

" January, The first month of the year,  
A perfect time to start all over again,  
Changing and deserting old moods,  
New beginnings, new attitudes."

~ Charmanine J. Forde

# Middletown HAPPENINGS

JANUARY

## January Birthday's

Nancy Deserisy 1-5	Priscilla Thomson 1-17
Betty Still 1-9	Thelma Fraley 1-25
Denzil Howard 1-10	Edna Phillis 1-26
Mindy Sinclair 1-15	Delight Slotwinski 1-30
Donald Kennedy 1-15	

## January

Ringin' in the New  
Year Around the  
World

Though we often use fireworks to celebrate the new year, Puerto Rican children throw water out the window at midnight to rid their homes of evil spirits. In France, a stack of pancakes is eaten for luck and good health. In Spain, it's tradition to eat 12 grapes at midnight—one for each strike of the clock and month of the year. What's your tradition?

Wolf Moon

January's full moon, which occurs on January 21, is commonly known as the wolf moon. It received its name because, amid the cold and deep snows of midwinter, the wolf packs howled hungrily outside early Native American Indian villages. Other names include "old moon" or "moon after Yule."



# January

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New Year's Day  
9 Good Luck, Donuts!  
10:30 Fitness  
11 Past Game  
1:30 Bingo  
3 Lucky Food-Cooking Club

1

9 Bible Study  
10:30 Fitness  
11 Poetry Corner  
1:30 Noodle Balloon  
2:30 Manicures  
6p Puzzle Time

2

9 Coffee Club  
10:30 Fitness  
11 Craft Club  
1:30 Bingo  
3 Communion  
6 Cards

3

10 Shopping trip  
10:30 Fitness  
11 Word Puzzles  
1 Bingo  
2 Cookies  
3 Bible Club  
6 Putting

4

9 Current Event's  
10 Tone Up  
1:30 Bingo  
3 Crochet/Knitting Club  
6 Putting

5

10:30 Fitness  
11 Send a Card  
1:30 Bingo  
3 Guess the word  
6 Cinema time

6

9 Morning Worship  
10:30 Fitness  
11 Adult Coloring  
1:30 Bingo  
3 Popcorn & Trivia  
6 Chat w/ neighbor by fireplace

7

9 Hot Choc./Trivia  
10:30 Fitness  
1:30 Bingo  
3:00 Cooking Club  
6 Dominos

8

9 Bible Study  
10:30 Fitness  
11 Poetry Corner  
1:30 Noodle Balloon  
2:30 Manicures  
6p Puzzle Time

9

9 Coffee Club  
10:30 Fitness  
1:30 Bingo  
3 Craft Club  
6 Cards

10

10 Shopping trip  
10:30 Fitness  
11 Word Puzzles  
1 Bingo  
2 Cookies  
3 Bible Club  
6 Putting

11

Hat Day  
(wear your favorite hat)  
9 Current Event's  
10:30 Fitness  
1:30 Bingo  
3 Tea Party(big hat)

12

10:30 Fitness  
11 Send a Card  
1:30 Bingo  
3 Guess the word  
6 Cinema time

13

9 Morning Worship  
10:30 Fitness  
11 Adult Coloring  
1:30 Bingo  
3 Popcorn & Trivia  
6 Chat w/ neighbor by fireplace

14

9 Hot Choc./Trivia  
10:30 Fitness  
1:30 Bingo  
2 Massages  
3:00 Cooking Club  
6 Dominos

15

9 Bible Study  
10:30 Fitness  
11 Poetry Corner  
1:30 Noodle Balloon  
2:30 Manicures  
6p Puzzle Time

16

9 Coffee Club  
10:30 Fitness  
1:30 Bingo  
3 Craft Club  
3 Communion  
6 Cards

17

10 Shopping trip  
10:30 Fitness  
11 Word Puzzles  
1 Bingo  
2 Cookies  
3 Bible Club  
6 Putting

18

9 Current Event's  
10 Tone Up  
1:30 Bingo  
3 Crochet/Knitting Club  
6 Putting

19

10:30 Fitness  
11 Send a Card  
1:30 Bingo  
3 Guess the word  
6 Cinema time

20

9 Morning Worship  
10:30 Fitness  
11 Adult Coloring  
1:30 Bingo  
3 Popcorn & Trivia  
6 Chat w/ neighbor by fireplace

21

9 Hot Choc./Trivia  
10:30 Fitness  
1:30 Bingo  
3:00 Cooking Club  
6 Dominos

22

9 Bible Study  
10:30 Fitness  
11 Poetry Corner  
1:30 Noodle Balloon  
2:30 Manicures  
6p Puzzle Time

23

Luau Party  
10:30 Fitness  
11 Luau craft necklace  
1:30 Luau Musical Performance  
2:30 Tropical Drinks

24

10 Shopping trip  
10:30 Fitness  
11 Word Puzzles  
1 Bingo  
2 Cookies  
3 Bible Club  
6 Putting

25

9 Current Event's  
10 Tone Up  
1:30 Residents B-Day  
2p Musical Performance  
3 Crochet/Knitting Club

26

Chocolate Cake Day  
10:30 Fitness  
1:30 Chocolate Cake Bingo  
3 Make your own cake  
6 Cinema time

27

9 Hot Choc./Trivia  
10:30 Fitness  
1:30 Bingo  
2 Massages  
3:00 Cooking Club  
6 Dominos

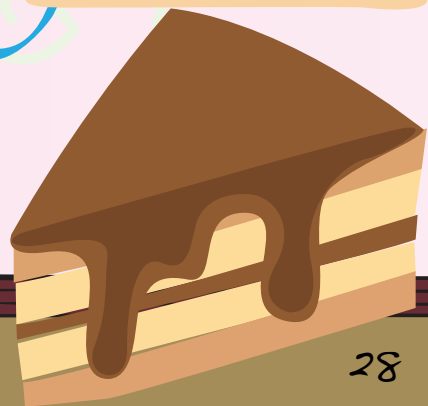
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9 Bible Study  
10:30 Fitness  
11 Poetry Corner  
1:30 Noodle Balloon  
2:30 Manicures  
6p Puzzle Time

30

9 Coffee Club  
10:30 Fitness  
1:30 Bingo  
3 Craft Club  
6 Cards

31



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