

Support Group



A valuable step toward handling the challenges of a loved one's Alzheimer's or Dementia is connecting with others in similar situations.

Vitas Helathcare Support Group gives you the opportunity to learn from family member's who have been in your position. In addition to receiving encouragment and hearing personal experiences, you can also learn what to expect and how to best plan for your loved ones. A support group can reduce stress and feelings of anxiety of uncertainty- helping you to keep calm and carry on.

Chaplin Wayne Odle and Renata Cichowicz from Vitas Healthcare will be hosting Support Groups on the last Tuesday of every month from 6:00PM-7:00PM.

R.S.V. P. is not necessary, but much appreciated.

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