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"The March wind roars like a lion in the sky  
And makes us shiver as he passes by.  
When winds are soft and the days are warm and clear,  
Just like a gentle lamb, then spring is here."

- Author Unknown

Middletown

HAPPENINGS  
MARCH

*March Birthdays*

Clarice Russell 3-1	Dale Ferguson 3-27
Martha Barnett 3-8	Minnie Watt 3-28
Pat Coldiron 3-10	Sandra Horne 3-28
Florence T 3-13	Nancy Pendelton 3-29
Barbara Guttermuth 3-25	Ginny Getter 3-31

*March*

March's Full Moon

The full moon of March is known by a few names. Some Native American tribes call it worm moon because, as the temperature warms and the ground begins to thaw, earthworms appear, which brings the return of the robins. Others call it the full crow moon because the cawing of crows signals the end of winter.

American Robin  
Bird of the Month

Robins are one of the most widespread and common birds in North America. They are migratory but will overwinter in place if they have a reliable food source. In colder weather, they forage for nuts and berries. When the ground is thawed, robins start digging for worms. This is how robins became a symbol of springtime. They also start to sing in the early spring to attract a mate.

*Bickford*  
assisted living  
& memory care



9 Morning Worship  
10:30 Fitness  
11 Word Puzzles  
1:30 Bingo  
3 Guess the Word?  
6 Puzzle Time!

31



# March



9 Morning Worship  
10:30 Fitness  
11 Word Puzzles  
1:30 Bingo  
3 Guess the Word?  
6 Puzzle Time!

3

9 Hot Chocolate/Trivia  
10:30 Fitness  
11 Adult Coloring  
1:30 Bingo  
3 Cooking Club  
6 Putting

4

Mardi Gras  
8 Pancake Party  
11 Mardi Gras Parade  
1:30 MARDI Gras  
Bingo  
3 Mardi Gras Puzzles  
6 Cards

5

Casino Fun  
10:30 Casino Games  
2 Casino Performance  
Act  
3:30 Casino Bingo  
6 Casino Movie

6

10 Shopping Trip 10:30  
Fitness  
11 Word Games  
1 Bingo  
2 Tea Time  
3 Bible Club  
6 Putting

7

9 Current Events  
10 Tone Up  
11 Guess the Word  
1:30 Bingo  
3 Crochet/Knitting  
Club  
6 Puzzle Time

1

**The Cat in the Hat Day**  
10:30 Fitness  
1:30 Bingo  
3 Make cat in the hat cookies  
6 Cinema Time

2

9 Morning Worship  
10:30 Fitness  
11 Word Puzzles  
1:30 Bingo  
3 Guess the Word?  
6 Puzzle Time!

10

9 Hot Chocolate/Trivia  
10:30 Fitness  
11 Adult Coloring  
1:30 Bingo  
3 Cooking Club  
6 Putting

11

9 Bible Study  
10:30 Fitness  
11 Poetry Corner  
1:30 Bingo  
2:30 Manicures  
4 Nix the Six (Dice Game)

12

9 Coffee Club  
10:30 Fitness  
11Cranium Crunches  
1:30 Bingo  
3 Musical  
Performance  
3 Communion  
6 Cinema Time

13

10 Shopping Trip 10:30  
Fitness  
11 Word Games  
1 Bingo  
2 Tea Time  
3 Bible Club  
6 Putting

14

9 Current Events  
10 Tone Up  
11 Guess the Word  
1:30 Bingo  
3 Crochet/Knitting  
Club  
6:30 Musical  
Performance

15

**Quilting Day**  
10:30 Fitness  
1:30 Bingo  
3 Paper Quilt/Show  
your favorite Quilt  
6 Cinema Time

16

St. Patrick's Day  
9 Morning Worship  
10:30 Fitness  
11 Truth or Blarney?  
2 Musical  
Performance  
3 St.Pat.Hangman

17

9 Hot Chocolate/Trivia  
10:30 Fitness  
11 Adult Coloring  
1:30 Bingo  
3 Cooking Club  
6 Putting

18

9 Bible Study  
10:30 Fitness  
11 Poetry Corner  
1:30 Bingo  
2:30 Manicures  
4 Nix the Six (Dice Game)

19

9 Coffee Club  
10:30 Fitness  
11Cranium Crunches  
1:30 Bingo  
3 Craft Club  
3 Communion  
6 Cinema Time

20

10 Shopping Trip 10:30  
Fitness  
11 Word Games  
1 Bingo  
2 Tea Time  
3 Bible Club  
6 Putting

21

9 Current Events  
10 Tone Up  
11 Guess theWord  
1:30 Birthday Party  
2 Musical  
Performance  
6 Puzzle Time

22

**Chip & Dip Day**  
10:30 Fitness  
1:30 Bingo  
3 Dippy Day Social  
6 Cinema Time

23

9 Morning Worship  
10:30 Fitness  
11 Word Puzzles  
1:30 Bingo  
3 Guess the Word?  
6 Puzzle Time!

24

9 Hot Chocolate/Trivia  
10:30 Fitness  
11 Adult Coloring  
1:30 Bingo  
3 Cooking Club  
6 Putting

25

9 Bible Study  
10:30 Fitness  
11 Poetry Corner  
1:30 Bingo  
2:30 Manicures  
4 Nix the Six (Dice Game)

26

9 Coffee Club  
10:30 Fitness  
11Cranium Crunches  
1:30 Craft Club  
3 Bingo  
3 Communion  
6 Cinema Time

27

First Day of Baseball  
10:30 Seventh Inning  
Stretch  
11 Base Ball Game  
1 Baseball Bingo  
2 Base Ball Snacks  
3 Bible Club  
6 Baseball Puzzle

28

9 Current Events  
10 Tone Up  
11 Guess the Word  
1:30 Bingo  
3 Crochet/Knitting  
Club  
6 Puzzle Time

29

**Hurray for Charlie Brown! Day**  
10:30 Fitness  
1:30 Bingo  
3 Caption This!  
6 Peanuts movie

30