



We are marching head first into the holiday season, things are about to get a whole lot busier! Watch for some WIU students to be in this month to lead an activity of their own, as well as the Accordion Group coming to perform for us. Also, a reminder that our Thanksgiving meal is only a few short weeks away, so get those reservations in soon! I am proud to say I've been your LEC for a year now, and I am growing and learning, and loving every opportunity provided to me to enrich all of your lives. I proudly stand by the motto, Whatever It Takes To Make You Happy! Let's have a joyous, wonderful, exciting, memorable holiday season!

Sincerely,
Nicole-Life Enrichment Coordinator



BFM November Spotlight

We'd like to introduce you to Deb Christner! Deb is our second shift LPN. She has been with Bickford for two and a half years. The best part about working in assisted living for her is getting to know the residents and the back stories of their lives. All while providing them excellent, quality care. A few fun facts about Deb: her favorite color is green, her favorite food is chicken, and her favorite band is KISS. Deb's favorite movie is Seven Brides for Seven Brothers and her favorite show is Bonanza.

Deb is most inspired just simply by life. She describes herself as dependable, determined and opinionated. Next time you stop by in the evening, make sure to say hello to Deb and maybe you'll even catch her when she has a few minutes to play Qwirkle or help a resident with a puzzle. Thank you for all that you do Deb, we appreciate you!



Hello everyone! Did you know that we are hosting families for the Thanksgiving noon meal? Spots are filling up fast, so get with Nicole and/or Cheryl with your plans. We want to make sure there is enough turkey to go around :) Also, huge news that our Resident Happiness Survey results are in! Our results were top notch! We will celebrate, but then be back on the mission for next year. Our goals will be focused on keeping our bread basket cleaned up, resident healthcare privacy

and as always, making moments of happiness for each resident and their family! Instead of an evening get-together for the holidays, we have decided to give each resident's family a poinsettia. We were able to support Nicole Ackley's son, Caleb, with this purchase for his class at Edison School. Thanks to Sharon Morrow's daughter Brooklyn, who will provide our greenery for the winter months. She attends St. Paul's School. Sincerely, Robin Wike



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November



Happy Birthday Melba!

10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
2:30 Candy Time!
6:00 Movie Night

4

National Donut Day

10:15 Exercise
11:00 Singalongs
1:00 Nifty Nails
1:30 Mac Park District
6:15 Donut Trivia

5

9:00 Coffee & News
10:15 Noodle Ball
2:00 Resident Council
2:45 WIU Music Therapy
6:00 Folding Linens

6

9:00 Coffee & News
10:15 Exercise & Trivia
1:00 Salon Day
2:30 Pound Class with Greg Todd
6:30 Finish That Phrase

7

9:00 Coffee & News
10:15 Exercise
1:00 Praise/Worship
2:15 BINGO
6:30 Movie Night & Popcorn

1

9:00 Coffee & News
10:15 Noodle Ball
2:15 Thankful Leaves
3:00 Social Hour
6:30 Snacks & Reminisce

2

10:00 Coffee & News
2:00 Cards & Games
3:00 Social Hour
6:30 Strengthening Exercises

3

Veteran's Day

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Fellowship
3:00 Social Hour
6:00 Movie Night

11

9:00 Coffee & News
10:15 Exercise
1:00 Nifty Nails
1:30 Mac Park District
6:30 Snacks & Reminisce

12

9:00 Coffee & News
10:15 Noodle Ball
2:00 Turkey Crafts
2:45 WIU Music Therapy
6:00 Folding Linens

13

10:00 Visit from St. Paul 2nd Grade Class
1:00 Salon Day
2:15 Cooking Class
3:00 Pickle Fun Facts
6:30 Exercise

14

9:00 Coffee & News
10:15 Exercise
1:00 Praise & Worship
2:00 Mickey Mouse Activity with WIU Student
6:15 Mickey Movie

15

9:00 Coffee & News
10:15 Noodle Ball
1:30 Mac Park District
3:00 Social Hour
6:30 Movie & Popcorn

16

10:00 Coffee & News
2:00 Cards & Games
3:00 Social Hour
6:30 Strengthening Exercises

17

1pm-3pm Big Brothers/Big Sisters Visit-Thanksgiving Crafts
10:15 Coffee & Chat
1:00 Praise & worship
1:30 Fellowship

18

9:00 Coffee & News
10:15 Exercise
11:00 Singalongs
1:00 Nifty Nails
1:30 Mac Park District
6:30 Folding Linens

19

Happy Birthday BFM Cindy!

9:00 Coffee & News
10:15 Noodle Ball
2:15 Homemade Card Creations
6:15 Finish That Phrase

20

9:00 Coffee & News
10:15 Exercise & Trivia
1:00 Salon Day
2:15 Gingerbread Cookies
6:15 Movie & Popcorn

21

Thanksgiving

9:00 Macy's Day Parade
12:00 Noon Feast with Family & Friends
3:00 Coffee & Chat
6:15 Movie Night

22

9:00 Coffee & News
10:15 Noodle Ball
1:00 Praise & Worship
2:15 BINGO
6:30 Snacks & Reminisce

23

10:00 Coffee & News
2:00 Cards & Games
3:00 Social Hour
6:30 Strengthening Exercises

24

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Fellowship
3:00 Social Hour
6:00 Movie Night

25

9:00 Coffee & News
10:15 Exercise
1:00 Nifty Nails
1:30 Mac Park District
6:30 Snacks & Reminisce

26

9:00 Coffee & News
10:15 Noodle Ball
2:00 Holiday Decorating
3:30 Social Hour
6:30 Folding Linens

27

9:00 Coffe & News
10:15 Exercise & Trivia
1:00 Salon Day
2:15 Cooking Class
6:15 Balloon Volleyball

28

9:00 Coffee & News
10:15 Exercise
1:00 Praise & worship
2:15 BINGO
6:15 Movie & Popcorn

29

Happy Birthday BFM Cheryl!

9:00 Coffee & News
10:15 Noodle Ball
1:30 Mac Park District
3:00 Social Hour

30

