



ADVICE FROM A SUNFLOWER...

- Be outstanding in your field.
- Hold your head high.
- Spread seeds of Happiness.
- Keep on the sunny side.
- Never forget your smile, it's the best part of your outfit!



UPDATES

BREAD BASKET

Please notify one of the staff if you will be taking your loved one out for meals, outings or holidays.

Also, notify the kitchen staff in advance if you or other family members are planning on sharing a meal with your loved one.

Cost of meals for family are as follows:

Breakfast: \$5.00
Lunch: \$7.00
Dinner: \$5.00
Holidays \$10.00

NURSING

Please notify the nurse 48 hours in advance when your loved one has an appointment. This allows for proper paperwork to be prepared. Be sure to pick paperwork up from Nurse/Med Aide before the appt.

Please remember that if you're feeling ill, please wait to visit your loved ones. This will ensure the safety of all of our residents and staff.



SPRING IS IN THE AIR



"What is your favorite thing about Spring?"

Sue- "NO SNOW"

Rachel- "I just love the beautiful weather."

Gloria- "I love watching all the things grow it seems like the earth is coming alive."

Jerri- "Knowing that summer is coming We hope."

George- "I love to hear the birds chirping and watch baseball games".

Terry- "Go on more outings."

Tom- "Take a walk outdoors."

Alice- "Flowers everywhere."

Josie- "I can enjoy the sunshine."

Jean- "Pretty flowers."

Amy- "No more snow storms and its nice to see the plants come up."

Connie- "The beautiful weather."

Frances- "The fresh veggies".



Bickford
assisted living



Residents Birthdays

Jean Carusi 5/4
Katherine Vomacka 5/5
Loren Hesuman 5/23
Margaret Forsythe 5/25
Shirley Arlington 5/25
Myrene Abels 5/27

Staff Birthdays

Marianne 5/1
Yolanda 5/16
Itzel 5/31



S

M

T

W

T

F

S

May

9:30a Walking Club
10:15a May Day Baskets
2:00p Chaplin Laura
3:30p Manicures
6:00p Bingo

9:30a Powercise
10:15a Massages
2:00p Staff & Residents Planting Day
5:30 National Day of Prayer

9:30a AM Stretches
10:15a Snack & Chat
2:00p The Denelle Show
3:30p Craft Corner
6:00p Puzzle Time

Kentucky Derby Day
10:15a Saturday Stretch
10:45a Horse Races
2p Bingo
6p Lawrence Welk

10:30a Newspaper Finds
11:00a Mass
2:00p Chaplin Ron

5

9:30a Monday Moves
10:15a Cleaning Club
2:00p Bingo
3:15p Manicures
6:00p Higher Or Lower

6

9:30a Aerobic Class
10:15a Science Experiment
3:00p Christine Coulson
3:30p Sunroom Social

7

9:30a Walking Club
10:15a Potato Peeling
2:00p Chaplin Laura
3:30p Cj's Exotic Animals
6:00p Bingo

8

9:30a Stretch And Flex
10:15a Cooking Club
2:00p Board Games
3:30p Book Club
6:00p Word Search

9

9:30a Seated Sports
10:15a Fill the Bird Feeders
2:00p Houston Solution
3:30p Garden Club
6:00p Movie Night

10

10:15a Senior Motion
10:45a Coffee Social
2p Bingo
6p Lawrence Welk

11

Mother's Day
10:00a Joel the Piano Man / Mothers Day Tea
11:00a Mass
2:00p Chaplin Ron

12

9:30a NoodleBall
10:15a Book Club
2:00p Bingo
3:15p Manicures
6:00p Short Stories

13

9:30a Body Pump
10:15a M & M Game
2:00p Tea Time
3:30p Sing Along
6:30p Family Night

14

9:30a Walking Club
10:15a Fontnelle Forest
2:00p Chaplin Laura
3:30p Manicures
6:00p Bingo

15

9:30a Dancercise
10:15a Massages
2:00p I Spy Outdoor Items
3:30p Mens Club
6:00p Wii Games

16

9:30a Friday Fit
10:15a Beach Ball Questions
1p Aksarben Theater
3:30p Ring Toss
6:00p Puzzle Time

17

10:15a Noodle Ball
10:45a Outdoor Time
2p Bingo
6p Lawrence Welk

18

10:30a Word Search
11:00a Mass
12:00p Sweet Piano Sounds
2:00p Chaplin Ron

19

9:30a Group Stretch
10:15a Cleaning Club
2:00p Bingo
3:15p Manicures
6:00p UNO

20

9:30a Bend And Stretch
10:15a Science Experiment
2:00p Womens Social
3:30p Courtyard Chat
6:00p Farkle

21

9:30a Walking Club
10:15a Potato Peeling
2:00p Chaplin Laura
3:30p Cj's Exotic Animals
6:00p Bingo

22

Lucky Penny Day
9:30a Simon Says
10:15a Lucky Penny Day Facts
2:00p Johnny Ray
3:00p Crochet Club
6:00p Jenga

23

9:30a Fitness Craze
10:15a Tell Me A Time When
2:00p Make Banana Splits
3:30p Bullseye Game
6:00p Movie Night

24

10:15a Sittercise
10:45a Snack & Chat
2p Bingo
6p Lawrence Welk

25

10:30a Puzzle Time
11:00a Mass
2:00p Chaplin Ron

26

Memorial Day
9:30a Monday Moves
10:15a Manicures
2:00p Bingo
3:30p Memorial Day Trivia
6:00p Puzzle Time

27

9:30a Chair Exercises
10:15a Laundry Time
2:00p Nature Photography
3:30p Yard Games
6:00p Dominos

28

9:30a Walking Club
10:15a Potato Peeling
2:00p Chaplin Laura
3:30p Manicures
6:00p Bingo

29

9:30a Chair Exercises
10:15a Monthly Review
2:00p Resident Council
2:30p Mass
6:00p Connect 4

30

9:30a Powercise
10:15a Name That Tune
2:00p Bday Party/ Micheal Walker
3:30p Garden Club
6:00p Puzzle Time

31