

THE LONGEST DAY FUNDRAISER

On Friday June 21st we had an Alzheimer's Fundraiser. It was a drive up lunch with hotdogs, chips, cookie and drink. It was great to see alot of people attend and support the Alzheimer's Fundraiser!! Thank you to the Alzheimer's Association for participating and being there to support Bickford! Our fundraiser was a big success and we look forward to doing another fundraiser soon. The Alzheimer's Walk will be on Sunday October 13th at Antelope Park, the walk will be held starting at 12pm and registration at 10am. Please join us!!!



HAPPENINGS IN LINCOLN



We had a lunch outing to Penelope's Little Cafe. The residents enjoyed all of the yummy food.

The residents also enjoyed making bagel bird feeders and making afternoon snacks that were enjoyed by all.

Please join us in welcoming Casey Sova to Bickford! Casey comes to us with a wealth of knowledge and experience, and will be serving as our Community Relations Director!

Congratulations to Jami Deffenbaugh who was promoted to serve as our Life Enrichment Coordinator! We are excited to continue providing our residents with meaningful, life enriching activities!



We're all in this together

Please join us for our Dementia Support Group on Tuesday, August 13 from 4:00-5:00 PM!

We will be discussing changes and additions to the support group, including family suggestions on how to improve attendance and participation. In other words, what would YOU like to see our support group become?

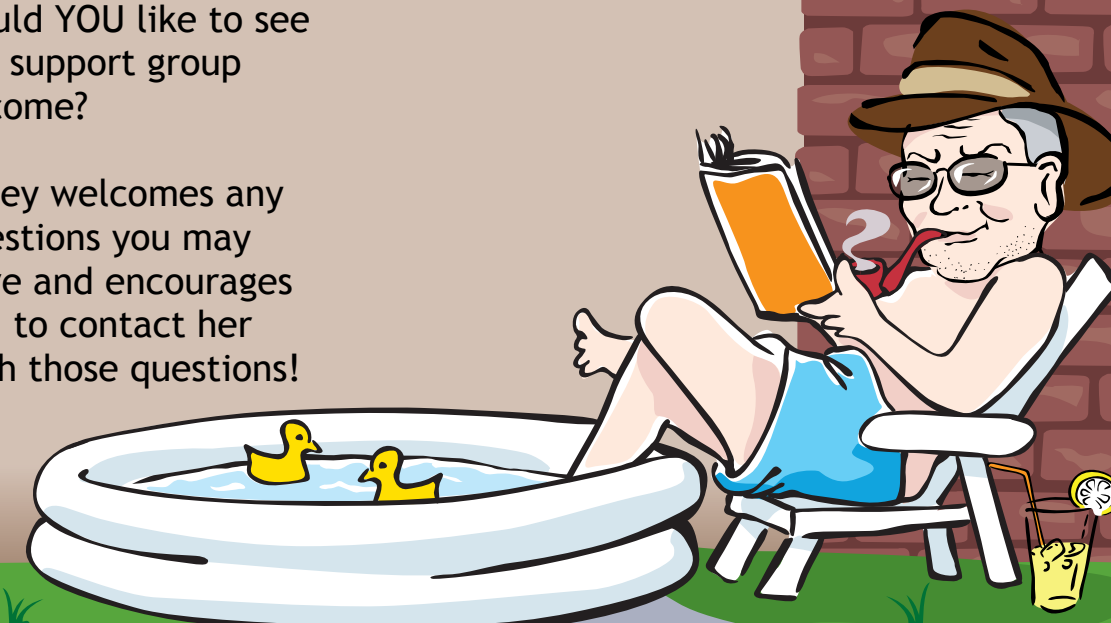
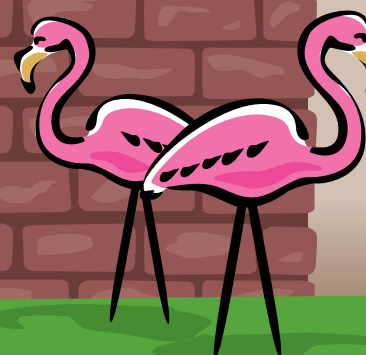
Casey welcomes any questions you may have and encourages you to contact her with those questions!

Please submit your RSVP to Casey at 402-770-4019.

Meets are held at the Nebraska Health Care Association located at 1200 Libra Dr., Ste. 100, Lincoln NE 68512 on the 2nd Tuesday of each month.



