

## March Special Days

- 5- Mardi Gras
- 6- Ash Wednesday
- 10- Day Light Savings
- 14- Pi Day
- 17- St. Patrick's Day

Rocky River

# HAPPENINGS

MARCH

## Upcoming Events

We had a great February filled with love and laughter. Its no surprise who won the Super Bowl but we had a great time watching it. So many heart shaped sweets and cards for all. We learned the history of President's Day, and had some great performers! I can't wait to see what March will bring!

This month is filled with fun! Wednesday the 6th at 3:00pm we have are Mardi Gras themed Casino, Pie tasting on the 14th at 3:00pm and we also have our annuale chili cook off the 15th at 4:00pm! All proceeds go to alzheimers. Not to mention St. Patricks day and the first day of baseball! We're gonna have an amazing March.



*Bickford*  
assisted living  
& memory care

## Shannon's Chef Corner

Banana Sheet Cake  
serving size 38

### Ingredients

- Sugar 2 1/4 cups
- Sour Cream 12 1/2 oz
- Margarine 3/4 cups
- Eggs 3 eggs
- Bananas 2 1/4 cups  
mashed
- Extract, Vanilla,  
Imitation 3 tsp
- Flour 3 cups
- Baking Soda 1 1/2 tsp
- Frosting
- Margarine 3/4 cups
- Sugar, Powdered 3 2/3  
cups
- Extract, Vanilla,  
Imitation 3 tsp
- Milk 4 1/2 tbsps

### Procedure

- 1) Preheat oven to 375 degrees F. Cream together the sugar, sour cream and mararine in a bowl until smooth. Add in eggs, bananas and vanilla mix well.
- 2) Mix dry ingredients in a bowl, then combine with wet ingredients; stir until thoroughly mixed.
- 3) Bake on a greased baking sheet put in a preheated oven for 20 to 25 mins or until a toothpick inserted in the center comes out clean.
- 4)Frosting: Melt margarine in a sauce pan over low heat until light brown color. Remove from heat or transfer to a bowl. Add powdered sugar. Vanilla and milk. Mix well and frost the cake. Top with ground nuts if desired.



PIC-COLLAGE



A Irish Blessing

May the road rise up to meet you.

May the wind always be at your back.

May the sun shine warm upon you face,

And rains fall soft upon your fields.

And until we meet again,

May god hold you in the palm of his hand.



# March

9:00a Tea & Talk  
10:30a Prince of Peace Church Service  
2:30 Church with Jean and Marge  
4:00p Word Puzzles  
31

9:00a Tea & Talk  
10:30a Prince of Peace Church Service  
2:00p Sunday Stretches  
4:00p Word Puzzles  
3

9:00a Tea & Talk  
10:30a Prince of Peace Church Service  
2:00p Sunday Stretches  
4:00p Word Puzzles  
10

St. Patrick's Day  
9:00a Tea & Talk  
10:30a Prince of Peace Church Service  
2:00p Sunday Stretches  
4:00p Word Puzzles  
17

9:00a Tea & Talk  
10:30a Prince of Peace Church Service  
2:00p Sunday Stretches  
3:30p St. Patrick's Day performance by Jerry S.  
24

10:00a Rocky River Library Talk  
1:30p Bible Study  
2:00p Mind your Mind  
6:00p Meditation & Reflection  
4

9:00a Tea & Talk  
1:30p Bible Study  
2:00p Mind your Mind  
6:00p Meditation & Reflection  
11

9:00a Tea & Talk  
1:30p Bible Study  
2:00p Mind your Mind  
6:00p Meditation & Reflection  
18

9:00a Tea & Talk  
1:30p Bible Study  
2:00p Mind your Mind  
6:00p Meditation & Reflection  
25

8:00a Salon with Sherri  
9:00a Music with Lynne  
11:00a Silver Sneakers Yoga with Barbara  
1:30p Bingo  
5

8:00a Salon with Sherri  
9:00a Music with Lynne  
11:00a Silver Sneakers Yoga with Barbara  
1:30p Bingo  
12

8:00a Salon with Sherri  
9:00a Music with Lynne  
11:00a Silver Sneakers Yoga with Barbara  
1:30p Bingo  
19

8:00a Salon with Sherri  
9:00a Music with Lynne  
11:00a Silver Sneakers Yoga with Barbara  
1:30p Bingo  
26

8:00a Salon  
10:30a Mass at St. Chris  
2:00p Crafts with Weezie  
2:30p Flower Arranging Club  
3:00p Casino Fun  
6

8:00a Salon  
10:30a Mass at St. Chris  
1:30p Noodle Bop  
2:30p Flower Arranging Club  
4:00p Jigsaw Puzzle  
13

8:00a Salon  
10:30a Mass at St. Chris  
1:30p Noodle Bop  
2:30p Flower Arranging Club  
4:00p Jigsaw Puzzle  
20

8:00a Salon  
10:30a Mass at St. Chris  
1:30p Noodle Bop  
2:30p Flower Arranging Club  
4:00p Jigsaw Puzzle  
27

9:00a Tea & Talk  
10:00a Catholic Communion  
11:00a Church on the Move  
2:00p Veteran's Presentation  
4:00p Knitter's Korner  
7

9:00a Tea & Talk  
10:00a Catholic Communion  
11:00a Church with Lee  
3:00pm Pie Tasting  
4:00p Knitter's Korner  
14

9:00a Tea & Talk  
10:00a Catholic Communion  
11:00a Church on the Move  
4:00p Knitter's Korner  
21

First Day of Base Ball  
9:00a Tea & Talk  
10:00a Catholic Communion  
11:00a Church with Lee  
2:00p Zumba  
4:00p Knitter's Korner  
28

9:30a Sandy and Mickey Come Visit!  
11:00a Sittercise  
2:00pm Sports Talk  
6:00p Meditation Reflection  
1

9:30a Sandy and Mickey Come Visit!  
11:00a Sittercise  
1:30 Music Thrapy with Mary  
6:00p Meditation Reflection  
8

9:30a Sandy and Mickey Come Visit!  
11:00a Sittercise  
1:30 Music Thrapy with Mary  
4:00p Chili Cook Off  
15

9:30a Sandy and Mickey Come Visit!  
11:00a Sittercise  
1:30 Music Thrapy with Mary  
6:00p Meditation Reflection  
22

9:30a Sandy and Mickey Come Visit!  
11:00a Sittercise  
2:00pm Sports Talk  
6:00p Meditation Reflection  
29

9:00a Tea & Talk  
10:00a Saturday Morning Manicures  
1:30p Joy Ride  
6:00p Resident Choice Movie  
2

9:00a Tea & Talk  
10:00a Saturday Morning Manicures  
1:30p Joy Ride  
6:00p Resident Choice Movie  
9

9:00a Tea & Talk  
10:00a Saturday Morning Manicures  
2:00pm St. Patricks Day Drinks  
6:00p Resident Choice Movie  
16

9:00a Tea & Talk  
10:00a Saturday Morning Manicures  
1:30p Joy Ride  
6:00p Resident Choice Movie  
23

9:00a Tea & Talk  
10:00a Saturday Morning Manicures  
1:30p Joy Ride  
6:00p Resident Choice Movie  
30

