

Our final 2018 Concert will be on December 30th at 6 pm. The Pluckin Nutz will be here to close out the year! The ladies are amazing & we hope you're able to join us!

If you plan on taking your loved one out during this busy Holiday Season- please let our staff know. They will assist in getting the resident ready, and will also have the medications arranged so that everyone can enjoy this special season. We do ask that if you are not feeling well, please do not visit Bickford. Thank you in advance for your understanding.

Happy Holidays!



As usual, our Kitchen staff outdid themselves on Thanksgiving. We are blessed to have amazing cooks! Meals are always a highlight of our day. We hope that you enjoyed a blessed Thanksgiving.

Our Fall has been coldbut we've enjoyed fun entertainers, crafts, games, and football! Please review our calendar and if you have questions, contact Cindy at 402-491-0400. We love when friends and family join us for activities! Families often ask for suggestions on Holiday gift items. Suggestions might be- hair supplies, satin pillowcases, lap blankets, shawls, wind chimes, photos, bird feeders, toiletry items, non-slip slippers, pajamas, sweaters, sweat pants, lotions, etc.. As we age, our skin becomes thin and delicate, and we get cold easily.

The most treasured gift to each is your visits and phone calls.

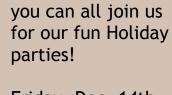
Happy Holidays to all!





What a blessed year we've had! The biggest blessing was the opening of our Mary B's Cottage this summer! Our Cottage is home to 8 apartments that are for residents that require more individualized care. In addition, we also completed a major remodel on the other side. The building and grounds are beautiful! Please visit soon!

Omaha Blondo



We're hoping that

DECEMBE

Friday, Dec. 14th-Santa & Mrs. Claus will be here! PLEASE JOIN US for a fun evening. Please join us for a light dinner, snacks, and drinks at 5:30. We hope that you'll bring the kiddos to visit Santa! Following Santa, Dennell will be here to continue the fun with Holiday carols and a sing-along. Please invite all your family and friends for a great evening.









Resident Birthdays:

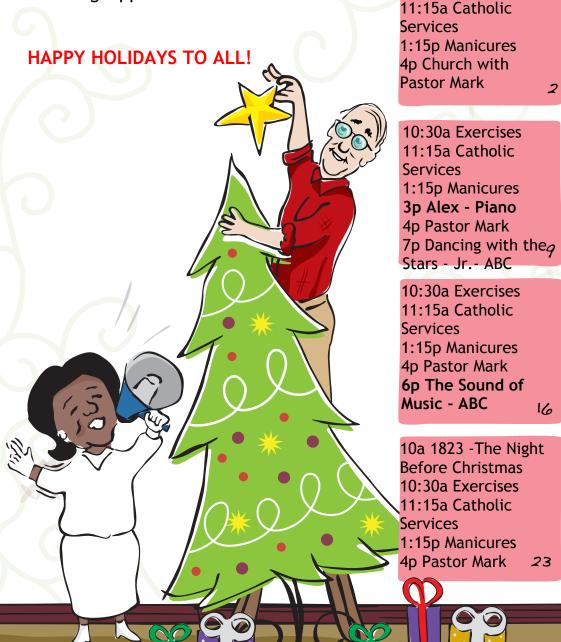
Donald Phalen - 12/4 Liz Carnazzo - 12/17 Helen Ehrenberg - 12/26 Leslie Erickson - 12/26

Staff Anniversaries:

Sondra Wright- 12/2/14 Vivian Amick - 12/30/15

Our Facebook Address is: facebook.com/bickford/blondo

Our Blog Address is: enrichinghappiness.com/omaha/blondo



10:30a Exercises 11:15a Catholic Services 1:15p Manicures 4p Pastor Mark **6p Pluckin Nutz** New Year Fun 30

10a Decorating

10:30a Exercises

10:30a Monday Moves 11a December Trivia 2p Rocky- Movie Premiere -1976 5p Pastor Ron Visits 5:45p Walking Club

Stories

Ball Drop

10:30a AM Moves 11a Holiday Tell All 2p All Saints **Communion Service** 5p Pastor Ron Visits 6:15p Christmas Karaoke Fun!

10:30a Santa Moves 11a Week Update 2:30p Dec. B-Day Party 5p Pastor Ron Visits 5:45p Bickford Walking Club

10:30a Reindeer Run 11a Blessings 1:30p Spa Pampering 7p It's A Wonderful Life, Premiere 1946 - NBC

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10:30a Party Moves! 11a 2018 News 2:00p Mocktails 10p Times Square

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10:30a Aerobic Class 11a Piano Tunes 1:30p Christine Coulson - Music 6:15p Bingo

10:30a Tuesday Twists & Turns 11a Morning Chat 2p Christmas Goodies 6:15p Bingo

10:30a Snow Stretch 11a To Tell The Truth Premiere -1956 2p Resident Council 6:15p Bingo

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Merry Christmas! 9a Christmas Parade - ABC 10:30a Christmas Exercises 1:30p Christmas

10:30a Group Stretch 11:00a Holiday Recap 1:30p Rosary w/Barb 6:30p PAWS Pet Visits

1:30p Rosary w/Barb

6p Ollie the Trolley

Winter Festival

w/Pastor Laura

6:30p All Saints

Youth-Cookies

10:30a Body Pump

1:30p Rosary w/Barb

6p Poinsetta Trivia12

10:30a Wednesday

10:45a Visits

w/Pastor Laura

2p Joe Taylor -

Entertainer

Workout

10:45a Visits

w/Pastor Laura

10:45a Visits

10:30a AM Exercise

1:30p Rosary w/Barb

Exercises 11a ABC Game 2p Bingo 6p Charades

10:30a Armchair

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December

10:30a Endurance

11a St. Nicholas Day

3:15p Rod- Massage

6p Word Games 6

11a Holiday Carols

1:15p Angel Works

Community Service

11a Wheel of Fortune

10:15a Joslyn

6p Puzzle Pals

10:30a Holiday

2p Manicures

6p Wii Games

Exercise

19

26

School Visit

2p Holiday Cards

Actions

Therapist

PODIATRIST TODAY 10:30a Friday Fit 11a Pearl Harbor Remembrance 2p Holiday Craft 6p Holiday Music 7

10:30a Powercise 11a Ball Fun **5p SANTA VISIT** 6p Dennell - Music **HOLIDAY PARTY!**

10:00a Mathews Family Singers 11a Winter Begins! 2p Dick Sladkey-Carols 6p Holiday Movie

10:30a Sittercise 11a December Recap **2p Chair Dancing**

6p Winter Word Find

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14

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10a Holiday Decorating 11a December Facts 2p CoCo's 20th B-**Day Party** 6p Lawrence Welk

10:15a Flexible Stretch 2p Gift Wrapping 6p Lawrence Welk 7p Rudolph the Red Nose Reindeer - CBS

10:15a Saturday Stretch **2p Christmas Craft** 6p Lawrence Welk **7p Country Christmas** - ABC

10:15a Elf Bootcamp 11a Jokes & Stories **2p Bickford Bowlers** 6p Lawrence Welk

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10:15a Weekend Exercise 11a Saturday Sillies 2p Board Game **6p Lawrence Welk**

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