



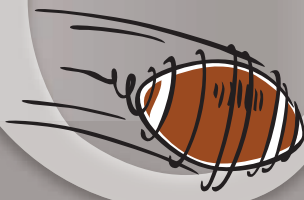
Congratulations to our Director, Natalie and her husband Levi! What a beautiful bride she made! We wish you nothing but endless love and happiness!!

Love, your Bickford Family

Cedar Falls

HAPPENINGS

SEPTEMBER



September Newsletter

Welcome September, you sure came fast! Some exciting things will be happening this month here at Bickford Cedar Falls. Let's get started with some exciting news!

To tell you a little about myself, I am a recent graduate of the University of Northern Iowa obtaining my Bachelor's Degree in Recreational Therapy and a minor in Mental Health. I have a strong passion for my field and enjoy helping others. I encourage all of you to come and visit with me with any questions or concerns you may have, or just to say hello! I am so excited to be serving in this new position here at Bickford Cedar Falls and can't wait to meet and work with all of you!

Greetings Residents, Family and Friends of Bickford! I would like to take this time to introduce myself. My name is Courtney Coleman, and I have taken over the role as the new Life Enrichment Coordinator here at Bickford Cedar Falls! Our current LEC, Amy Adix, will be going back to school to study Gerontology at the University of Northern Iowa. While it is sad to see her leave, it is an exciting time here as we move forward in this new journey!



Bickford
assisted living

August Adventures

Arts & crafts & fun in the sun!

County Fair/Hollywood Day



Upcoming Events:

National Assisted Living Week: A Spark of Creativity - Sunday, September 8th - Saturday, September 14th.

Please join us in wearing the designated color of the day starting on Monday the 9th through Friday the 13th as we recognize residents, their loved ones, staff, volunteers, and the surrounding communities for their roles in assisted living. On each designated color day, wear as much of that color as you can to help celebrate this special week! At the end of each day we will announce 1 winner for best dress. Lets have some fun!

- Monday 9th: Groovy Green
- Tuesday 10th: Pretty N' Pink
- Wednesday 11th: Rockin' Red
- Thursday 12th: Beaming Blue
- Friday 13th: Powerful Purple

Labor Day: Monday, September 2nd.

Grandparent's Day: Sunday, September 8th. Family and friends, please join us at 2:15pm for sweet treats and refreshments as we celebrate National Grandparent's Day! At 3:15pm we welcome you to stay and join us for some live entertainment.

Walk to End Alzheimer's: Saturday, September 21st. At 10:00am we will kick off Walk to End Alzheimer's at Peet Jr. High here in Cedar Falls, IA.

50's Day: Wednesday, September 25th.

