

## **RESIDENT OF THE MONTH** Katherine Vomacka

Katherine was born on May 5 near O'Neil Nebraska and moved to South Dakota when she was young girl with her parents and 4 siblings. Katherine married the love of her life John on February 2, 1952. They were happily married for 28 years. When Katherine was younger she enjoyed going to the Black Hills and Las Vegas. Katherine also enjoys playing cards and BINGO. Katherine's philosophy of life is the power of positive thinking.



## BICKFORD HAPPYNINGS

Did you know that August is National Family member who has Fun Month?

Here at Bickford, we encourage our resident's families to get involved as much as possible.

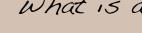
So please try to attend any outings or you are also welcome to come in and do any activity also follow us on social media Breakfast Club just for we love updating our followers on all the fun things we do during the month. Stay updated and Aksarben follow along!

dementia? Are you a caregiver of someone who has dementia? Is your family member living in a memory care unit? At Bickford Senior Living we understand the many challenges you may be facing. For this reason we will providing a monthly Bickford you!! Our August meeting will be held on August 21 @ 9am @ First Watch-

Do you have a family

1222 South 71st St. To attend this event please RSVP Celeste 402-707-2316 or celeste.norman@bickford seniorliving.com





Each year our team votes for a BFM to be recognized as the "Bickford Black Pearl." This BFM embodies our core values and all that Bickford stands for. They have a great work ethic, are optimistic, empathetic curious and self aware.

Since we are Blessed with such wonderful staff it waas hard to choose just one. This years "Black Pearl" goes to...

What is a Black Pearl?





Leah & Brindle These lovely ladies have been part of the Bickford family for many years. They take pride in what they do and Love our residents dearly. Be sure to congratulate and thank them when you see them hard at work!



