

Bickford's Dementia & Alzheimer's Program

Lifesong We want to know the things that have been important to your loved one. This information is collected in a My Lifesong document given to you for completion. The document is reviewed and updated to be utilized in all aspects of our dementia program. Understanding your loved one's history and the things that are important to them will greatly increase the quality of caregiving tasks and make daily interactions with them more meaningful.

## Mary B's

As the years have gone by, we have collected a growing knowledge of residents' needs with dementia and have built a community composed of smaller, more intimate settings that sets the stage to help them reconnect with their Lifesongs. This special space, called Mary B's, is composed of a dedicated and intimate setting, resident safety and security, specialized dementia training for caregivers, visual and verbal communication techniques and validation therapy.

## Cuetivities

Residents with dementia will seek to be busy in a variety of ways, whether it is wandering, rummaging or exit-seeking, these are their efforts to be active. As your loved one participates in an increased number of meaningful and purposeful activities throughout the day, they will experience enhanced daytime engagement, better nighttime sleep patterns and improved overall behaviors. We call these specialized activities that cue meaningful moments - Cuetivities.



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