

AUGUST



Suffolk HAPPENINGS

AUGUST

What's Going on at Bickford!

Happy Birthday to...

Wanda Orr
8/8
Jane Witt
8/9



8/1 Lunch Outing to Arby's**

8/5 Vinnie Knight Performs

8/7 Communion with Father Derek

8/8 Brittany's Dancing Ducks

8/8 Billy Mitchell Performs

8/14 Steve Daley Performs

8/14 Family Council

8/16 Tasty Creations with Tomisha

8/17 The Leathers Perform

8/21 Hollywood with Eddie Sal

8/24 Stuffing Bears for CHKD

All About August
August is the latest month to claim two birthstones; Peridot and Spinel. Peridot, with its signature lime green color, is believed to instill power and influence in the wearer.

Happenings at Bickford

A Summer Poem for you to enjoy

A Summer Love Poem

Clouds float by on a summer sky
I hop scotch over to you
Rainbows arch from ground to gold
I climb over to you
Thunder grumbles, lightning tumbles
And I bounce over to you
Sun beams back and catches me
Smiling over at you
-Nikki Giovanni

Did you know...

*The longest day of the year is on the summer solstice.

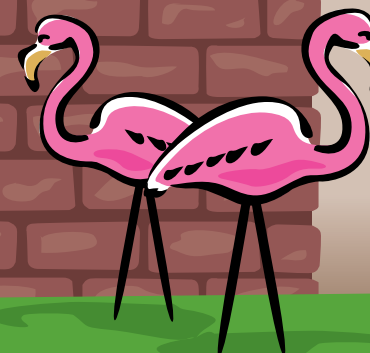
*The last day of summer is September 20th.

* The first modern Olympic Games were held in the summer in 1896 in Athens, Greece.

* Mosquitos are most prevalent during summer months. Mosquitos have been on earth for more than 30 million years.




Bickford
assisted living & memory care





August

** Weather Permitting

Activities in Assisted Living are at least 30 minutes in duration.

9:30 Catholic Communion
2:00 Chapel Service
6:00 Courtyard Strolls**

4

9:15 Chair One Fitness
10:00 Pet Therapy with Charlie
11:00 Trivia
1:30 Scented Hand Rub
3:00 Vinnie Knight Performs

5

10:15 Manicures
1:45 Bingo
3:30 Noodle Ball
6:00 Popcorn and a Movie

6

10:00 Communion with Father Derek
11:00 Penny Pitchin'
1:30 Bible Study
3:30 Snowcone Social

7

County Fair Day
9:30 Carnival Games
11:00 Brittany's Dancing Ducks
2:00 Billy Mitchell Performs
6:00 Watering Plants

8

10:00 Balloon Volleyball
1:30 Poetry Outside**
3:30 Happy Hour

9

10:00 Courtyard Strolls**
1:45 Bingo
6:00 Crossword Puzzles

3

10:00 Stretch and Tone
1:45 Bingo
6:00 Jigsaw Puzzles

10

9:30 Catholic Communion
2:00 Chapel Service
6:00 Courtyard Strolls**

11

9:15 Chair One Fitness
10:00 Pet Therapy with Charlie
11:00 Craft Corner
1:30 Make Me Over
3:30 Happy Hour
4:00 Alzheimers Support Group

12

10:15 Manicures
1:45 Bingo
3:30 Darts
6:00 Popcorn and a Movie

13

10:00 Coffee Club
11:00 Penny Pitchin'
1:30 Bible Study
3:15 Panini Social
5:00 Steve Daley Performs at Dinner
6:00 Family Council Meeting

14

10:00 Jewelry Class
1:45 Ice Cream Outing to Cold Stone**
3:15 Walkers Club**
6:00 Watering Plants

15

10:00 Balloon Volleyball
2:00 Tasty Creations with Tomisha
3:30 Happy Hour

16

10:00 Stretch and Tone
11:00 the Leathers Perform
1:45 Bingo
6:00 Crossword Puzzles

17

9:30 Catholic Communion
2:00 Chapel Service
6:00 Courtyard Strolls**

18

9:15 Chair One Fitness
10:00 Pet Therapy with Charlie
11:00 Fill in the Blank
2:00 Art with Debbie
3:30 Happy Hour

19

10:15 Manicures
1:45 Bingo
3:30 Noodle Ball
6:00 Popcorn and a Movie

20

Hollywood Day
10:00 A Walk on the Red Carpet
1:30 Bible Study
2:30 Hollywood with Eddie Sal

21

10:00 Joyride**
2:00 Pop Up Library
3:15 Walkers Club**
6:00 Watering Plants

22

10:00 Balloon Volleyball
1:30 Short Stories
3:30 Happy Hour

23

9:30 Stuff the Bears for CHKD
1:45 Bingo
6:00 Jigsaw Puzzles

24

9:30 Catholic Communion
2:00 Chapel Service
6:00 Courtyard Strolls**

25

9:15 Chair One Fitness
10:00 Pet Therapy with Charlie
11:00 Jewelry Class
1:30 Resident Council
3:30 Happy Hour

26

10:15 Manicures
1:45 Bingo
3:30 Ring Toss
6:00 Old Time Country Boys

27

10:00 Pet therapy with Duncan
11:00 Penny Pitchin'
1:30 Bible Study
3:30 Birthday Party Celebration

28

10:00 Walmart Shopping Outing**
1:30 Flower Arranging
3:15 Walkers Club**
6:00 Watering Plants

29

10:00 Balloon Volleyball
1:45 Bingo Store
3:30 Happy Hour

30

10:00 Stretch and Tone
1:45 Bingo
6:00 Crossword Puzzles

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