



# Quote of The Month

If April showers should come your way,  
they bring the flowers that bloom in May.

-Buddy de Sylva



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## Looking Back at the Month of March

March was filled with the luck of the Irish!!

We kicked off our St. Patrick's Day celebration with amazing Irish Dancers from O'Hare School of Irish Dance.

We made homemade shamrock shakes and had fun learning about Irish heritage with trivia and games.

And ended with a trip to Timothy O'Toole's Pub in Gurnee!!

But the fun didn't end with the Irish celebration.

We also enjoyed some great bingo calling and prizes from Jenny, from Heartland Hospice. And Ashleigh from Star Hospice showed off her art skills during arts & crafts.

And we can't forget the great piano playing from Tamara during our Birthday Party!



## What's the HappYnnings in April

- 1<sup>st</sup> - Lunch In for a Cause Panera Bread
- 3<sup>rd</sup> - Intro to Golf! w/ Jeff
- 4<sup>th</sup> - Bingo w/ Jenny
- 5<sup>th</sup> - Resident Council
- 5<sup>th</sup> - Happy Hour
- 11<sup>th</sup> - Lunch Outing - TGI Fridays
- 12<sup>th</sup> - Cruise the Open Sea's - Family Night
- 16<sup>th</sup> - Entertainment w/ Lynda
- 18<sup>th</sup> - Lunch Outing - Kaiser's Pizza
- 21<sup>st</sup> - Easter Egg Hunt/ Party
- 23<sup>rd</sup> - Ceramics For You
- 24<sup>th</sup> - Lunch Outing - Baker's Square
- 26<sup>th</sup> - Birthday Party w/ Tamara
- 27<sup>th</sup> - Entertainment - Belly Dancers

What type of Exercise Suits You?? Come try out all the exercise classes that we have to offer.

- Chair Yoga w/ Ashley - Every other Monday
- Pilates w/ Jane - 3<sup>rd</sup> Monday
- Activities in Motion - Every Tuesday
- SimplyFit w/ Alina - Wednesday's & Friday's
- Ageless Grace - Every Thursday
- Body & Brain Tai Chi - Every Saturday
- Sit & Be Fit - Every Sunday

If you would like to join us on any of our outings or need to request transportation, please sign up in the 'Sign-Up Sheet' Binder; located in the Activity Room!

\*\*Thank You\*\*



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# April

9:00 Church Run  
 9:45 Daily Chronicles  
 11:00 Sit & Be Fit  
 2:45 Angel & The Badman ch256

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9:00 Church Run  
 9:45 Daily Chronicles  
 11:00 Sit & Be Fit  
 2:45 Cat People ch256

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**Easter Sunday**  
 9:00 Church Run  
 9:45 Daily Chronicles  
 11:00 Sit & Be Fit  
 2:00 Easter Hunt/ Social  
 7:00 Easter Parade ch256

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9:00 Church Run  
 9:45 Daily Chronicles  
 11:00 Sit & Be Fit  
 2:15 The Bat & The Beautiful ch256

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9:45 Daily Chronicles  
 10:30 Church Service  
 11:00 Noodle Workout  
 12:00 Lunch In For A Cause - Panera Bread  
 1:30 Shopping Trip\*  
 Target  
 6:30 Wheel of Fortune 1

9:45 Daily Chronicles  
 10:30 Church Service  
 11:00 Yoga w/ Ashley  
 1:20 Cubs Home Opener ch7  
 1:30 Shopping Trip\*  
 Walmart  
 6:30 Wheel of Fortune 8 ch7

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9:45 Daily Chronicles  
 10:30 Church Service w/ Ann Marie & Wade  
 11:00 Pilates w/ Jane  
 1:30 Shopping Trip\*  
 Jewel  
 6:30 Wheel of Fortune ch7 15

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9:45 Daily Chronicles  
 10:30 Church Service w/ Ann Marie & Wade  
 11:00 Chair Yoga w/ Ashley  
 1:30 Shopping Trip\*  
 Walmart  
 6:30 Wheel of Fortune 22 ch7

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9:45 Daily Chronicles  
 10:30 Church Service w/ Ann Marie & Wade  
 11:00 Noodle Workout  
 1:30 Shopping Trip\*  
 Trader Joe's  
 6:30 Wheel of Fortune ch7 29

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9:45 Daily Chronicles  
 10:00 Activities in Motion  
 10:30 Trivia Tuesday  
 11:00 Kickball  
 2:00 Arts & Crafts w/ Star Hospice  
 3:30 Bingo 2

9:45 Daily Chronicles  
 10:00 Activities in Motion  
 10:30 Trivia Tuesday  
 11:00 Darts  
 2:00 Arts & Crafts w/ Star Hospice  
 3:30 Bingo 9

