



Resident Spotlight of the Month is Tom Roach
 Tom was born August 16, 1942 in Des Moines, Iowa. Tom and his family lived on a farm near Carlisle, oldest of 5 boys. After graduating from Carlisle High, he followed in his father's footsteps and joined the Navy. He was very proud to serve his country, you rarely see him without his naval aviation hat on. He worked at Armstrong Rubber for 30 years and retired from Firestone as an electrician. Hobbies include boating, skiing, biking, both motorcycles and bicycles and woodworking. Tom and his wife Mary will celebrate their 41st wedding anniversary on July 1st. They share 5 children.



Spotlight Of the Month!

BFM spotlight of July
 Payton Armstrong
 Payton was born on May 10, 1995. She has two brothers. Payton grew up in Rockford Iowa, a small town in northern Iowa with about 800 people. She is a CNA/Med aide here at Bickford and will celebrate her 1 year anniversary in August. When asked why she chose a career in healthcare she replied, "I do what I do everyday so that I can make someones day a little brighter, even if only for a moment." Payton is a furmom to a 4 year old cat named George.



Payton and Mary Helen dancing to the music.



Save the Date!

- July 3 - Lunch Bunch
- July 4 - Helene Viall
- July 8 - Massage Therapy
- July 10 Reading Time W/Anne
- July 10 Resident Council**
- July 12 Ice Cream Social
- July 15 Luke Farland
- July 16 Italian Theme Day
- July 17 Lunch Bunch
- July 19 Happy Hour
- July 22 Massage Therapy
- July 22 Resident Family Council BBQ**
- July 26 Birthday Bash
- July 26 Dave Gray
- July 27 Bernice Shannon

Celebrating Western Day with all of these outlaws!



S

Happy Birthday!

July 1 - David
July 5 - Donnaloy
July 10 - Barb
July 24 - Evelyn

July

M

9a Woman's Tea w/Daily Chronicle
11a Patio Time
1:30 Group Crossword
3p Card Club
6p UNO

David's Birthday 1

T

9a Sit & Be Fit
10:15 Daily Perk
11a Color/Craft Club
1p Devotions
3p Beanbag Baseball
6p Yhatzee

2

W

9a Ball Toss
10a Brain Games
11a Lunch Bunch
2p Fancy Fingers
3:30 Gardening
6p Checkers

3

T

Independence Day
9a Ball Toss
11:15 Helene Viall
1p Bible Study
3p Snack Social
6p Life

4

F

9a Men's Coffee
9:30 Daily Chronicle
1:30 BINGO
3p Wii Bowling
6p Old Maid

Donnaloy's Birthday 5

S

9:30 Muffins & More w/Shannon
10a Daily Chronicle w/Current Events
10:30 Card Club
1:30 Creative Corner
3p Movie & Popcorn
7p Lawrence Welk 6

9:30 Beanbag Baseball
10:30 Daily Perk
1:30 BINGO
2:30p Church
4p Card Club
6p Puzzle Club

7

9a Woman's Tea w/ Current Events
11a Patio Time
1p Massage Therapy
3p Reading Club
6p War Cats VS. Dogs

8

9a Staying Fit & Active
9:45 Daily Perk
11a Gardening Club
1p Devotions
3p Red Hat Society
6p Go Fish

9

9a Parachute Ball
10:30 Reading Time w/Anne
11:45 Resident Council
1:30 Fancy Fingers
3:30 Patio Time
Barb's Birthday

10

9a Chair Yoga
9:45 Daily Chronicle w/ Current Events
11a Gardening Club
1p Bible Study
3p Color/Craft Club
6p Checkers

11

9a Men's Coffee
9:30 Daily Perk
11a Card Club
1:30 Wii Jeopardy
3p Ice Cream Social
6p Life

12

9:30 Sing-a-long w/Trista
11a Daily Chronicle
1:30 Creative Corner
3p Movie & Popcorn
7p Lawrence Welk

13

9:30 Ring Toss
11a Daily Chronicle
1:30 BINGO
2:30p Church
4p Music & Relaxation
6p Puzzle Pack

14

9a Woman's Tea w/ Daily Perk
11a Card Club
1:30 Gardening
3p Luke Farland
6p Crossword

15

Italian Theme
9a Chair Yoga
9:45 Current Events
11a Trivia
1p Devotions
3p Snack Social
6p Checkers

16

9a Beanbag Baseball
10a Yhatzee
11a Lunch Bunch
2p Fany Fingers
3:30 Wii Bowling
6p Puzzle Club

17

9a Sit & Be Fit
11a Finish that Phrase
1p Bible Study
3p Snack Social
4p Walking Group
6p Card Club

18

9a Men's Coffee
9:30 Current Events
11a Reading Group
1:30 Happy Hour
3p Wii Wheel of Fortune
6p Scrabble

19

9:30 Sweet Treats w/Shannon
11a Daily Perk w/ Current Events
1:30 Creative Corner
3p Movie & Popcorn
7p Lawrence Welk

20

9:30 Ball Toss
10:30 Daily Perk w/Current Events
1:30 BINGO
2:30p Church
4p Group Word Search
6p UNO

21

9a Woman's Tea w/ Daily Chronicle
11a Card Club
1p Massage Therapy
3p UNO
4:45 Resident Family Council BBQ

22

9a Sit & Be Fit
9:45 Daily Perk
11a Gardening
1p Devotions
3p Beanbag Baseball
4p UNO
6p Patio Time

23

9a Ring Toss
10a Checkers
1:30 Fancy Fingers
3p Wii Jeopardy
4p Daily Perk w/ Current Events
6p UNO
Evelyn's Birthday

24

9a Staying Fit & Active
11a Catholic Mass
1p Bible Study
2p Music & Relaxation
4p Gardening
6p Checkers

25

9a Men's Coffee
9:30 Daily Chronicle
11a Group Crossword
1:30 Color/Craft Club
3p Dave Gray
3p Birthday Bash
6p War Cats VS. Dog

26

9:30 Sing-a-long w/Trista
11a Daily Perk
1:30 Creative Corner
3p Bernice Shannon (keyboard)
7p Lawrence Welk

27

9:30 Balloon Volleyball
11a Daily Chronicle
1:30 BINGO
2:30p Church
4p Card Club
6p Puzzle Pack

28

9a Woman's Tea w/ Current Events
11a Daily Perk
1:30 Color/Craft Club
3p Wine & Cheese
6p Yhatzee

29

9a Balloon Volleyball
10a Daily Chronicle
11a UNO
1p Devotions
3p Rummikub
6p Checkers

30

9a Ball Toss
10a Life
11a Current Events w/ Daily Perk
1:30 Fancy Fingers
3p Popcorn Social
6p UNO

31

