



Omaha Blondo HAPPENINGS

FEBRUARY

The Month of Love

February is the time we celebrate **LOVE** and the **SUPER BOWL!**

We will be rooting for our favorite team on Febr. 3rd and watching the 53rd Super Bowl! Please join us in our Living Room for a great game.

Even if you don't like football- come hang out and watch the commercials!!

Please review the activity calendar. If you have any ?'s on events, please contact Cindy at 402-491-0400.

We're hoping you're able to stop out on **Sunday, Febr. 10th at 2:30** to have a special Bickford Valentine Visit. We'll be serving coffee & dessert, and at 3 Alex will be playing the piano for us. Come enjoy the afternoon with your favorite Bickford Valentine!

Suggestions for Valentine's gifts that are always appreciated are: toiletries (soap, shampoo, body wash, etc.), warm socks, sweaters, and lap blankets.



STAY WARM

Bickford-Blondo was again selected to be a clinical location for the Methodist College Accelerated Nursing Program. The students will do vitals, social/physical review, dining duties, CNA cares, and Activity functions. If you have ?'s, please contact Alexis, RNC, at 402-491-0400. The students will be here twice a week for a month.

Just a reminder- if you're not feeling well- **PLEASE DO NOT VISIT!** It is still flu season- and we want to remain healthy!

Winter is here! Over the past month we've stayed warm and indoors!! We've enjoyed many fun entertainers, played games, exercised daily, church and bible study, massages, and enjoyed tasty hot drinks and great conversations daily!

One of our January highlights was a Historian from Boys Town. What a great presentation! Omaha is truly blessed to have such an amazing treasure that helps so many.



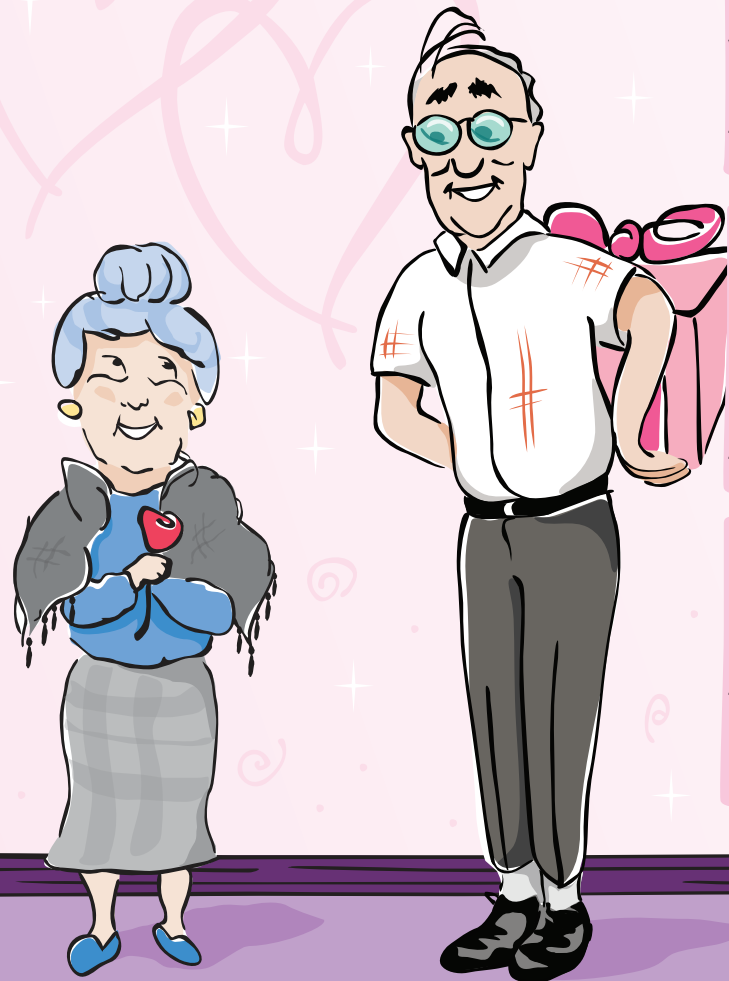
February Birthdays:

Betty Greco - 2/10
 Doris Mohr - 2/22
 Cookie Rogers - 2/29

Wishing all our friends & family
 a Valentine's Day filled with
 love & peace.

