



**INGREDIENTS**

- \* 2 cups vanilla ice cream
- \* 1/2 cup milk
- \* 1/4 cup candy cane crushed
- \* 1 tsp peppermint extract
- \* whipped cream

**INSTRUCTIONS**

1. Add ice cream, milk, cane pieces and peppermint extract to a blender.
2. Mix until well combined.
3. Pour into glass and top with whipped cream and candy cane pieces.

Worthington  
**HAPPENINGS**  
DECEMBER

*Community Spotlight*

We will start off the month of December with intergenerational activities.

A visit to Northwest childcare for a Christmas Muscial is planned for Dec. 3rd. Slate Hill Elementry is invited to play Bingo with us on Dec.11th. at 1:30 pm. A scenic drive to Alum Creek, to see the Fantasy of Lights, is scheduled for Dec.17th at 6pm.

We'll also enjoy some retail therapy with a holiday shopping trip on Dec.18th at 1:30p. Friends and family are invited to our Ugly Sweater Party on Dec. 19 at 6:00pm. Cub Scouts will be here to entertain us with some Christmas caroling on Dec.20th.

May you spend this holiday season with love, peace and joy. Season Greetings from Bickford of Worthington!!



*December Birthdays Veterans Day*

- 12-02 June M.
- 12-02 Eleanor D.
- 12-06 Ann M.
- 12-18 Robert H.
- 12-26 Nancy C.
- 12-27 Dorothy H.



S

09:30 Communion  
 10:00 Church Service  
 11:00 Daily Trivia  
 02:30 **Coupon Clipping**  
 03:30 Sundae Social  
 04:15 Wine Social  
 07:00 Sunday News

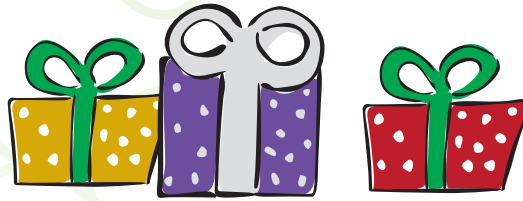
30

M

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 01:30 **Bake Club**  
 03:00 Posture/Balance  
 04:15 Wine Social  
 07:00 Jeopardy

31

T



W

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 11:30 **Lunch Bunch**  
 02:30 **Zumba**  
 03:30 Book Club  
 04:15 Wine Social

3

T

Winter Festival  
 09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 Posture/Balance  
 02:30 **News Currents**  
 03:30 Social with Friends  
 04:15 Music and Wine

6

F

09:30 Walk Club  
 10:30 **Silver Sneakers**  
 11:00 Daily Trivia  
 02:00 Dictionary Game  
 03:00 **Inner Vision**  
 04:15 Wine Social  
 07:00 Jeopardy

7

S

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 **BINGO TIME**  
 03:30 Manicure  
 04:15 Wine Social  
 06:30 Movie Night

1

# December

09:30 Communion  
 10:00 Church Service  
 11:00 Daily Trivia  
 02:30 **Coupon Clipping**  
 03:00 Wade Jones  
 03:30 Sundae Social  
 04:15 Wine Social  
 07:00 Sunday News

2

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 11:00 **Intergenerational**  
 01:30 **Bake Club**  
 03:00 Posture/Balance  
 04:15 Wine Social  
 07:00 Jeopardy

3

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Bible Study  
 01:30 **Craft Making**  
 02:30 Piano Music  
 04:15 Wine Social  
 07:00 Jeopardy

4

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 11:30 **Lunch Bunch**  
 02:30 **Zumba**  
 03:30 Book Club  
 04:15 Wine Social

5

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 Posture/Balance  
 02:30 **News Currents**  
 03:30 Social with Friends  
 04:15 Music and Wine

6

09:30 Walk Club  
 10:30 **Silver Sneakers**  
 11:00 Daily Trivia  
 02:00 Dictionary Game  
 03:00 **Inner Vision**  
 04:15 Wine Social  
 07:00 Jeopardy

