



Congratulations Megan!!!



Pictures of our month!!!



Lois and Evelyn busy with coloring.



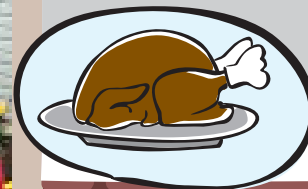
We wish Megan and Ryan great happiness in their new adventure together!!!



Thankful for you!!!

We have so many things to be thankful for. Material things like our homes, cars, food, clothes...but the one of most important things to be thankful for is each other and our time together. Many times we take for granted the moments we get to share. Sometimes, our moments are short, sometimes longer. Either way, we should treasure our opportunities for memories, even if it is only for a moment. Here at Bickford we try to capture memories and enrich the lives of our family members, those who live here, their families and to those who work here.

There is never a wasted moment if a smile is captured, a laugh is heard, or friendship and love is made. For this month of November we want to accentuate our feelings of thankfulness to our residents and families...to our BFM's and our volunteers. We are the best because you are the best! Our thankfulness for you is rich and plentiful, and we care deeply for each and every one of you. Thank you for being a part of our family and our lives. We are thankful for you!!! Blessings from all of us here at Bickford Cedar Falls!!!



Upcoming Events:

Salute to our Veterans: 9th @ 2p. We will be setting this time aside to honor our veterans and give our thanks for their service to our country.

Veteran's Day: 11th Thanks to all our veterans for thier service and sacrifice.

Family Council Meeting: 14th @ 4p

Volunteer Ice Cream Social: 16th @ 3:15p. Come join us in thanking our volunteers for sharing their time and talents with us.

Resident Birthdays: 13th Jerry, 19th Randy, 25th Jeanne.

BFM's: 1st Kylie, 4th Annette, 23rd Michelle



S M T W T F S

November

2p Worship
3:15p Entertainment by: **Dennis Strickfort** 4

9:15a Men's Coffee
10:20a Weights
10:45a Devotions
10:55a EPI Here for Noddle Ball!!!
2p BINGO
3:20p WordSearchClub 6

10:20a Ribbons
10:45a Devotions
10:55a Basketball
2p Entertainment by: Ken Morlan
6:30p UNI here 7

10:20aWeights
11:00a Devotions
11:15a High rollers
2p Cooking W/ Amy
3:15p Happy Hour 8

10:20a Scarf Therapy
10:45a Devotions
10:55a Brain Games
2p Dominos/Games
1-4p Catholic Commu 9

9a Beauty Salon Opens
10:20a Weights
10:45a Devotions
10:55a EPI here for: Penny Toss
2p **Salute to our Veterans!** 10

6p Movie Night & Popcorn
2p Entertainment by: Barb Andersen
6p Movie Night & Popcorn 10

Veteran's Day
Thank you to our veterans for your service. We honor your sacrifice to our country. Blessings. 11

9:15a Men's Coffee
10:20a Weights
10:45a Devotions
10:55a EPI Here for Beanbag Baseball!!!
2p BINGO
3:20p Coloring W/Amy 12

10:20a Ribbons
10:45a Devotions
10:55a Hat Toss
2p Resident Council
3p Coffee & Cookies
Happy Birthday Jerri 13

10:00a Lucy here for music therapy
11:00a Devotions
11:15a Ring Toss
2p Cards and Games
4p **Family Council Meeting** 14

10:20a Scarf Therapy
10:45a Devotions
10:55a Brain Games
2p Dominos/Games
1-4p Catholic Commu 15

9a Beauty Salon Opens
10:20a Weights
10:45a Devotions
10:55a EPI here for: Noodle Ball
2p Worship/Mass
3:15p **Volunteer Social** 16

6p Movie Night & Popcorn 17

2p Worship
3:15p Entertainment by: **Judy Kapman** 18

9:15a Men's Coffee
10:20a Weights
10:45a Devotions
10:55a EPI Volleyball
2p BINGO
3:20p Wordsearchclub
Happy Birthday Randy 19

10:20a Ribbons
10:45a Devotions
10:55a Left Right Center
2p Tea & Crumpets
5p Anniversary Meal
6p Entertainment 20

10:20aWeights
11:00a Devotions
11:15a High rollers
2p Cooking W/ Amy
3:15p Happy Hour 21

Thanksgiving Blessings and thankful hearts to all our Bickford families and friends!!!
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9a Beauty Salon Opens
10:45a Devotions
10:55a Noodle Ball
2p Worship/Mass
3p Friday Snack 23

6p Movie Night & Popcorn 24

2p Worship
Easy Does It 25
Happy Birthday Jeanne

9:15a Men's Coffee
10:20a Weights
10:45a Devotions
10:55a EPI Here for Parachute!!!
2p BINGO
3:20p Coloring W/Amy 26

10:20a Ribbons
10:45a Devotions
10:55a Pictionary
2p Crafts 27

10:20aWeights
11:00a Devotions
11:15a Left Right Center
2p Cards and Games 28

10:20a Scarf Therapy
10:45a Devotions
10:55a Brain Games
2p Dominos/Games
1-4p Catholic Commu 29

9a Beauty Salon Opens
10:20a Weights
10:45a Devotions
10:55a EPI here for: Vollyball
2p Worship/Mass
3p Friday Snack 30

6p Movie Night & Popcorn 30

