



Resident Spotlight of the month, Donnaloy Weston. Donnaloy was born July 5, 1940 in Fort Dodge Iowa, she was the only child to her parents Deloris and Lloyd. She married her husband Robert Kuhn on March 11, 1965. Robert and Donnaloy raised 9 children together. Robert passed away July 19, 2002. Donnaloy later married John Weston on July 29, 2006. John passed September 7, 2017. Donnaloy enjoys working on her computer, putting books together and helping find lost loved ones. She enjoys spending time with her large family and her pup Paige. Donnaloy recently moved to Des Moines to be closer to her youngest daughter Dawnrae.



BFM spotlight of the Month



for 16 years. Niki said she chose a career in the medical field because "I really enjoy taking care of people, building those relationships and having those friendships. I've met some really great people."

Niki was born November 17, 1981 in Des Moines Iowa. Niki married her high school sweetheart July 24, 2004, the two have two girls, Grace 13 and Abiagael 11. Both girls play competitive softball and Niki is their biggest fan. Niki and her family have two cats, Reece and Luna and a black lab Pepper Potts. Niki has been with Bickford

Lunch Bunch



Save the Dates

- 9-1 Iowa Cubs Game
- 9-2 Massage Therapy
- 9-4 Al & Roger Duo
- 9- 5 Helene Viall
- 9-8 Grandparent's Day
- 9-9 Ice Cream Social
- 9-10 Wine & Cheese
- 9-11 Historical Building
- 9-11 Group Picnic
- 9-12 Happy Hour
- 9-12 Luke Farland
- 9-13 Mark Challis
- 9-16 Massage Therapy
- 9-19 Cheri Hoyt
- 9-20 Country Drive
- 9-24 Casino Trip
- 9-25 Hollywood Day & 50's Day Birthday Bash
- 9-26 Briggs Family
- 9-28 Bernice Shannon
- 9-30 Massage Therapy

Assisted Living Week is September 8th through the 14th. We will make this a week of fun for everyone! Dress up, dress down, be comfortable!

- Monday- Sports team Monday
- Tuesday- Tie Dye Tuesday
- Wednesday- Wacky Sock Wednesday
- Thursday- Wear a hat Thursday
- Friday- Glitz & Glam Friday

Resident Family members are always welcome to attend any activities and events.



S

9:30 Bean Bag
Baseball Practice
11a Iowa Cubs Game
1p BINGO
2:30p Church
4p Group Crossword
6p UNO

1

M

Labor Day
9:30 Woman's Tea
10a Current Events
1p Massage Therapy
3p Snack Social
6p Card Club

2

T

9:30 Staying Fit & Active
11a Card Club
1p Devotions
2:30 Daily Chronicle
3p Men's Card Club
6p Group Crossword

3

W

9a Parachute Ball
10:30 Rummikub
1p Music & Relaxation
2p Afternoon Exercise
3p Foote & Buckingham Duo
6p Kings Corner

4

T

9a Chair Yoga
10:45 Daily Perk w/ Current Events
11a Patio Time
1p Bible Study
3p Helene Viall
6p Card Club

5

F

9a Coffee Corner
9:30 Current Events w/ Daily Chronicle
11a Patio Time
1:30 Fancy Fingers
3p Patio Time
6p Puzzle Club

6

S

9:30 Sing-a-long w/Trista
10:30 Daily Perk
1:15 Creative Corner
3p Movie & Popcorn
7p Lawrence Welk

7

Grandparent's Day
9:30 Bean Bag
Baseball Practice
11a Daily Chronicle
1p BINGO
2:30p Church
4p Game Day
6p Card Club

8

9a Woman's Tea
9:30 Daily Chronicle
11a Kings Corner
1:30 Shake Loose a Memory
3p Ice Cream Social
6p Checkers

9

9:30 Chair Yoga
11a Daily Chronicle w/Current Events
1p Devotions
3p Wine & Cheese w/ Art Show
6p UNO

10

9a Noodle Ball
10a Sorry (Game)
11a Lunch Bunch
1:30 Color/Craft Club
3p Daily Chronicle
4p Walking Club
6p Yhatzee

11

9a Sit to be Fit
9:45 Daily Chronicle
11a Walking Group
1p Bible Study
2:30 Happy Hour
3p Luke Farland
6p Checkers

12

9a Coffee Corner
9:30 Daily Perk
11a Ball Toss
1:30 Fancy Fingers
3p Mark Challis
6p Life (Game)

13

9:30 Sweet Treats w/Shannon
10:30 Around the World
1:15 Creative Corner
3p Movie & Popcorn
7p Lawrence Welk

14

9:30 Bean Bag
Baseball Practice
11a Around the World
1p BINGO
2:30p Church
4p Card Club
6p Music & Relaxation

15

9a Woman's Tea
9:30 Daily Perk
11a Reading Group
1p Massage Therapy
1p Color/Craft Club
3p Wii Wheel of Fortune
6p Checkers

16

9:30 Sit to be Fit
11a Daily Chronicle w/Current Events
1p Devotions
3p Rummikub
6p Group Word Search

17

9a Balloon Volleyball
10a Life (Game)
11a Creative Corner
2p Bean Bag Baseball
4p Daily Chronicle w/Current Events
6p Life (Game)

18

9a Staying Fit & Active
10a Cheri Hoyt
11a Daily Perk
1p Bible Study
3p Men's Card Club
6p Yahtzee

19

9a Coffee Corner
9:30 Daily Chronicle w/Current Events
11a Trivia
1:30 Country Drive
2:30 Fancy Fingers
6p Card Club

20

9:30 Sing-a-long w/Trista
10:30 Daily Chronicle
1:15 Creative Corner
3p Movie & Popcorn
7p Lawrence Welk

21

9:30 Bean Bag
Baseball Practice
11a Daily Perk
1p BINGO
2:30p Church
4p Group Crossword
6p Kings Corner

22

9a Woman's Tea
9:30 Current Events
11a Card Club
1:30 Rummikub
3p S'mores n More
6p Checkers (Game)

23

9:30 Staying Fit & Active w/Daily Chronicle
11a Casino Trip
1p Devotions
3p Party Prep
6p Yahtzee (Game)

24

50's Day
9a Ball Toss
10a Rick Ludwig
1p Hollywood Happy Hour Gala & 50's Birthday Bash
2p BB Baseball
6p Card Club

25

9a Chair Yoga
9:45 Daily Perk
11a Shake Loose a Memory
1p Bible Study
3p Walking Club
6p The Briggs Family

26

9a Coffee Corner
9:30 Current Events
11a War Cats & Dogs
1:30 Fancy Fingers
3p Red Hat Society
6p Group Crossword

27

9:30 Muffins & More w/Shannon
10:30
1:15 Creative Corner
2p Bernice Shannon
7p Lawrence Welk

28

9:30 Bean Bag
Baseball Practice
11a Current Events
1p BINGO
2:30p Church
4p Group Word Search
6p Music & Relaxation

29

9a Woman's Tea
9:30 Daily Chronicle
11a Reading Group
1p Massage Therapy
1p Color/Craft Club
3p Wii Bowling
6p Card Club

30

Happy Birthday!
9-20 Richard B.
9-23 Velda B.
9-25 Phylis

September

