

Resident Spotlight of the Month is Tom Roach
Tom was born August 16,1942 in Des Moines, Iowa. Tom and
his family lived on a farm near Carlisle, oldest of 5 boys.
After graduating from Carlisle High, he followed in his
father's footsteps and joined the Navy. He was very proud to
serve his country, you rarely see him without his naval
aviation hat on. He worked at Armstrong Rubber for
30 years and retired from Firestone as an electrician.
Hobbies include boating, skiing, biking, both motorcycles
and bicycles and woodworking.

Tom and his wife Mary will celebrate their 41st wedding anniversary on July 1st. They share 5 children.



Spotlight Of the Month!

BFM spotlight of July
Payton Armstrong
Payton was born on May
10, 1995. She has two
brothers.

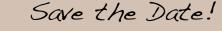
brothers. Payton grew up in Rockford Iowa, a small town in northern lowa with about 800 people. She is a CNA/Med aide here at Bickford and will celebrate her 1 year anniversray in August. When asked why she chose a career in healthcare she replied, "I do what I do everyday so that I can make someones day a little brighter, even if only for a moment." Payton is a furmom to a 4 year old cat named George.





Payton and Mary Helen dancing to the music.





July 3 - Lunch Bunch

July 4 - Helene Viall

July 8 - Massage

Therapy

July 10 Reading Time

W/Anne

July 10 Resident Council

July 12 Ice Cream

Social

July 15 Luke Farland

July 16 Italian Theme

Day

July 17 Lunch Bunch

July 19 Happy Hour

July 22 Massage

Therapy

July 22 Resident
Family Council BBQ

July 26 Birthday Bash

July 26 Dave Gray July 27 Bernice

Shannon

Celebrating
Western Day with all
of these outlaws!









Happy Birthday!

July 1 - David July 5 - Donnaloy July 10 - Barb July 24/ Evelyn/

9:30 Beanbag Baseball

10:30 Daily Perk

1:30 BINGO

2:30p Church

4p Card Club

6p Puzzle Club

9:30 Ring Toss

1:30 BINGO

2:30p Church

6p Puzzle Pack

9:30 Ball Toss

1:30 BINGO

6p UNO

2:30p Church

10:30 Daily Perk

w/Current Events

4p Group Word Search

11a Daily Chronicle

4p Music & Relaxation

9a Woman's Tea w/Daily Chronicle 11a Patio Time 1:30 Group Crossword 3p Card Club 6p UNO

7

14

21

David's Birthday

11a Patio Time

6p Yhatzee 9a Woman's Tea w/ 9a Staying Fit & Active **Current Events** 9:45 Daily Perk

1p Massage Therapy 3p Reading Club 6p War Cats VS. Dogs

9a Woman's Tea w/ Daily Chronicle 11a Card Club 1p Massage Therapy 3p UNO 4:45 Resident Family Council BBQ

22

1p Devotions 3p Beanbag Baseball 4p UNO 6p Patio Time 23

9a Sit & Be Fit

1p Devotions

10:15 Daily Perk

11a Color/Craft Club

3p Beanbag Baseball

11a Gardening Club

3p Red Hat Society

1p Devotions

Italian Theme

9a Chair Yoga

11a Trivia

1p Devotions

6p Checkers

3p Snack Social

9a Sit & Be Fit

9:45 Daily Perk

11a Gardening

9:45 Current Events

6p Go Fish

9a Balloon Volleyball

9a Ball Toss 10a Life Daily Perk 1:30 Fancy Fingers Bp Popcorn Social 6p UNO

10a Brain Games 11a Lunch Bunch 2p Fancy Fingers 3:30 Gardening

3

Independence Day 9a Ball Toss 11:15 Helene Viall 1p Bible Study 3p Snack Social 6p Life

9a Chair Yoga

1p Bible Study

6p Checkers

9a Sit & Be Fit

1p Bible Study

6p Card Club

3p Snack Social

4p Walking Group

9:45 Daily Chronicle

w/ Current Events

11a Gardening Club

3p Color/Craft Club

11a Finish that Phrase

9a Men's Coffee 9:30 Daily Chronicle 1:30 BINGO 3p Wii Bowling 6p Old Maid

Donnaloy's Birthday

9a Men's Coffee

9:30 Daily Perk

1:30 Wii Jeopardy

11a Card Club

6p Life

9:30 Sing-a-long w/Trista 11a Daily Chronicle 1:30 Creative Corner 3p Ice Cream Social

3p Movie & Popcorn 7p Lawrence Welk

9a Woman's Tea w/ Daily Perk 11a Card Club 1:30 Gardening 3p Luke Farland 6p Crossword

15

9a Beanbag Baseball 10a Yhatzee 11a Lunch Bunch 2p Fany Fingers 3:30 Wii Bowling 6p Puzzle Club

9a Ring Toss

10a Checkers

1:30 Fancy Fingers

3p Wii Jeopardy

4p Daily Perk w/

Current Events

6p UNO

9a Ball Toss

6p Checkers

9a Parachute Ball

w/Anne

10:30 Reading Time

1:30 Fancy Fingers

3:30 Patio Time

Barb's Birthday

11:45 Resident Council

2

17

10

9a Staying Fit & Active 11a Catholic Mass 1p Bible Study 2p Music & Relaxation 4p Gardening **6p Checkers**

25

18

9a Men's Coffee 9:30 Current Events 11a Reading Group 1:30 Happy Hour 3p Wii Wheel of Fortune 6p Scrabble

9a Men's Coffee

3p Dave Gray

3p Birthday Bash

9:30 Daily Chronicle

11a Group Crossword

1:30 Color/Craft Club

6p War Cats VS. Dog

19

12

9:30 Sweet Treats w/Shannon 11a Daily Perk w/ **Current Events** 1:30 Creative Corner 3p Movie & Popcorn 7p Lawrence Welk 20

9:30 Sing-a-long

w/Trista 11a Daily Perk

1:30 Creative Corner 3p Bernice Shannon (keyboard)

7p Lawrence Welk

27

9:30 Balloon Volleyball 11a Daily Chronicle 1:30 BINGO 2:30p Church 4p Card Club 6p Puzzle Pack

9a Woman's Tea w/ **Current Events** 11a Daily Perk 1:30 Color/Craft Club 3p Wine & Cheese 6p Yhatzee

10a Daily Chronicle 11a UNO 1p Devotions 3p Rummikub 6p Checkers

11a Current Events w/ 31

Evelyn's Birthday 24



28

29

30

9:30 Muffins & More w/Shannon 10a Daily Chronicle w/Current Events 10:30 Card Club 1:30 Creative Corner

3p Movie & Popcorn 7p Lawrence Welk 6

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