Rock N' Roll with us as we celebrate the 50's! The party will begin at 2:00pm



S	M	T	W	T	F	S
<p>2:00pm Worship</p> <p>3:15pm Entertainment by: The Piano Man</p> <p>6:00pm Movie and popcorn</p> <p>1</p>	<p>Labor Day</p> <p>Have a safe and fun day with your friends and family! Love from your Bickford Cedar Falls Family!</p> <p>2</p>	<p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am Crossword</p> <p>2pm Entertainment by: Ken Morlan</p> <p>3:00pm Arts & Crafts</p> <p>6:00pm Courtyard Music</p> <p>3</p>	<p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am Games</p> <p>2:00pm Manicures In the Courtyard</p> <p>3:15pm Happy Hour</p> <p>6:00pm Games</p> <p>4</p>	<p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am Spelling Bee</p> <p>2pm Dominos/Games</p> <p>1-4pm Catholic Communion</p> <p>6:00pm Coloring</p> <p>5</p>	<p>9:00am Beauty Salon</p> <p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am EPI here for: Connect 4</p> <p>2:00pm Worship/Mass</p> <p>3:00pm Friday Snack</p> <p>6</p>	<p>3:00pm Music in the Courtyard</p> <p>6:00pm Lawrence Welk</p> <p>7</p>
<p>Grandparent's Day</p> <p>2:15pm Family sweet treats & refreshments</p> <p>3:15pm Entertainment by: Ann Dengler</p> <p>6:00pm Flower Delivery</p> <p>8</p>	<p>9:15am Men's Coffee</p> <p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am EPI here for: Noodle Ball</p> <p>2:00pm BINGO</p> <p>3:20pm Whacky Word Search</p> <p>9</p>	<p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am Clever Crossword</p> <p>2pm Entertainment by: Janet Lieb</p> <p>3p Arts Projects</p> <p>6:00pm Courtyard Music</p> <p>10</p>	<p>10:15am Music Therapy with Lucy</p> <p>2:00pm Manicures In the Courtyard</p> <p>3:15pm Hippie Happy Hour</p> <p>6:00pm Games</p> <p>11</p>	<p>10:15am Electrifying Exercise</p> <p>10:45am Devotions</p> <p>10:55am Spelling Bee</p> <p>2pm Dominos/Games</p> <p>1-4pm Catholic Communion</p> <p>6:00pm Coloring</p> <p>12</p>	<p>9:00am Beauty Salon</p> <p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am EPI here for: Connect 4</p> <p>2:00pm Worship/Mass</p> <p>3:00pm Flavorful Friday Snack</p> <p>13</p>	<p>3:00pm Music in the Courtyard</p> <p>6:00pm Lawrence Welk</p> <p>14</p>
<p>2:00pm Worship</p> <p>3:15pm Entertainment by: Dennis Stickfort</p> <p>6:00pm Movie and popcorn</p> <p>15</p>	<p>9:15am Men's Coffee</p> <p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am EPI here for: Baseball</p> <p>2:00pm BINGO</p> <p>3:20pm Word Search</p> <p>16</p>	<p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am Crossword</p> <p>2:00pm Resident Council</p> <p>3:00pm Arts & Craft</p> <p>6:00pm Courtyard Music</p> <p>17</p>	<p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am Games</p> <p>2:00pm Manicures In the Courtyard</p> <p>3:15pm Happy Hour</p> <p>6:00pm Games</p> <p>18</p>	<p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am Spelling Bee</p> <p>2pm Dominos/Games</p> <p>1-4pm Catholic Communion</p> <p>6:00pm Coloring</p> <p>19</p>	<p>9:00am Beauty Salon</p> <p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am EPI here for: Connect 4</p> <p>2:00pm Worship/Mass</p> <p>3:00pm Munchies w/ Michelle</p> <p>20</p>	<p>10:00am Walk To End Alzheimer's</p> <p>3:00pm Music in the Courtyard</p> <p>6:00pm Lawrence Welk</p> <p>21</p>
<p>2:00pm Worship</p> <p>3:15pm Entertainment by: Sing Along Duo</p> <p>6:00pm Movie and popcorn</p> <p>22</p>	<p>9:15am Men's Coffee</p> <p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am EPI here for: Noodle Ball</p> <p>2:00pm BINGO</p> <p>3:20pm Games w/ Natalie</p> <p>23</p>	<p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am Crossword</p> <p>2:00p Fifty Nifty Bingo</p> <p>3:00pm Art Projects</p> <p>6:00pm Courtyard Music</p> <p>24</p>	<p>50's Day</p> <p>10:15a Exercise</p> <p>10:45a Devotions</p> <p>10:55a 50's Trivia</p> <p>2:00pm Rock N' Roll Party</p> <p>6:00pm Games</p> <p>25</p>	<p>10:15am Exercise w/ Jen</p> <p>10:45am Devotions</p> <p>10:55am Spelling Bee</p> <p>3:00pm Entertainment by: Luke Farland</p> <p>1-4p Catholic Communion</p> <p>6:00pm Coloring</p> <p>26</p>	<p>9:00am Beauty Salon</p> <p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am EPI here for: Connect 4</p> <p>2:00pm Worship/Mass</p> <p>3:00pm Friday Snack</p> <p>27</p>	<p>3:00pm Music in the Courtyard</p> <p>6:00pm Lawrence Welk</p> <p>28</p>
<p>2:00pm Worship</p> <p>3:15pm Entertainment by: Michael Murphy</p> <p>6:00pm Movie and popcorn</p> <p>29</p>	<p>9:15am Men's Coffee</p> <p>10:15am Exercise</p> <p>10:45am Devotions</p> <p>10:55am EPI here for: Baseball</p> <p>2:00pm BINGO</p> <p>3:20pm Word Search</p> <p>30</p>					

September

Resident Birthday's:
 Sept. 14th Luanne B.
 Sept. 30th Betty S.
BFM Birthday's:
 Sept. 8th Taylor
 Sept. 13th Wendy
 Sept. 16th Kapria
 Sept. 28th Regan
HAPPY BIRTHDAY!!