

**Health Advice from Nurse Heidi**  
 At this time of year it's important to remember we can experience upper respiratory problems, colds, flu's, sinus infections. If you are not feeling well, please stay in your apartment. Please encourage visitors who are not feeling well to stay home. Also, remember washing your hands is the best deterrent to stopping the spread of germs. Be sure to cover your cough!

Clinton

# HAPPENINGS

FEBRUARY

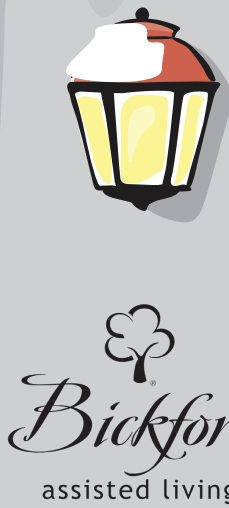
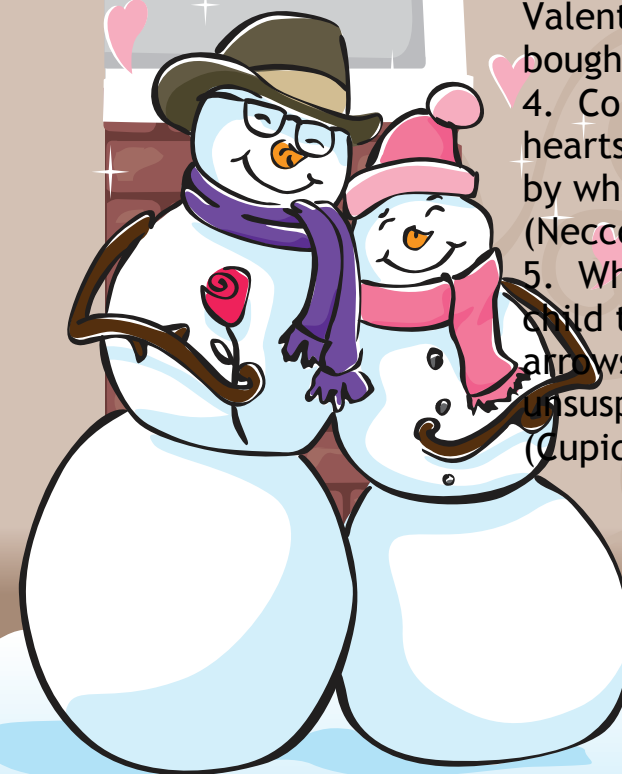
## Valentine's Day Trivia

1. What state produces a majority of America's roses? (California)
2. What is the most popular way to say "Be Mine"--flowers, cards or candy? (candy)
3. What percent of flowers bought on Valentine's Day are bought by men? (65%)
4. Conversation hearts were first made by what company? (Necco)
5. What is the winged child that shoots love arrows at the unsuspected? (Cupid)
5. Who is Mickey Mouse's valentine? (Minnie)
6. True or false; Valentine's Day is largest card giving holiday? (False)
7. What state has a town called Valentine? (Nebraska)
8. The name Valentine originated in what cultural language? (Latin)
9. The giving of Valentines started during which century? (17th)
10. How much does the average American spend on Valentine's Day? (\$75.00)

## February Fun Facts

Many 'firsts' happened in February---Some of which are:  
 2004 Facebook first launches, 1968 Mr. Rogers Neighborhood debuted, 1962 John Glen first American to orbit earth, 1959 first Barbie doll for sale in stores, 1935 Monopoly boards go on sale, 1910 Boy Scouts founded, 1878 Phonograph patented by Thomas Edison, and 1849 Gold Seekers arrived in California...

Flower of the month is the Iris...The birthstone is the Amethyst. Zodiac is Aquarius the 1-18th and Pisces the 19-28th. what's lucky in February? Color-----Violet Day----Monday Number----7 Letters----L & B Bird----Robin February Quote Love is an endless mystery, for it has nothing else to explain it. Rabindranath Toogore



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# February



Super Bowl Party  
 10am Exercise DVD  
 11am Coloring Club in the Activity Room  
 1:30pm Marketplace Ministries Church Service  
 PM Watch Super Bowl and enjoy Treats **3**

10am Exercise/Trivia  
**11am Bible Study-Jim**  
**11:30pm Ann on Piano**  
 1:30pm Uno Card Game  
 2:45 Balloon Volleyball in the Family Room  
**3:00pm Rosary with Joyce by Bird Aviary** **4**

10am Exercise/Trivia  
 11am Manicures/Buffering in the Activity Room  
 1:30pm Bingo Game in the Activity Room  
**2:30 Apartment Visits with Chaplain Gloria**  
 3pm Sing-A-Long in the Activity Room **6**

10am Exercise/Trivia  
 11am Make a Valentine Craft-Activity Room  
 1:00pm Po-Ke-No Game in the Activity Room  
 2pm Concert DVD in the Family Room  
 3pm Snow Ball Fight **6**

