



This month, the residents made sugar cookies. The next day, Erin helped the residents decorate the cookies for Valentine's Day!

Stop by the kitchen to give Chef Carlos any recipes you think would be a fun Cooking with Carlos event!

Battle Creek

HAPPYNNINGS

MARCH

February Fun!

Valentine's Day Tea Party!



1. Water Helps to Maximize Physical Performance

2. Hydration Has a Major Effect on Energy Levels and Brain Function

3. Drinking Water May Help to Prevent and Treat Headaches

4. Drinking More Water May Help Relieve Constipation

The Benefit of Staying Hydrated

5. Drinking Water May Help Treat Kidney Stones

6. Water Helps Prevent Hangovers

7. Drinking More Water Can Help With Weight Loss

<https://www.healthline.com/nutrition/7-health-benefits-of-water#section7>

March Happynings!

Upcoming Events!

- March 6 - Casino Fun!
- March 6 - Dementia Support Group
- March 17 - St. Patrick's Day
- March 28 - First Day of Baseball!

March Birthdays!

- March 16 - Karan
- 24 - Sully
- 27 - Doris
- 31 - David

Stop by the Branch for birthday cake and celebrations!

Come in for our exciting days of fun!

We are always looking for new and exciting activities. Please let Erin know if you have any new ideas!



Bickford
assisted living & memory care





David's Birthday!

9:30 News and Coffee
11:30 Light and Lively
2:00 Hymn Sing
3:00 Church Service
6:30 Movie and Popcorn

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March



9:30 News and Coffee
11:30 Light and Lively
2:00 Hymn Sing
3:00 Church Service
6:30 Movie and Popcorn

3

9:15 News and Coffee
10:00 Brother Bob
11:00 Light and Lively
2:00 Trivia
4:00 Words in a Word
6:00 Lawrence Welk Show

4

Mardi Gras
9:15 News and Coffee
10:00 Bible Study with Paul
11:00 Paczki History
2:30 Bingo
4:00 Hangman
6:00 Movie

5

Casino Fun
9:00 News and Coffee
11:00 Hymns & Praise
1:30 Card Bingo
3:00 Spin to Win!
4:00 Poker Chip Auction with Erin
6:00 Jazz and Tea

6

9:15 News and Coffee
Lunch Bunch
10:00 Light & Lively
2:30 Taste the World
4:00 Name that Tune
6:00 Movie

7

9:15 News and Coffee
11:00 Noodle Ball
2:15 Bingo
4:00 Happy Hour
6:00 Jazz & Tea

8

9:30 News and Coffee
11:00 Morning Stretch
11:30 Kickball
2:30 Bingo
3:30 Redd Skelton
6:00 Walking Group

9

9:30 News and Coffee
11:30 Stretch
2:00 Hymn Sing
3:00 Church Service
6:30 Movie and Popcorn

10

9:15 News and Coffee
10:00 Brother Bob
11:00 Light and Lively
2:00 Penny Auction with Grace Hospice
2:30 Fun with John
4:00 Trivia
6:30 Hangman

11

9:15 News and Coffee
10:00 Bible Study with Paul
To the Movies!
11:00 Walking Group
2:30 Bingo
4:00 Hangman
6:00 Trivia

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9:15 News and Coffee
11:00 Hymns & Praise
2:00 Ice Cream Social-with Kindred at Home
3:30 Cooking with Carlos
6:00 Movie

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9:15 News and Coffee
10:00 Ball Toss
Lunch Bunch
1:30 Paul Sings!
4:00 Name that Irish Tune!
6:00 Jazz Time

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9:15 Coffee and News
11:00 Light and Lively
2:15 Bingo
4:00 St. Pats Happy Hour
6:00 Marvin Sings!

15

Karan's Birthday!
9:30 News and Coffee
11:00 Morning Stretch
11:30 Noodle Ball
2:30 Bingo
3:30 Carol Burnett
6:00 Walking Group

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St. Patrick's Day
9:30 News and Coffee
11:30 Light and Lively
1:00 Family Council
2:00 Hymn Sing
3:00 Church Service
6:30 Movie and Popcorn

17

9:15 Coffee and News
10:00 Brother Bob
11:00 Light and Lively
2:30 Fun with Allison
4:00 Trivia
6:00 Jazz and Popcorn

18

9:15 Coffee and News
10:00 Bible Study with Paul
11:00 Walking Group
2:30 Bingo
4:00 Hangman
6:00 Movie

19

9:15 Coffee and News
11:00 Hymns & Praise
2:00 Tyler Sings
4:00 Name that Tune
6:00 Jazz in the Living Room

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9:15 News and Coffee
10:00 Kickball
Lunch Bunch
2:30 Resident's Choice
4:00 Name that Tune
6:00 Jazz & Tea

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9:15 Coffee and News
11:00 Balloon Bop
2:15 Bingo
4:00 Happy Hour
6:00 Jerry Sings!

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9:30 News and Coffee
11:00 Morning Stretch
11:30 Light and Lively
2:30 Bingo
3:30 Carol Burnett
6:00 Walking Group

23

Sully's Birthday!
9:30 News and Coffee
11:30 Ball Toss
2:00 Hymn Sing
3:00 Church Service
6:30 Movie and Popcorn

24

9:15 Coffee and News
10:00 Brother Bob
11:00 Light and Lively
2:30 Corbin's Class
4:00 Words in a Word
6:00 Trivia

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9:15 Coffee and News
10:00 Bible Study with Paul
11:00 Walking Group Bowling!
3:30 Resident Council
6:00 Popcorn!

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Doris's Birthday!
9:15 Coffee and News
11:00 Hymns & Praise
2:30 Milkshake Madness
4:00 Trivia
6:00 Movie

27

First Day of Baseball
9:15 News and Coffee
10:00 Noodle Ball
Lunch Bunch
2:30 Taste the World
4:00 Name that Tune
6:00 Hangman

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9:15 News and Coffee
11:00 Noodle Ball
2:15 Bingo
4:00 Happy Hour
6:00 Walking Group

29

9:30 News and Coffee
11:00 Morning Stretch
11:30 Kickball
2:30 Bingo
3:30 Andy Griffith
6:00 Walking Group

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