

BICKFORD SENIOR LIVING *Flu in the Branch ALERT*

To our Valued Family Friends and Visitors

Please follow these Guidelines to Minimize Exposure to the Flu:

- 1. Please do not visit the branch until your family member or friend is free of any cold or flu-like symptoms for at least 48hours.
- 2. Let the resident know you will visit as soon as you have recovered or consider a phone visit instead.
- 3. If you do wish to visit, Please see the Bickford nurse to help guide you in precaustions while visiting.

Symptoms to watch for:

- *Sore Throat, cough
- *Runny nose or increase congestion or headache
- *fever, chills, body aches and fatigue

*Please do not hesitate to check-in with the Bickford staff if you have any questions or concerns.

Thank you for your consideration and cooperation!

Family Christmas Party

Thank you to everyone who joined us and made this event Special!

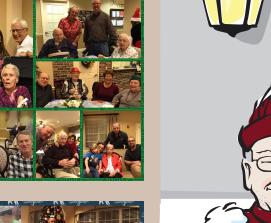






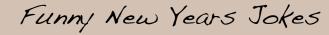










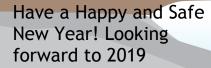


Happy New Year. Let's A Bad Dream? bring in 2019 with a good laugh here are some funny new year's Year's eve before the Jokes.

*New Years Resolution Prayers God, grant me the serenity to forget the people I never liked anyway, the good fortune to run into the think it all means?" ones that I do, and the "Aha, you'll know eyesight to tell the difference.

Dear Lord, So far this year I've done well, I haven't lost my temper, I haven't been greedy, grumpy, nasty, selfish, or over-indulgent. I'm very thankful for that. There in her hand But in a few minutes, Lord, I'm going to get out of bed, and from then on, I'm probably going to need a lot møre help, Amen.

Jenima was taking an afternoon nap on New festivities. After she woke up, she confided in her husband, "I just dreamed that you gave me a diamond ring for a New Year's present. What do you tonight," answered Max, smiling broadly, At Midnight, as the new year was chiming, Max approached Jenima and handed her a small package. Delighted and excited, she opened it quickly. rested a book titled "The Meaning of



Dreams".









January Birthdays Jannet Calvillo 22nd (BFM) Louise DeFuss 13th (BFM)

27th (Resident) Ingeborg Vruno Frederick Senkpeil 21st (Resident) Sandy Bish 31st (Resident)

Harriet Konetski 1st (Resident) 21st (Resident) Marilyn McNary

Bread Basket Corner

Fried Shrimp Dinner & Fresh Baked Bread





Pajama Day

1:30 Basketball Hoops

7:30 Blackhawks Ch665

Pajama Day

1:30 Basketball Hoops

6:00 Blackhawks Ch662/

10:15 T.V. Classics

10:15 T.V. Classics

10:30 Walgreens

2:30 Reminisce

10:00 Exercise

10:30 Walmart

2:30 Reminisce

10:00 Exercise



New Years Day

12:00 Blackhawks Ch.5

2:00 New Years Trivia &

3:00 New Year Puzzles

10:00 Tournament of

Roses Parade Ch.5

1:30 Exercise

Frozen Treats

10:30 Exercise

1:30 Nail Care

Frozen Treats

10:30 Exercise

2:00 Nail Care

Frozen Treats

9:30 Bulls Ch.9

10:30 Exercise

1:30 Nail Care

Frozen Treats

11:00 Art Corner

11:00 Game Corner

1:30 Resident Meeting

3:00 Random Trivia &

3:30 Popcorn & Movie

3:00 Category Trivia &

3:30 Popcorn & Movie

7:30 Blackhawks Ch.92

11:00 Art Corner

3:00 January IO &

3:30 Popcorn & Movie

10:30 Exercise 11:00 Mindstretch

1:30 Pet Therapy 2:00 Fly Swatter Volley 3:00 Communion

3:30 Popcorn & Movie 7:00 Bulls Ch.9 10:30 Exercise 11:00 Mindstretch

1:30 Pet Therapy 2:00 Fly Swatter Volley 3:00 Communion 3:30 Popcorn & Movie 7:00 Blackhawks Ch665 9:00 Bulls Ch.9

