

July Birthdays at Bickford

Doris Murray-----July 2nd

Virginia Von Gorp-----July 16th

Bill Martzahn-----July 26th

The flower of July is the Blue Water Lily, a beautiful plant that symbolizes beauty and enlightenment. The July birthstone is ruby.



Homebound Library Program

Anyone who is unable to come to the library is eligible for the Homebound Program. We ask that a registration be filled out so we are able to choose books (large print or regular print), books on CD, magazines and other materials for you. A volunteer will deliver the material once a month to the patron and pick up any materials that the patron is finished with and return them to the library. Requests are appreciated and will be filled in the order they come in. You will be issued a new library card if you do not have a current one.

If you have a current one, we can use that one or issue a new, canceling the original.

The patron must be able to keep track of the materials. We will from time to time renew an item if the patron was unable to finish the material. If a patron needs a CD player we have those for checkout as well. Please fill out a registration form (the Activities Director has the form) and I will pick it up and meet with the new patron to answer any questions they have.
Marta----563-242-8441



4th of July Trivia Facts

Happy Birthday America! Picnics, barbeques, cold drinks and fireworks: these are just some of the staples of the Fourth of July. But, without America's Founding Fathers---George Washington, John Adams, Thomas Jefferson, Benjamin Franklin, James Madison, Alexander Hamilton and James Monroe---there wouldn't be an Independence Day to celebrate. While most Americans know that the U.S.'s birthday is celebrated on July 4, it's a misconception that all signers of the Declaration of Independence signed it on the Fourth of July.

Only two signed on the fourth of July, the rest on August 2, 1776. Did you know that Calvin Coolidge our 30th president was born on July 4, 1872. Thomas Jefferson was the first president to hold a Fourth of July celebration at the White House. Did you know that Nathan's Fourth of July Hot Dog Contest has become an annual tradition? How did it start? It's a pretty cute story: Legend has it that four immigrants got into an argument over who was most patriotic. To prove themselves, they ate as many hot dogs as they could handle because nothing says America like excess!



July

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10am Exercise DVD
11am Coloring Club in the Activity Room
1:30pm Marketplace Ministries Church Service
2:30pm Patio Time--Get to know your neighbor!
7

10am Exercise DVD
11am Coloring Club in the Activity Room
1:30pm Marketplace Ministries Church Service
2:30pm Patio Time-Get to know your neighbor!
14

10am Exercise DVD
11am Coloring Club in the Activity Room
1:30pm Marketplace Ministries Church Service
2:30pm Patio Time---Get to know your neighbor
21

10am Exercise DVD
11am Coloring Club in the Activity Room
1:30pm Marketplace Ministries Church Service
2:30pm Patio Time---Get to know your neighbor!
28

10am Exercise/Trivia
11am Bible Study with Jim in Activity Room
11:30 Piano with Ann
1:30pm Uno and King in the Corner Card Games
3pm Rosary by the birds
3pm Play Catch in courtyard-Watch or play

10am Exercise/Trivia
11am Bible Study with Jim in Activity Room
1:30pm Uno and King in the Corner Card Games
3pm Rosary by the birds
3pm Frisbee Game out in the courtyard
8

10am Exercise/Trivia
11am Bible Study-Jim
11 Bus trip to the Lumberkings ball game
1:30pm Uno and King in the Corner Card Games
2:30pm Rosary by Birds
3:00pm Music with John and Kay-Family Room
15

10am Exercise/Trivia
11am Bible Study-Jim
1:30pm Uno and King in the Corner Card Games
2:00pm Massage Therapy with Megan
3pm Rosary by the birds
22

10am Exercise/Trivia
11am Bible Study-Jim
1:00pm Uno and King in the Corner Card Games
3pm Rosary by the Birds
3:00pm Outdoor games in the courtyard-With Refreshments
29

10am Exercise/Trivia
11:00am Trip to Fulton Cultural Center
1:30pm Bingo Game in the Activity Room
2:30 Apartment Visits with Chaplain Gloria
3pm Manicures/Buffing
/Adult Coloring

10am Exercise/Trivia
11am Music with Scott in the Family Room
1:30pm Bingo Game in the Activity Room
1:30pm Bingo Game
2:30 Visits with Gloria
2:45pm Let's go for a bike ride!
9

Italian Theme
10am Exercise/Trivia
11am Gerilyn's Trip to Italy explained
1:30pm Bingo Game
2:30 Visits with Gloria
3:00pm Make your own pizza for supper!
16

10am Exercise/Trivia
11 Facials for National Gorgeous Grandma Day
1:30pm Bingo Game in the Activity Room
2:45pm Sing-A-Long with Chaplain Gloria & visit
3:30pm Bus Ride!
23

