

We Are Here For You

Annessa Pruisman- Director
Jenny Engel-RN Coordinator
Karryn McQueen- Community Relations
Jim Runner- Kitchen Manager
Lisa Goettsch- Life Enrichment Coordinator
Steve Brouwer- Maintenance
Taylor Lundquist- Housekeeping



Happy Spring!

We're all looking forward to spring, and It can't come soon enough! Before it comes though, let's look back on some of our March moments.



Russ winning big! (right) Ilene and her Great grandson, Emmett.



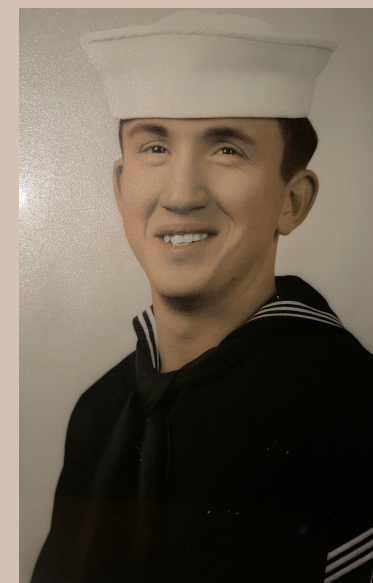
BINGO with Hazel & Wayne



Chuck & Eden taking a break.

We Want You!

We're looking for a few good men, and women. A "Veterans Wall" is in the works and we need your help. If you were a member of our military, we would love to honor you. We're looking for pictures and stories to share on the wall.



And the more pictures and stories, the better! This also includes volunteers! We would love to hear from you! If you have any questions, please don't hesitate to call. (515)233-6000 Lisa Goettsch





4/03/1941 Robert "Bob" DuPree
 4/10/1920 Phyllis Reister
 4/10/1926 Donnie Rodgers
 4/18/1934 Joann Gilbert
 4/20/1945 Jon Tollefson
 4/29/1934 Edgar McKamey

April

S M T W T F S

	<p>9a Walk & Talk 10:30a Devotions 1:30p BINGO 6p Wheel Of Fortune</p> <p>1</p>	<p>9a Manicures 11:30p Lunch Outing 2p K&L Duo 6p Yahtzee</p> <p>2</p>	<p>9a Noodle Balloon 10a Bible Study 1:30p BINGO with Kristy 6p Youth Group</p> <p>3</p>	<p>9a Chair Yoga 10:30a Chicken Soup for the Soul 2p Bickford Bakers 6p Sing Along</p> <p>4</p>	<p>9a Walk & Talk 10:15a Chaplian Visits 2:30p Take A Break 6p Friday Night Movies</p> <p>5</p>	<p>10a Powercise 10:30a Tickle Your Brain 1:15p I Got It! 7p Lawrence Welk</p> <p>6</p>
<p>10a Walking Club 10:45a Crazy 8's 2p Church 6p Adult Coloring</p> <p>7</p>	<p>9a Walk & Talk 10:30a Devotions 1:30p BINGO 6p Movie</p> <p>8</p>	<p>9a Manicures 10:30a Why Do We Say It? 2p Treasured Memories 6p Twister Toss</p> <p>9</p>	<p>9a Chair Yoga 10a Bible Study 1:30p BINGO with Kristy 6p Word Scramble</p> <p>10</p>	<p>9a Seated Soccer 10:30a Chicken Soup for the Soul 1:30p Residents Choice 6p Sing Along</p> <p>11</p>	<p>Cruise the Open Seas 9a Walk & Talk 10:30a Aaron S. 1:30p Port of Entry 6p Friday Night Movies</p> <p>12</p>	<p>10a Chair Exercises 10:30a Black Jack 1:15p You Be The Judge 7p Lawrence Welk</p> <p>13</p>
<p>10a Powercise 10:45a Farkle 2p Church 6p Dominos</p> <p>14</p>	<p>Fire Drill 9a Walk & Talk 10:30a Devotions 1:30p BINGO 6p Sing Along</p> <p>15</p>	<p>9a Manicures 10:30a Reading Shel Silverstein 1:30p Monthly Birthday Party 6p Washer Toss</p> <p>16</p>	<p>9a Seated Soccer 10a Bible Study 1:30p BINGO with Kristy 6p Yahtzee</p> <p>17</p>	<p>9a Noodle Balloon 10:30a Jerry & Myrt 2p Bickford Bakers 6p Movie</p> <p>18</p>	<p>9a Walk & Talk 10:15a Chaplian Visits 2:30p Donuts & Chat 6p Miles Morgan</p> <p>19</p>	<p>Family Day 10a Hide The Eggs! 10:30a Easter Egg Hunt 1:15p Dominios 7p Lawrence Welk</p> <p>20</p>
<p>Easter 10a Chair Yoga 10:45a Coffee Social 2p Church 6p Sing Along</p> <p>21</p>	<p>9a Walk & Talk 10:30a Devotions 1:30p BINGO 6p Movie</p> <p>22</p>	<p>9a Manicures 10:30a Ever Wonder Why? 2p Bickford Bakers 6p Sing Along</p> <p>23</p>	<p>9a Senior Motion 10a Bible Study 10:30a Mike Lazono 1:30p BINGO with Kristy 6p Puzzle Fun</p> <p>24</p>	<p>9a Chair Yoga 10:30a Chicken Soup for the Soul 1:30p Residents Choice 6p Twister Toss</p> <p>25</p>	<p>9a Walk & Talk 10:15a Chaplian Visits 2:30p Happy Hour 6p Friday Night Movies</p> <p>26</p>	<p>10a Walking Club 10:30a Tell Me A Time When.. 1:15p Adult Coloring 7p Lawrence Welk</p> <p>27</p>
<p>10a Chair Exercises 10:45a UNO 2p Church 6p Word Search</p> <p>28</p>	<p>9a Walk & Talk 10:30a Devotions 1:30p BINGO 6:15 2nd Chair Brass</p> <p>29</p>	<p>9a Manicures 10:30a Reading Shel Silverstein 4p Aaron Shoemaker 6p Movie</p> <p>30</p>				

