



Photo Gallery

Frosty's on our way back from our scenic drive.



Our Director having a dance with one of his resident.



AL Residents made fall wreaths and brought them over to our Mary B's Residents.



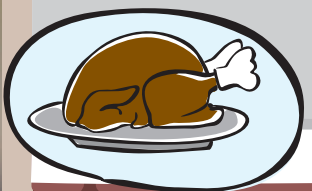
Up, Up & Away in NOVEMBER

We are soaring to new heights this November as we celebrate Veterans and Remembrance Day, Thanksgiving, and much more. Many parts of the country are beginning to experience colder temperatures and even snow during this month. The days grow shorter now, especially once most of the U.S. "falls forward" by one hour, exiting Daylight Saving Time on the second Sunday of November.

We will be honoring those who have served in the United States Armed Forces, on November 11th. Our Thanksgiving Dinner will be held the week before Thanksgiving. Invitations and emails will be sent out to families with time and dates.

Residents Reminder:

Men's Clubs will be held in the private dining room November 11th at 12:00. Resident Council will meet November 20th at 3:30pm in AL Bistro.



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November



09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 12:30 Lunch Bunch
 02:30 Zumba
 03:30 Book Club
 04:15 Wine Social

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Posture / Balance
 02:30 News Currents
 03:30 Social with Friends
 04:15 Music and Wine

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Dictionary Game
 03:00 Music with Scott
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 BINGO Time
 03:30 Sandwich Day
 04:15 Wine Social
 06:30 Movie Night

09:30 Communion
 10:00 Church Service
 11:00 Daily Trivia
 2:30 Coupon Clipping
 03:00 Wade Jones
 03:30 Sundae Social
 07:00 Sunday News

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 01:30 Bake Club
 03:30 Posture/Balance
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise/ Shopping
 11:00 Daily Trivia
 01:30 Craft Making
 02:30 Piano Music
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 11:30 Lunch Bunch
 02:30 Zumba
 03:30 Book Club
 04:15 Wine Social

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Posture/Balance
 02:30 News Currents
 03:30 Social with Friends
 04:15 Music and Wine

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Dictionary Game
 03:00 Music with Rick
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 BINGO Time
 03:30 Manicure Time
 04:15 Wine Social
 06:30 Movie Night

Veteran's Day
 09:30 Communion
 10:00 Church Service
 11:00 Veteran's Trivia
 02:30 Coupon Clipping
 03:30 Sundae Social
 06:30 Grace Polaris

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 01:30 Bake Club
 03:30 Posture/Balance
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 01:30 Scenic Drive
 03:30 Piano Music
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 11:30 Lunch Bunch
 02:30 Zumba
 03:30 Book Club
 04:15 Wine Social

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Posture/Balance
 02:30 News Currents
 03:30 Social with Friends
 04:15 Music and Wine

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Dictionary Game
 03:00 Music with Mark.
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 BINGO Time
 03:30 Manicure Time
 04:15 Wine Social
 06:30 Movie Night

09:30 Communion
 10:00 Church Service
 11:00 Daily Trivia
 02:30 Coupon Clipping
 03:30 Sundae Social
 07:00 Sunday News

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 01:30 Bake Club
 03:30 Posture / Balance
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 01:30 Art Expressions
 03:30 Residents Council
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 11:30 Lunch Bunch
 02:30 Zumba
 03:30 Book Club
 04:15 Wine Social

THANKGIVING
 09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Posture / Balance
 02:30 News Currents
 03:30 Social with Friends

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Dictionary Game
 03:00 Music with Roger
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 BINGO Time
 03:30 Piano Music
 04:15 Wine Social
 06:30 Movie Night

09:30 Communion
 10:00 Church Service
 11:00 Daily Trivia
 2:30 Coupon Clipping
 03:00 Gary & Linda
 03:30 Sundae Social
 06:30 Grace Polaris

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 01:30 Bake Club
 03:30 Posture/Balance
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 01:30 Giving Tuesday
 03:30 Plano Music
 04:15 Wine Social
 07:00 Jeopardy

09:30 Walk Club
 10:30 Exercise Essentials
 11:15 Music with Susan
 11:30 Lunch Bunch
 02:30 Zumba
 03:30 Book Club
 04:15 Wine Social

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Posture/Balance
 02:30 News Currents
 03:30 Social with Friends
 04:15 Music and Wine

09:30 Walk Club
 10:30 Exercise Essentials
 11:00 Daily Trivia
 02:00 Dictionary Game
 03:00 B-Day Celebration
 04:15 Wine Social
 07:00 Jeopardy