assisted living

## Happy Birthday To Our **Bickford Family !!!**

## Resident Bi

**Terry Wea** George Loor Betty Stephe Sharon Haupt

FOLLOW US ON SO

Check out our enrichinghappiness.cor

"Like" our Facebo facebook.com/bic

| irthdays:                                       | S  | M  | T  | W   | T   |
|---|--|--|--|---|---|
| ar 8/12<br>omis 8/18<br>nens 8/21<br>tman 8/30  |  |  | Ac   | Igust   | 9:30a Fitness Craze<br>10:00a Pet Visit<br>2:00p Flowers<br>3:30p Hand Massages<br>6:00p Adult Coloring                               |
| SOCIAL MEDIA<br>ur blog at:<br>om/omaha/hickory | 10:30a Newspaper<br>Finds<br>11:00a Mass<br>2:00p Chaplin Ron<br>6:00p Movie Time<br>4 | 9:30a Monday Moves<br>10:15a News &<br>Views<br>2:00p Bingo<br>3:30p Manicures<br>6:00p Wii Games            | 9:30a Body Pump<br>10:15a National Root<br>Beer Float Day<br>2:00p Christine<br>Coulson<br>3:30p Summer Craft<br>6:00p Book Club 6 | 9:30a Workout<br>Wednesday<br>10:15a Potato<br>Peeling<br>2:00p Chaplin Laura<br>3:30p Snack & Yack<br>6:00p Bingo 7                  | County Fair Day<br>9:30a Bean Bag Toss<br>10:15a Animal Farm<br>2:00p Fish Bowl Toss<br>3:30p Make Funnel<br>Cakes<br>6:00p Connect 4 |
|   | 10:30a Word Search<br>11:00a Mass<br>2:00p Chaplin Ron<br>6:00p Movie Time<br>II       | 9:30a Group Stretch<br>10:15a News &<br>Views<br>2:00p Bingo<br>3:30p Manicures<br>6:00p Movie Monday        | 9:30a Aerobic Class<br>10:15a Hangman<br>2:00p Afternoon<br>Sounds From Sue<br>3:30p Baking Club<br>6:00p Book Club                | 9:30a Walking Club<br>10:15a Potato<br>Peeling<br>2:00p Fontnelle<br>Forest<br>3:00p Chaplain<br>Laura 14<br>6:00p Bingo              | 9:30a Stretch & Flex<br>10:15a Flowers<br>2:00p Card Games<br>3:30p Hand<br>Massages<br>6:00p Dominos                                 |
|   | 10:30a Adult<br>Coloring<br>11:00a Mass<br>2:00p Chaplin Ron<br>6:00p Movie Time<br>IS | 9:30a Group Stretch<br>10:15a News & Views<br>2:00p Bingo<br>3:30p Manicures<br>6:00p Higher Or<br>Lower     | 9:30a Body Pump<br>10:15a I Spy<br>2:00p Afternoon<br>Aerobics<br>3:30p Summer Craft<br>5:30p Tailgate Party<br>20                 | Hollywood Day<br>9:30a Get Red<br>Carpet Ready<br>10:00a Joe Taylor<br>2:00p Limo Ride<br>3:30p Hollywood<br>Search 21<br>6:00p Bingo | 9:30a Group Stretch<br>10:15a Flowers<br>2:00p Would You<br>Rather<br>3:30p Hand<br>Massages<br>6:00p Ring Toss 22                    |
|   | 10:30a Puzzle Time<br>11:00a Mass<br>2:00p Chaplin Ron<br>00p Movie Time<br>25         | 9:30a Monday Moves<br>10:15a News & Views<br>2:00p Bingo<br>3:30p Micheal<br>Walker<br>6:00p Connect 4<br>26 | 9:30a Simon Says<br>10:15a Guess Who<br>2:00p Womens Club<br>3:30p Bullseye<br>Game<br>6:00p Book Club<br>27                       | 9:30a Walking Club<br>10:15a Potato<br>Peeling<br>11:00a Animal<br>Therapy<br>3:30p Snack & Yack<br>6:00p Bingo 28                    | 9:30a Chair<br>Exercises<br>10:15a Flowers<br>2:00p Mass<br>3:30p Resident<br>Council<br>6:00p Wii Games <i>29</i>                    |

| ١ |  |  |
|---|--|--|
|   |  |  |
| 7 |  |  |
|   |  |  |
|   |  |  |

| Craze<br>sit |  |
|--------------|--|
| S            |  |
| lassages     |  |
| oloring      |  |
|              |  |
| 1            |  |

9:30a Aerobic Class 10:15a National Water Balloon Day 2:00p Denelle Show 3:30p Talk Radio 6:00p Union Pacific Museum 2

9:30a Chair

10:15a Library

2:00p Houston

3:30p Yard Games 9

6:00p Word Search

9:30a VolleyBall

2:00p Afternoon

10:15a Joke Time

12:00p Picnic In The

3:30p Talk Radio 16

10:15a Cleaning Club

6:00p Puzzle Time

9:30a Friday Fit

3:30p "TGIF" Ice

6:00p Friday Night

2:00p Trivia

Cream Social

Flick

Exercises

Outing

Solution

Park

22

Aerobics

10:00a NoodleBall 10:45a Saturday Joke Fun 2:00p Bingo 6:00p Lawrence Welk

3

17

24

S

10:00a Saturday Stretch 10:45a Make Smores (National Smores Day) 2:00p Bingo 6:00p Lawrence 10 Welk

10:00a Sunroom Social 10:45a Coffee Chums 2:00p Bingo 6:00p Lawrence Welk

10:00a Snack & Chat 10:45a Mind Joggers 2:00p Bingo 6:00p Lawrence Welk

9:30a Yoga 10:00a Sittercise 10:15a Monthly 10:45a Courtyard Social Review lowers 2:00p Monthly Bday 2:00p Bingo Party sident 6:00p Lawrence 3:30p Talk Radio Welk 6:00p Word Search i Games 29

23