Our Facebook Address is:
[facebook.com/bickford/blondo](https://www.facebook.com/bickford/blondo)

Our Blog Address is:
enrichinghappiness.com/omaha/blondo



February

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10:30a Exercises
 11:15a Catholic Services
 1:15p Manicures
 4p Pastor Mark
 5p **SUPER BOWL** 3

10:30a Monday Moves
 11a World Cancer Day
 2p **Bob Ford-Music**
 5:45p Walking Club & Pastor Ron 4

10:30a Body Pump
 11a Chinese New Year
 1:30p **Christine Coulson - Music**
 6:15p Bingo 5

8a **Nursing Students**
 10:45a Visits w/Pastor Laura
 1:30p Rosary w/Barb
 6p Walking Wednesday 6

8a Nursing Students
 11a Piano Medley
 2p **Mission Belle Singers**
 6:15p Wii Games 7

10:30a Friday Fit
 11a Friday Funnies
 2p **Amy Cerny - Music**
 6p Wheel of Fortune 8

10:30a Fitness Craze
 11a **Happy Groundhog Day!**
 2p Winter Fun
 6p Lawrence Welk 2

10:30a Exercises
 11:15a Catholic Services
 2:30p **Bickford Valentine**
 3p **Alex - Piano**
 4p Pastor Mark
 8p 61st Grammys 10

10:30a Bend & Stretch
 11a Week Preview
 2p **All Saints Communion Service**
 5:45p Walking Club & Pastor Ron 11

10:30a Powercise
 11a Abraham Lincoln B-Day
 2p **Valentine's Crafts**
 6:15p Bingo 12

8a Nursing Students
 10:45a Pastor Laura
 1:00 - **Joslyn Elem. 4th Grade Visit**
 1:30p Rosary w/Barb
 2p **Joe Taylor - Entertainer** 13

Valentine's Day
 8a Nursing Students
 11a Love Poems
 2p **Dick Sladkey's Love Songs**
 6:15p Valentine Word Games 14

10:30a AM Stretches
 11a Tell All
 2p **Dennell - Entertainer**
 6p Puzzle Time 15

10:30a Weekend Bootcamp
 11a Current Events
 2p Game Time
 6p Lawrence Welk 16

10:30a Exercises
 11:15a Catholic Services
 12:00p **Daytona 500 - 61st Race**
 1:15p Manicures
 4p Pastor Mark 17

President's Day
 10:30a Sittercise
 11a Patriotic Music
 2:30p **B-Day Party**
 5:45p Bickford Walking Club & Pastor Ron 18

10:30a Rise & Shine
 11a Midwest Biography
 2p **Jim - Guitar**
 6:15p Bingo 19

8a Nursing Students
 10:45a Visits w/Pastor Laura
 1:30p Rosary w/Barb
 2p **Fontenelle Forest Event** 20

8a Nursing Students
 10:30a PE Time
 3:15p **Rod- Massage Therapist**
 6:15p Pictionary 21

10:30a Presidential Twists & Turns
 11a George Washington B-Day
 2p **Chair Dancing**
 6p Movie Matinee 22

10:30a Strength & Stretch
 11a Saturday Sillies
 2p **Joel - Piano Man**
 6p Lawrence Welk 23

10:30a Exercises
 11:15a Catholic Services
 1:15p Manicures
 4p Pastor Mark
 7p **91st Oscars** 24

10:30a Hustle & Bustle
 11a Brain Freeze
 2p **Spelling Bee**
 5:45p Bickford Walking Club 25

10:30a AM Workout
 11a Grand Teton Park Est. - 1929
 3p **Resident Council**
 6:15p Bingo 26

8a Nursing Students
 10:30a **Punching & Grunting!**
 1:30p Rosary w/Barb
 6:30p **PAWS Pet Visits** 27

8a Nursing Students
 10:30a Energy Moving
 11a Monthly Review
 2p **Jams w/Johnny**
 6:15p Boggle 28