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9:45 Daily Chronicles  
 10:00 Activities in Motion  
 10:30 Trivia Tuesday  
 11:00 Entertainment w/ Lynda  
 2:00 Arts & Crafts w/ Star Hospice  
 3:30 Bingo 16

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9:45 Daily Chronicles  
 10:00 Activities in Motion  
 10:30 Arts & Crafts\*\*  
 Ceramics For You  
 2:00 Trivia Tuesday  
 3:30 Bingo 23

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9:45 Daily Chronicles  
 10:00 Activities in Motion  
 10:30 Trivia Tuesday  
 2:00 Arts & Crafts w/ Star Hospice  
 3:30 Bingo 30

30

9:45 Daily Chronicles  
 10:30 SimplyFit w/Alina  
 11:00 Visits w/ Chaplain Sherry  
 11:00 Intro to Golf! w/ Jeff  
 2:00 Meekko Visits  
 2:30 Fancy Fingers 3

9:45 Daily Chronicles  
 10:30 SimplyFit w/Alina  
 11:00 Visits w/ Chaplain Sherry  
 11:00 Name That Boat  
 2:00 Meekko Visits  
 2:30 Fancy Fingers 10

10

9:45 Daily Chronicles  
 10:30 SimplyFit w/Alina  
 11:00 Visits w/ Chaplain Sherry  
 2:00 Meekko Visits  
 2:30 Fancy Fingers 17

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9:45 Daily Chronicles  
 10:30 SimplyFit w/Alina  
 11:00 Visits w/ Chaplain Sherry  
 11:00 Lunch Outing\*\*  
 Baker's Square  
 2:00 Meekko Visits  
 2:30 Fancy Fingers 24

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9:45 Daily Chronicles  
 10:30 Visits w/ Wade  
 10:30 Ageless Grace  
 11:00 Left Center Right  
 1:20 White Sox Home Opener ch665  
 2:30 Board Games  
 3:30 Bingo w/ Jenny 4

9:45 Daily Chronicles  
 10:30 Visits w/ Wade  
 10:30 Ageless Grace  
 11:00 Lunch Outing\*\*  
 TGI Fridays  
 2:30 Shuffle Board  
 3:30 Bingo 11

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9:45 Daily Chronicles  
 10:30 Visits w/ Wade  
 10:30 Ageless Grace  
 11:00 Lunch Outing\*\*  
 Kaiser's Pizza  
 2:30 Board Games  
 3:30 Bingo 18

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9:45 Daily Chronicles  
 10:30 Visits w/ Wade  
 10:30 Ageless Grace  
 11:00 Balloon Ball  
 2:30 Board Games  
 3:30 Bingo 25

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9:45 Daily Chronicles  
 10:30 SimplyFit w/Alina  
 11:00 Resident Council  
 2:00 Happy Hour w/Dan  
 3:30 Wheel of Fortune Game w/ Mary 5

Cruise the Open Seas  
 9:45 Daily Chronicles  
 10:30 SimplyFit w/Alina  
 11:00 Scavenger Hunt  
 2:00 Cooking Club  
 3:30 Wheel of Fortune Game w/ Mary  
 4:30 Family Night w/ Mark Hoffman 12

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9:45 Daily Chronicles  
 10:30 SimplyFit w/Alina  
 11:00 Cooking Club  
 2:00 Good Friday Social  
 3:30 Wheel of Fortune Game w/ Mary 19

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9:45 Daily Chronicles  
 10:30 SimplyFit w/Alina  
 11:00 Cooking Club  
 2:00 Birthday Party w/Tamara  
 3:30 Wheel of Fortune Game w/ Mary 26

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9:45 Daily Chronicles  
 10:30 Knitting Circle  
 11:00 Board Games in the Bistro  
 2:00 Body & Brain Tai Chi 6

9:45 Daily Chronicles  
 10:30 Knitting Circle  
 11:00 Board Games in the Bistro  
 2:00 Body & Brain Tai Chi 13

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9:45 Daily Chronicles  
 10:30 Knitting Circle  
 11:00 Board Games in the Bistro  
 2:00 Body & Brain Tai Chi 20

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9:45 Daily Chronicles  
 10:30 Knitting Circle  
 11:00 Board Games in the Bistro  
 2:00 Body & Brain Tai Chi  
 3:00 Entertainment - Belly Dancers 27

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\*\*\*Please Note\*\*\*  
 Activities are subject to change due to interest and/or weather

Color Key  
 Special Events  
 Television  
 HOWIE Trips  
 Star Key

Podiatrist - 1st Friday  
 Beauty Shop - Every Tuesday

\* -Cash/Card needed

\*\* - Pay by Check or Charge to Monthly Statement