

# It's Super Bowl Time!

Come join us for a Super Bowl party!

February 3, 2019  
5:30 pm

Champaign

# HAPPENINGS

FEBRUARY

## Love is in the Air!

### Dark-Chocolate Truffles

#### Ingredients:

- 9-ounces chocolate (bittersweet, finely chopped)
- 2/3 cup of cream
- 1 tsp vanilla extract
- 1/2 cup cocoa powder

#### Steps to Make It!

1. Gather ingredients
2. Prepare baking sheet, lining it with aluminum foil. Place chopped chocolate into a large bowl.
3. Place cream in a small saucepan and heat until bubbles appear around the sides of the pan. Pour cream over the chocolate and allow it to soften and melt the chocolate for one minute.

4. Whisk, to stir cream and chocolate together. Add vanilla and combine. \*Do not stir too much or you will incorporate air bubbles.

5. Cover the mixture and allow to cool to room temperature. Once cool, refrigerate until firm (about 2hrs)

6. Form small 1-inch balls from the ganache and place them on the prepared baking sheet. Return to the refrigerator to chill for another hour.

7. Place cocoa powder in a small bowl. Place truffles in cocoa and roll until coated. Place truffles back on the baking sheet and store finished product in the refrigerator.

  
Bickford  
assisted living  
& memory care

### Valentine's Day Facts:

- Every year more than 36 million heart shaped boxes of chocolate are sold across the country.

- Don't forget about your pets! Every year, around 9 million people buy their pets a Valentine's Day gift.

- Hallmark was one of the first to mass produce a Valentine's Day card, all the way back in 1913.

- Teachers receive the most Valentine's Day cards, followed by kids, mothers, wives and girlfriends.

### Flower Facts:

- The only other day that beats Valentine's Day in floral sales is Mother's Day.

- The most likely flower to be purchased? Red roses of course!

- Would you believe that young people are leading the trend in floral sales? In 2016, 63% of those buying were under the age of 35.

- Ordering a bouquet? Have it tied in lace. The word "lace" comes from the Latin *laques*, meaning "to snare or net," as in to catch a person's heart.



# Happy Birthday!

- 4 - Kendall K. (C)
- 6 - FairiceDeffenbaugh (R)
- 19 - Rashawnda B. (C)
- 21 - Don Surber (R)

(R) Resident  
(C) Caregiver

# Happy Work Anniversary!

- 11 - Ceci (3 years)
- 27 - Emily (1 year)

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# February

**SUPERBOWL PARTY**  
9:45a Word Search  
11a Fitness for the Ages  
3p Church  
5:30p Superbowl Party 3

9:45a Coffee & Chat  
10a Read Aloud  
11a Exercise  
2p Bingo  
3p Movie & Popcorn 4

9:15a Morning Headlines  
10a Manicures  
11a Exercise  
1p Balance Class  
3p Bible Study 5

9a Coffee & Chat  
10a Card Game  
11a Exercise  
1p Balloon Volleyball  
3p Movie & Popcorn 6

9:15a Morning Headlines  
11a Exercise  
1p Balance Class  
2p Therapy Dog  
3p Movie & Popcorn 7

9:15a Coffee & Donuts  
11a Exercise  
1p Guitar w/ John  
3:30p Happy Hour  
7p Movie Night 8

10a Piano w/ Dee  
11a Exercise  
1p Word Storm  
3p Movie & Popcorn 9

9:45a Word Search  
11a Fitness for the Ages  
1p Ball Toss  
2p Lemonade & Chat  
3p Church Service 10

9:45a Coffee & Chat  
10a Read Aloud  
11a Exercise  
2p Bingo  
3p Movie & Popcorn 11

9:15a Morning Headlines  
11a Exercise  
1p Balance Class  
2p Seated Soccer  
3p Bible Study 12

9a Coffee & Chat  
10a Card Game  
11a Exercise  
12p Lunch Raffle  
\*Steak & Shake\*  
2p Music w/ Marty Williamson 13

**VALENTINE'S DAY**  
9a Morning Headlines  
11a Exercise  
1p Valentine's Party  
2p Therapy Dog  
3p Popcorn & Movie 14

9:15a Coffee & Donuts  
11a Exercise  
1p Guitar w/ John  
3:30p Happy Hour  
7p Movie Night 15

9a Manicures  
10a Piano w/ Dee  
11a Exercise  
1p Word Storm  
3p Movie & Popcorn 16

9:45a Word Search  
11a Fitness for the Ages  
1p Ball Toss  
2p Lemonade & Chat  
3p Church Service 17

**PRESIDENT'S DAY**  
9a Coffee & Chat  
10a Kitchen Sink Band  
11a Exercise  
2p Bingo  
3p Movie & Popcorn 18

9:15a Morning Headlines  
11a Exercise  
1p Dan Ryan Express  
3p Bible Study 19

9a Coffee & Chat  
10a Card Game  
11a Exercise  
2p Resident Council  
3p Movie & Popcorn 20

9a Morning Headlines  
11a Exercise  
1p Balance Class  
2p Therapy Dog  
3p Hank & Friends 21

9:15a Coffee & Donuts  
11a Exercise  
1p Guitar w/ John  
3:30p Happy Hour  
4:15p Music w/ Angelika 22

10a Piano w/ Dee  
11a Exercise  
1p Word Storm  
3p Movie & Popcorn 23

9:45a Word Search  
11a Fitness for the Ages  
1p Ball Toss  
2p Lemonade & Chat  
3p Church Service 24

9:45a Brain Teaser  
10a American Legion Auxillary Visit  
11a Exercise  
1p Read Aloud  
2p Bingo  
3p Movie & Popcorn 25

9:15a Morning Headlines  
10a Card Game  
11a Exercise  
2p Music w/ Bridget  
3p Bible Study 26

9a Coffee & Chat  
11a Exercise  
12p Lunch Raffle  
\*Chinese\*  
3p Movie & Popcorn 27

9a Morning Healines  
11a Exercise  
1p Balance Class  
2p Therapy Dog  
3p Birthday Party 28

