

WE ARE HERE TO HELP

Annessa Pruisman- Director
Jenny Engel- RN Coordinator
Karryn McQueen- Community Relations
Jim Runner- Kitchen Manager
Lisa Goettsch- Life Enrichment Coordinator
Steve Brouwer- Maintenance
Taylor Lundquist- Housekeeping

Ames

HAPPENINGS

MARCH

Looking Back on February

We had a awesome Valentines Day. Crowned King & Queen Couple were, Donnie & Marie Rodgers. Their love could fill an ocean. Next were our individual King & Queen. Crowned were, Bernard (Bernie) Gerstien and Mary Lou Hines. Two truely fantastic people.



Let Me Introduce Myself



My name is Lisa Goettsch. I'm originally from Arizona, but spent most of my life in Southern California. That's where I met and married my husband, whom was in the military. After his duty was over, we opened a business and raised two beautiful children.

Like the seasons, life is ever changing. So it has lead my family to Webster City, my husbands home town. I love Iowa and the people. So genuine. I look forward to meeting and buliding relationships will all of you and your families.



Bickford
assisted living



MARCH RESIDENT BIRTHDAYS

March 11- Phil VandeVoorde
 March 11- Wanda Schnurr
 March 20- Barbara Erickson
 March 20- Patty Popelka
 March 27- Beatrice Nizzi

Happy Birthday from your
 Bickford Family Members!
 We hope each and every
 one of you have an
 amazing Birthday!



March

10a Powersice
 10:45 Fun Facts
 2p Church
 6p Kings Korner
 31

10a Chair Yoga
 10:45 Coffee Social
 2p Church
 6p Word Scramble
 3

10a Powersice
 10:45 Brain Teasers
 2p Church
 6p Puzzel Fun
 10

St. Patrick's Day
 10a Sittercise
 10:45 Question Ball
 2p Church
 6p UNO
 17

10a Senior Motion
 10:45 Crazy 8's
 2p Church
 6p Color Craze
 24

9:30a Noodle Ball
 10:15 Devotions
 2p BINGO
 6p Sing Along
 4

9:30a Dust it Off
 10:15 Devotions
 2p BINGO
 6:15p 2nd Chair Brass
 11

9:30a Chair Yoga
 10:30a Residents Council Meeting
 2p Luke Farland
 6p Wheel of Fortune
 18

9:30a Chair Exercises
 10:15 Devotions
 2p BINGO
 6p Adult Coloring
 25

9a Manicures
 10:30a Powersice
 11:30 Lunch Outing
 6p Adult Coloring
 5

9a Manicures
 10:30a Chair Yoga
 2:30p Monthly Birthday Party
 6p Sing Along
 12

9a Manicures
 10:30a Movin' & Grovin'
 2:00p Pen Pal Writing Club
 6p Puzzel Fun
 19

9a Manicures
 10:30a Noodle Ball
 2p Bickford Bakers
 6p Crazy 8's
 26



Casino Fun
 10a Bible Study
 1:30p BINGO
 6p Puzzel Fun
 6

9:30a Noodle Ball
 10a Bible Study
 1:30p BINGO
 6p Wheel of Fortune
 13

9:30a Dust it Off
 10a Bible Study
 1:30p BINGO
 6p Crazy 8's
 20

9:30a Seated Soccer
 10a Bible Study
 1:30p BINGO
 6p Sing Along
 27

9:30a Chair Exercises
 10a Bickford Bakers
 2p Got It!
 6p Crazy 8's
 7

9:30a Walk & Talk
 10:30a The Giving Tree
 2p Pat Lydon
 6p Adult Coloring
 14

9:30a Senior Motion
 10a Bickford Bakers
 2:00p Question ball
 6p Puzzel Fun
 21

First Day of Baseball
 9:30a Walk & Talk
 10:30a Tell Me A Yarn
 2:00p Bean Bag Toss
 6p Wheel of Fortune
 28

9:30a Chair Exercises
 10:15a Chaplain Visits
 2p Dave Gray
 6p Friday Night Movie
 1

9:30a Senior Motion
 10:15a Chaplain Visits
 2:00p Tea Social
 6p Friday Night Movie
 8

9:30a Seated Soccer
 10:15a Chaplain Visits
 2:00p Take a Break
 6p Miles Morgan
 15

9:30a Chair Exercises
 10:15a Chaplain Visits
 2:00p Donuts & Chat
 6p Friday Night Movie
 22

9:30a Senior Motion
 10:15a Chaplain Visits
 2p Mike Lozano
 6p Friday Night Movie
 29

10a Sittercise
 10:30a Trivia Time
 1:15 Bean Bag Toss
 7p Lawrence Welk
 2

10a Chair Yoga
 10:30a Coupon Clippers
 1:15 Sing Along
 7p Lawrence Welk
 9

10a Powersice
 10:30a Word Search
 1:15 Wheel of Fortune
 7p Lawrence Welk
 16

10a Senior Motion
 10:30a Tickle Your Brain
 1:15p I Got It!
 7p Lawrence Welk
 23

10a Walking Club
 10:30a Trivia
 1:15p Puzzle Fun
 7p Lawrence Welk
 30