10am Exercise/Trivia
11am Manicures/Buffing /Adult Coloring Club
1:30pm Bingo Game in the Activity Room
2:30 Visits with Gloria
2:45pm Let's go for a bus ride!
30

10am Exercise/Trivia
11am Small Group Session in Activity Room
Noon Lunch Outing
1:30pm Po-Ke-No Game in the Activity Room
3:00pm Sing-A-Long with Patriotic Songs!
3

10am Exercise/Trivia
11am Bee Keeper Presentation--by Abby, The Honey Girl
1:30pm Po-Ke-No Game in the Activity Room
3:00pm Small Group Activity/Coloring Club
10

10am Exercise/Trivia
11am Small Group Activity/Coloring Club
1:00pm Po-Ke-No Game in the Activity Room
3:00pm Play Catch and enjoy summer weather!
17

10am Exercise/Trivia
11am Small Group Activity/Coloring Club
Noon Lunch Bunch
1:30pm Po-Ke-No Game in the Activity Room
2:45pm Paint the CNA fun in the Courtyard
24

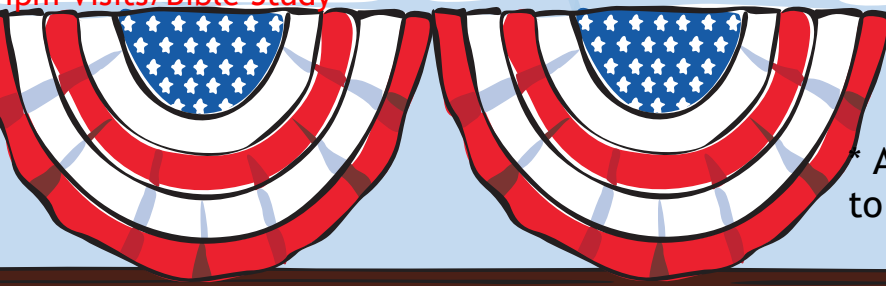
10am Exercise/Trivia
11am Small Group Activity/Coloring Club
1:30pm Po-Ke-No Game in the Activity Room
2:45pm Resident Council Meeting-Activity Room Refreshments Served
31

Independence Day
10:00 Exercise DVD
11am Coloring Club in the Activity Room
1:30pm Bingo Game
2:30pm Lemonade on the Patio!
PM Sparklers in the Courtyard!
4

10am Exercise/Trivia
11am Manicures/Buffing /Adult Coloring Club
1:30pm Bingo Game
2:45pm Read-A-Loud by the Bird Aviary
4:00pm Visits with Chaplain Roland
5:45pm Bible Study
Podiatrist Visit
11

10am Exercise/Trivia
11am Manicures/Buffing /Adult Coloring Club
1:30pm Bingo Game
2:45pm Read-A-Loud by the Bird Aviary
4pm Visits with Roland
5:45pm Bible Study
18

10am Exercise/Trivia
11am Manicures/Buffing /Adult Coloring Club
1:30pm Bingo Game in the Activity Room
3:00pm Singer Roger to Entertain/Hot Fudge Sundae Day! Yummy!
4pm Visits/Bible Study
25



9Catholic Communion
10am Exercise/Trivia /Eye Glass Cleaning
11am Make a treat using Graham Crackets
1:30pm Bunco / Pig Games in Activity Room
2:45pm Refreshments out in the courtyard

9:30 Catholic Mass
10am Exercise/Trivia /Eye Glass Cleaning
11am Let's make Veggie Pizza in Activity Room
1:30 Bunco/ Left, Right, Center Games
3:00 Wine and Veggie
Pizza in Activity Room
12

9Catholic Communion
10am Exercise/Trivia /Eye Glass Cleaning
11am Make some summer dips!
1:30pm Bunco / Pig Games in Activity Room
2:45pm Cold Beer and Chips & Dip in the Court Yard
9

9Catholic Communion
10am Exercise/Trivia /Eye Glass Cleaning
11am Let's do something with Sweet Corn!
1:30pm Bunco/Left, Right, Center Games
3:00pm Patio Time!
26

10am Exercise DVD
11am Adult Coloring Club in Activity Room
1:30pm Bingo with Brenda-Activity Room
3:00pm Movie & Popcorn
7pm Lawrence Welk Show on IPTV
6

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11am Adult Coloring Club in Activity Room
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3:00pm Movie & Popcorn
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13

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20

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1:30pm Bingo with Brenda-Activity Room
3:00pm Movie & Popcorn
7pm Lawrence Welk Show on IPTV
27

* All Activities Subject to Change.