivia
 01:30 Bake Club
 03:00 Posture Balance
 04:15 Wine Social
 07:00 Jeopardy

14

10:30 Silver Sneakers
 11:00 Bible Club
 01:30 Craft Making
 02:30 Piano Music
 04:15 Wine Social
 07:00 Jeopardy

15

09:00 Walk Club
 10:30 AM Excercises
 11:00 Daily Trivia
 11:30 Lunch Bunch
 03:00 Zumba
 03:30 Book Club
 04:15 Wine Social
 07:00 Jeopardy

16

10:30 AM Excercises
 11:00 Daily Trivia
 12:00 Mens Club
 02:30 Posture/Balance
 03:00 News Currents
 04:00 Social w/friends
 07:00 Jeopardy

17

10:30 Posture/Balance
 11:00 Daily Trivia
 03:00 Live Music:
 "Mark Gordon"
 04:15 Happy Hours
 07:00 Jeopardy

18

10:30 AM Excercises
 11:00 Daily Trivia
 02:00 Bingo
 03:00 Music/Social
 04:15 Wine/Social
 06:30 Movie Night

19

10:00 Church Services
 10:30 Communion
 03:00 Music Wade Jones
 04:15 Wine Social
 06:30 Grace Polaris

20

10:30 AM Excercises
 11:00 Daily Trivia
 01:30 Bake Club
 03:00 Posture Balance
 04:15 Wine Social
 07:00 Jeopardy

21

10:30 Silver Sneakers
 11:00 Bible Club
 01:30 Craft Making
 02:30 Piano Music
 03:30 Resident Council
 04:15 Wine Social
 07:00 Jeopardy

22

09:00 Walk Club
 10:30 AM Excercises
 11:00 Daily Trivia
 11:30 Lunch Bunch
 03:00 Zumba
 03:30 Book Club
 04:15 Wine Social
 07:00 Jeopardy

23

10:30 AM Excercises
 11:00 Daily Trivia
 02:30 Posture/Balance
 03:00 News Currents
 03:30 Spanish Class
 07:00 Jeopardy

24

10:30 Posture/Balance
 11:00 Daily Trivia
 03:00 Music/Social
 04:15 Happy Hours
 07:00 Jeopardy

25

10:30 AM Excercises
 11:00 Daily Trivia
 02:00 Bingo
 03:00 Manicure
 04:15 Wine/Social
 06:30 Movie Night

26

10:00 Church Services
 10:30 Communion
 11:00 Daily Trivia
 03:00 Music Gary/Linda
 04:15 Wine Social
 07:00 Sunday News

27

10:30 AM Excercises
 11:00 Daily Trivia
 01:30 Bake Club
 03:00 Posture Balance
 04:15 Wine Social
 07:00 Jeopardy

28

10:30 Silver Sneakers
 11:00 Bible Club
 01:30 Craft Making
 02:30 Piano Music
 04:15 Wine Social
 07:00 Jeopardy

29

09:00 Walk Club
 10:30 AM Excercises
 11:00 Daily Trivia
 11:30 Lunch Bunch
 03:00 Zumba
 03:30 Book Club
 04:15 Wine Social
 07:00 Jeopardy

30

10:30 AM Excercises
 11:00 Daily Trivia
 02:30 Posture/Balance
 03:00 Halloween Party
 07:00 Jeopardy

31