7

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 **BINGO TIME**  
 03:30 Dictionary Game  
 04:15 Wine Social  
 06:30 Movie Night

8

09:30 Communion  
 10:00 Church Service  
 11:00 Daily Trivia  
 02:30 **Coupon Clipping**  
 03:30 Sundae Social  
 06:30 Grace Polaris  
 07:00 Sunday News

9

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 01:30 **Bake Club**  
 03:00 Posture/Balance  
 04:15 Wine Social  
 07:00 Jeopardy

10

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Bible Study  
 01:30 **Bingo/Slate Hill**  
 02:30 Piano Music  
 04:15 Wine Social  
 07:00 Jeopardy

11

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 11:30 **Lunch Bunch**  
 02:30 **Zumba**  
 03:30 Book Club  
 04:15 Wine Social

12

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 Posture/Balance  
 02:30 **News Currents**  
 03:30 Social with Friends  
 04:15 Music and Wine

13

09:30 Walk Club  
 10:30 **Silver Sneakers**  
 11:00 Daily Trivia  
 02:00 **Hot Cocoa Social**  
 03:00 Music with Roger  
 04:15 Wine Social  
 07:00 Jeopardy

14

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 **BINGO TIME**  
 03:30 Manicure  
 04:15 Wine Social  
 06:30 Movie Night

15

09:30 Communion  
 10:00 Church Service  
 11:00 Daily Trivia  
 12:00 **Mens Club**  
 02:30 **Coupon Clipping**  
 03:30 Sundae Social  
 07:00 Sunday News

16

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Holiday Trivia  
 01:30 **Bake Club**  
 03:00 Posture/Balance  
 04:15 Wine Social  
 06:00 **Fantasy of Lights**

17

09:30 Walk Club  
 10:30 Exercise  
 11:00 Bible Study  
 01:30 **Holiday Shopping**  
 02:30 Piano Music  
 03:30 Resident Council  
 04:15 Wine Social  
 07:00 Jeopardy

18

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 11:30 **Lunch Bunch**  
 02:30 **Zumba**  
 03:30 Book Club  
 04:15 Wine Social  
 06:00 Holiday Mixer

19

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 Posture/Balance  
 02:30 **News Currents**  
 03:30 Social with Friends  
 04:15 Music and Wine  
 07:00 **Christmas Carol**

20

09:30 Walk Club  
 10:30 **Silver Sneakers**  
 11:00 Daily Trivia  
 02:00 **Holiday discussion**  
 03:00 **Music with Mark**  
 04:15 Wine Social  
 07:00 Jeopardy

21

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 **BINGO TIME**  
 03:30 Hot Cocoa Social  
 04:15 Wine Social  
 06:30 Movie Night

22

09:30 Communion  
 10:00 Church Service  
 11:00 Daily Trivia  
 02:30 **Coupon Clipping**  
 03:00 Gary and Linda  
 06:30 Grace Polaris  
 07:00 Sunday News

23

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Christmas Trivia  
 01:30 **Bake Club**  
 03:00 Posture/Balance  
 04:15 Wine Social  
 07:00 Jeopardy

24

Christmas  
 09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Bible Study  
 01:30 **Christmas cookie decorating**  
 04:15 Wine Social  
 07:00 Jeopardy

25

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 11:30 **Lunch Bunch**  
 02:30 **Zumba**  
 03:30 Book Club  
 04:15 Wine Social  
 06:00 Music

26

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 Posture/Balance  
 02:30 **News Currents**  
 03:30 Social with Friends  
 04:15 Music and Wine

27

09:30 Walk Club  
 10:30 **Silver Sneakers**  
 11:00 Daily Trivia  
 02:00 **Hot Cocoa Social**  
 03:00 **Music Scott.B**  
 04:15 Wine Social  
 07:00 Jeopardy

28

09:30 Walk Club  
 10:30 Exercise Essentials  
 11:00 Daily Trivia  
 02:00 **BINGO TIME**  
 03:30 **Hot Cocoa Social**  
 04:15 Wine Social  
 06:30 Movie Night

29