10:30 Exercise 11:00 Mindstretch 1:15 Lutheran Service 1:30 Pet Therapy 2:00 Fly Swatter Volley 3:00 Communion 3:30 Popcorn & Movies

10:30 Exercise 11:00 Mindstretch 1:30 Pet Therapy 2:00 Fly Swatter Volley 3:00 Communion 3:30 Popcorn & Movie 7:00 Bulls Ch.9 23

10:30 Exercise 11:00 Luau Craft 1:30 Luau Games 3:00 Prairie Point Kids 3:45 Tropical Smoothie 24

10:30 Exercise

11:00 Crossword

3:30 Mens Club

10:30 Exercise

11:00 Hat Craft

"Top Hat"

with Simone

11:00 Crossword

2:00 T.V. Classics

8:00 Bulls Ch.665

1:00 Library Outing

3:00 Prairie Point Kids

6:00 Blackhawks Ch665

Luau Party

1:30 Library Outing

2:30 Musical Ball Toss

6:00 Blackhawks Ch665

Hat Day

1:30 Musical Hat Game

2:15 Best Hat Contest

3:00 Prairie Point Kids

3:30 Popcorn & Movie

10:30 Music Exercise

3

10:30 Exercise

*ACTIVITIES ARE **SUBJECT TO CHANGE***

10:00 Exercise

10:15 Documentary

2:00 Praise & Prayer

3:00 Bean Bag Baseball

10:30 Salsa Verde

7:00 Bulls Ch.665

NFL Jersey Day 10:30 Exercise

10:30 Riverview 11:00 Who, What, 2:00 Praise & Prayer When? 3:00 Bean Bag Baseball 1:15 Guess Who? 7:00 Bulls Ch.9 2:00 Candy Bar Bingo

3:00 Bears Playoff Party

10:00 Exercise 10:30 Exercise 10:15 Documentary 11:00 Are you smarter 10:30 Red Robin than a 5th Grader? 2:00 Praise & Prayer 1:15 Guess Who? 3:00 Bean Bag Baseball 2:00 Snack Bingo 9:30 Bulls Ch.665

10:00 Exercise

10:15 Documentary

3:00 Popcorn & Movie 7:30 Blackhawks Ch.92 9:30 Bulls Ch.665

10:00 Exercise 10:15 Documentary 10:30 Piggy's BBQ 2:00 Praise & Prayer 3:00 Bean Bag Baseball

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10:30 Exercise 11:00 You be the Judge 1:15 Guess Who? 2:00 Dirty Bingo

3:00 Sing-A-Long

7:00 Bulls Ch.9

10:30 Exercise 11:00 Save the

Snowperson Game 1:15 Guess Who?

2:30 Community

Chocolate Cake Bingo 3:45 Popcorn & Movie

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OUTINGS = PURPLE

SPECIAL EVENTS & ACTIVITIES =BLUE

SPORTS GAMES= **GREEN**

January

Bears Jersey Day

10:30 Exercise DVD 11:00 Word Puzzles 2:00 Hymn & Prayer 2:30 Bulls Ch.665 3:30 Bears Playoff Ch.5

10:30 Exercise DVD 11:00 Word Puzzles 3:00 Popcorn & Movie

10:30 Exercise DVD 11:00 Word Puzzles 11:30 Blackhawks Ch.5 2:00 Hymn & Prayer 3:00 Popcorn & Movie

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Pajama Day

10:00 Exercise 10:15 T.V. Classics 10:30 Walgreens 12:00 Bulls Ch.665 1:30 Basketball Hoops

2:30 Reminisce

Pajama Day 10:00 Exercise 10:15 T.V. Classics 10:30 Target 1:30 Basketball Hoops 2:30 Reminisce 28

10:30 Exercise 11:00 Game Corner 1:30 Nail Care Social with Rose 3:30 Popcorn & Movie 6:30 Bulls Ch.9

10:00 Exercise 10:30 Fire Drill 11:00 Mindstretch 1:30 Pet Therapy 2:00 Fly Swatter Volley 3:00 Communion 3:30 Popcorn & Movies 6:30 Bulls Ch.665

11:00 Crossword 1:30 Library Outing 2:00 Musical Ball Toss 3:00 Prairie Point Kids 3:30 Facials with Elsa