Bickford
assisted living
& memory care



**AUGUST BIRTHDAYS
RESIDENT BIRTHDAYS**

PAM TURNER 8/9
 BARB BENNER 8/12
 WANDA GREGORY 8/16
 GLADYS BOS 8/17
 ART BOSSARD 8/18
 NORMA SHIPFERLING 8/29

BICKFORD FAMILY MEMBER BIRTHDAYS
 HEATHER GETTNER 8/10
 JIMMY THIMSEN 8/14
 JAYCEE SOMMER 8/17
 SONDR A BOHMONT 8/24
 AUTUMN SCHWANDT 8/26

Dementia Support Group

- 4:00 PM, 2nd Tuesday of the month, located at Nebraska Health Care Association

Pie and Conversation

- 2:00 PM, 2nd Wednesday of the month, located at Stauffer's Cafe. August topic: The Truth About Hospice, St. Croix Hospice



August

9:30 Balloon Toss
 10:00 Devotions
 10:30 Catholic Communion
 2:00 Ice Cream Social
 6:30 Hee Haw DVD 4

9:45 Catholic Mass w/Father Bourek
 10:00 Jeopardy Trivia
 10:30 Yoga w/Anita
 1:30 Manicures
 6:30 Games 5

9:45 Coffee Social
 10:30 Current Events
 2:00 Bingo w/ Pam
 6:30 Four 4 Thee St Marks United Methodist Church 6

9:45 Beach Ball Toss
 10:30 Word Games
 2:00 Old Time Music w/ Dannel
 6:30 Painting 7

9:45 Reminisce
 10:15 Chapel Service w/Communion
 2:00 Fun w/Food (Homemade jelly)
 6:30 Sing Alongs w/Candy 1

9:45 Name Five
 10:30 Yoga w/Anita
 2:00 Music w/Enjoymundt
 6:30 Cards 2

9:45 Exercise Video
 10:30 Wii Games
 2:00 Peachy Keen Day
 6:30 Bingo w/Pam 3

9:30 Balloon Toss
 10:00 Devotions w/ Jeff Collins
 10:30 Catholic Communion
 2:00 Ice Cream Social
 6:30 Hee Haw DVD 11

9:45 Catholic Mass w/Father Bourek
 10:00 Jeopardy Trivia
 10:30 Yoga w/Anita
 1:30 Manicures
 6:30 Games 12

9:45 Coffee Social
 10:30 Current Events
 2:00 Bingo w/ Pam
 6:30 Just Us 13

9:45 Beach Ball Toss
 10:30 Word Games
 2:00 Folk Music w/ Bill Behner
 6:30 Painting 14

9:45 Reminisce
 10:15 Chapel Service w/Communion
 1:30 Resident Shopping
 2:00 Movie & Popcorn w/Candy 15

9:45 Name Five
 10:30 Yoga w/Anita
 2:00 Fun w/Food (cream cheese & tomato toast)
 6:30 Cards 16

9:45 Exercise Video
 10:30 Wii Games
 2:00 Crafts
 6:30 Bingo w/Pam 17

9:30 Balloon Toss
 10:00 Devotions
 10:30 Catholic Communion
 2:00 Art's B-Day Party w/Ice Cream Sundaes
 6:30 Hee Haw DVD 18

9:45 Catholic Mass w/Father Bourek
 10:00 Jeopardy Trivia
 10:30 Yoga w/Anita
 1:30 Manicures w/Paul Mitchell School
 6:30 Games 19

9:45 Coffee Social
 10:30 Current Events
 2:00 Bingo w/ Pam
 6:30 Just Us 20

9:45 Beach Ball Toss
 10:30 Word Games
 1:30 Hollywood Day Party
 2:00 Music w/ Bill Chrastil
 6:30 Painting 21

9:45 Reminisce
 10:15 Chapel Service
 2:00 Outing to Scheels
 6:30 Sing Alongs w/Candy 22

9:45 Name Five
 10:30 Yoga w/Anita
 2:00 Fun w/Food (Apple Monkey Bread)
 6:30 Cards 23

9:45 Exercise Video
 10:30 Wii Games
 2:00 Crafts
 6:30 Bingo w/Pam 24

9:30 Balloon Toss
 10:00 Devotions w/ Jeff Collins
 10:30 Catholic Communion
 2:00 Ice Cream Social
 6:30 Hee Haw DVD 25

9:45 Catholic Mass w/Father Bourek
 10:00 Jeopardy Trivia
 10:30 Yoga w/Anita
 1:30 Manicures
 3:00 Resident Council Meeting
 6:30 Games 26

9:45 Coffee Social
 10:30 Current Events
 2:00 Bingo w/ Pam
 6:30 Just Us 27

9:45 Beach Ball Toss
 10:30 Word Games
 2:00 Music w/ Spotted Horse
 6:30 Painting 28

9:45 Reminisce
 10:15 Chapel Service
 1:30 Resident Shopping
 2:00 Movie & Popcorn w/Candy 29

9:45 Name Five
 10:30 Yoga w/Anita
 2:00 Life Lowry Organ Group
 6:30 Cards 30

9:45 Exercise Video
 10:30 Wii Games
 2:00 Crafts
 6:30 Bingo w/Pam 31