10am Exercise/Trivia  
 11 Manicures/Buffering  
 1:30pm Bingo Game in the Activity Room  
 2:45pm Read-A-Loud by the Bird Aviary  
**4/5:45 Visits & Bible Study with Roland** **7**

9:30 Catholic Mass  
 10 Exercise/Trivia/Eye Glass Cleaning  
 11am Make Valentine Gifts for guests  
 1:30pm Bunco/Pig Games in Activity Room  
 3:00 Refreshment in Activity Room **8**

10am Stretch Yoga DVD in Family Room  
 11am Adult Coloring Club in Activity Room  
 1:30pm Bingo with Brenda-Activity Room  
 3pm Movie & Popcorn  
 7pm Lawrence Welk **2**

10am Stretch Yoga DVD in Family Room  
 11am Adult Coloring Club in Activity Room  
 1:30pm Marketplace Ministries Church Service  
 3pm Movie & Popcorn **10**

10am Exercise/Trivia  
**11am Bible Study with Jim-Activity Room**  
 1:30pm Uno Card Game  
 2:45 Make Valentine Gifts and Cards  
**3:00 Rosary with Joyce by the Bird Aviary** **11**

10am Exercise/Trivia  
**11am Music with Scott**  
 1:30pm Bingo Game in the Activity Room  
**2:30pm Apartment Visits with Chaplain Gloria**  
 2:45 Women's Facials in the Activity Room **12**

10am Exercise/Trivia  
**10:45 Jill with Clinton County Conservation**  
 1:30pm Po-Ke-No Game in the Activity Room  
 3pm Manicures/Buffering/Foot Baths **13**

Valentine's Day  
 10am Exercise/Trivia  
 11am Make Fudge & Pass out Valentine Bags  
 1:30pm Lovely Bingo Game  
 3:00pm Sing-A-Long with the Good Romantic Songs of the past!  
 4/5:45 Visits & Bible Study with Roland **14**

9 Catholic Communion  
 10 Exercise/Trivia/Eye Glass Cleaning  
 11am Let's make Cookies  
 1:30pm Bunco/Left, Right, Center Games  
**3:00 Music with Randy's Gospel Quartet** **15**

10am Stretch Yoga DVD in Family Room  
 11am Adult Coloring Club in Activity Room  
 1:30pm Bingo with Brenda-Activity Room  
 3pm Movie & Popcorn  
 7pm Lawrence Welk **16**

10am Stretch Yoga DVD in Family Room  
 11am Adult Coloring Club in Activity Room  
 1:30pm Marketplace Ministries Church Service  
 3pm Movie & Popcorn **17**

President's Day  
 10am Exercise/Trivia  
**11am Bible Study with Jim-Activity Room**  
 1:30pm Uno Card Game in the Activity Room  
**2:30 Rosary with Joyce and Kay** **18**

10am Exercise/Trivia  
 11am Manicures/Buffering in the Activity Room  
 1:30pm Bingo Game  
**3:00 Sing-A-Long with Chaplain Gloria in the Family Room**  
 3:15 Bus Ride Today! **19**

**9am Trip to Windmill Cultural Center for a Presentation followed by lunch outing**  
 1:30pm Po-Ke-No Game  
 3:00pm Exercise/Trivia in the Family Room **20**

10am Exercise/Trivia  
 11 Manicures/Buffering  
 1:30pm Bingo Game in the Activity Room  
 2:45pm Read-A-Loud by the Bird Aviary  
**4/5:45 Visits & Bible Study with Roland** **21**

9 Catholic Communion  
 10 Exercise/Trivia/Eye Glass Cleaning  
 11am Let's make Banana Bread!  
 1:30 Bunco/Pig Games in the Activity Room  
 3pm Margarita's & chips **22**

10am Stretch Yoga DVD in Family Room  
 11am Adult Coloring Club in Activity Room  
 1:30pm Bingo with Brenda-Activity Room  
 3pm Movie & Popcorn  
 7pm Lawrence Welk **23**

10am Stretch Yoga DVD in Family Room  
 11am Adult Coloring Club in Activity Room  
 1:30pm Marketplace Ministries Church Service  
 3pm Movie & Popcorn **24**

10am Exercise/Trivia  
**11am Bible Study with Jim-Activity Room**  
 1:00pm Uno Card Game  
**2Megan Massage Therapy in the Activity Room**  
**3pm Rosary with Joyce by the Bird Aviary** **25**

10am Exercise/Trivia  
 11am Manicures/Buffering/Adult Coloring Club  
 1:30pm Bingo Game in the Activity Room  
**2:45pm Apartment Visits with Chaplain Gloria**  
 3 Winter Hand Rub down for Chapped Hands **26**

10am Exercise/Trivia  
 11am Let's make Veggie Pizza! Yummy!  
 1:30pm Po-Ke-No Game in Activity Room  
 3pm Resident Council Meeting- Refreshment-Activity Room **27**

10am Exercise/Trivia  
 11am Make Floral Arrangements together!  
 1:30pm Bingo Game in the Activity Room  
 2:45 Read-A-Loud by the Bird Aviary  
**4/5:45 Visits & Bible Study with Roland** **28**

