

May the  
Bounty  
of the  
Season  
Fill Your  
Heart &  
Home

Happy November from you family at Bickford. We hope to see you all this month for our Family Council Meeting! Please remember that we all love to hear from you. If you have any concerns with different departments in our branch you can reach out to any one of us or go directly to Kortnie. Thank you!

<u>Executive Director:</u>	<u>Kortnie Spitznogle</u>
<u>RN Coordinator :</u>	<u>Angela Weber</u>
<u>Maintenance Coordinator:</u>	<u>Dustin Spitznogle</u>
<u>Kitchen Manager:</u>	<u>Jill Luttrull</u>
<u>HouseKeeping:</u>	<u>Ana Kolehmainen</u>

Muscatine

HAPPENINGS  
NOVEMBER

*Highlights at Bickford for November!*

We invite you to attend the Family Council Meeting on Thursday November 1st 5p-6:30p

Lunch Outings!

- 11/1/18 - MaidRite
- 11/8/18- McDonalds
- 11/15/18- Happy Joes
- 11/29/18- Muscatine Family Resturant

Sunday, November 11th We will Honor our Veterans with a special treat!

Our residents enjoy going out to eat and enjoying time together!



*Thanksgiving Fun Facts!*

- Benjamin Franklin wanted the turkey to be the national bird, not the eagle.
- The average turkey for Thanksgiving weighs 15 pounds.
- Americans eat 46 million turkeys each Thanksgiving on average.
- The heaviest turkey on record weighed in at 86 pounds.
- Wild turkeys can run 20 miles per hour when they are scared.
- Neil Armstrong and Buzz Aldrin's first meal in space after walking on the moon was foil packets with roasted turkey.
- Californians consume the most turkey.
- Campbell's soup created green bean casserole.



*Bickford*  
assisted living  
& memory care



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When Bible Study is going on there will be activities for those who dont attend Bible Study .

# November

**November**  
**Bday's Linnie B 11/9**  
Harry S 11/14  
Arlene V 11/25  
Charles Z 11/27



9:15am Walking Club  
1pm Chapel Service  
3pm Movie  
MatineeResident's Choose  
6pm Trivia and Jokes in the Sunroom  
4

9:15am Exercise  
**10:15am Art Therapy**  
11:15am Trivia  
**1:15pm Bday Bingo** 2:45pm Games in the Sunroom  
6pm Movie  
5

9am YMCA Exercise  
10:15am Scrabble  
11:15am Hangman  
11:00am HighLights  
1:15pm Giant Crossword  
3pm Treat Cart  
6pm Movie  
6

9:15am Exercise  
9:40am Resident Council and Donuts  
10am Wednesday Walk and Talk  
1:30pm Bingo  
2:45pm Games  
7

9:15am Exercise  
10am Bible Study  
10am Craft  
**11:45am McDonalds** 1:30pm Giant word search  
3pm Trivia  
8

9:15am Exercise  
10:15am Manicures and Hand Massages  
1:15pm Bingo  
2:45pm Games  
6pm Movie Night  
9

9:15am Walking Club  
10am Adult Coloring  
3pm Games in the Sunroom  
6pm Movie Night with Popcorn  
10

**Veteran's Day**  
9:15am Walking Club  
1pm Chapel Service  
3pm Honor Our Veterans  
6pm Trivia and Jokes in the Sunroom  
11

9:15am Exercise  
**10:15am Art Therapy**  
11:15am Trivia  
1:15pm Bingo  
2:45pm Games  
6pm Movie  
12

9:15am Exercise  
10:15am King's Corner  
11am Highlights  
1:15pm Pictionary  
3pm Treat Cart  
6pm Movie Night with Popcorn  
13

9:15am Exercise  
10am Wednesday Walk and Talk  
10:30am Bible Study  
1:30pm Bingo  
2:45pm Games  
14

9:15am Exercise  
10am Bible Study  
10am Craft  
**11:45am Happy Joe's** 2:30pm The Wierson's and Popcorn  
6pm Movie  
15

9:15am Exercise  
10:15am Manicures and Hand Massages  
11:00 This day In History  
1:15pm Bingo  
2:45pm Games  
6pm Movie Night  
16

9:15am Walking Club  
10am Adult Coloring  
3pm Games in the Sunroom  
6pm Movie Night with Popcorn  
17

9:15am Walking Club  
1pm Chapel Service  
3pm Movie  
MatineeResident's Choose  
6pm Trivia and Jokes in the Sunroom  
18

9:15am Exercise  
**10:15am Art Therapy**  
11:15am Trivia  
1:15pm Bingo  
2:45pm Games in the Sunroom  
6pm Movie  
19

9:15am YMCA Exercise  
10:15am Black Jack  
11am Highlights  
1:30pm Giant Crossword  
3pm Treat Cart  
6pm Movie Night  
20

9:15am Exercise 10am Wednesday Walk and Talk  
11am Thanksgiving Trivia  
1:30pm Bingo  
2:45pm Games  
21

**Thanksgiving**  
9:15am Walking Club  
10am Bible Study  
11am Relax and Color  
2pm What are you Thankful for Chat  
22

9:15am Exercise  
10am Catholic Mass  
10:15am Manicures  
11am Trivia  
1:15pm Bingo  
2:45pm Games  
6pm Movie Night  
23

9:15am Walking Club  
10am Adult Coloring  
3pm Games in the Sunroom  
6pm Movie Night with Popcorn  
24

9:15am Walking Club  
1pm Chapel Service  
3pm Movie  
MatineeResident's Choose  
6pm Trivia and Jokes in the Sunroom  
25

9:15am Exercise  
**10:15am Art Therapy**  
11:15am Trivia  
1:15pm Bingo  
**2:45pm Janet Lieb & Rootbeer Floats**  
6pm Movie  
26

9:15am Exercise  
10:15am UNO  
11:15 Adult Coloring  
1:15pm Charades  
3pm Treat Cart  
6pm Movie Night with Popcorn  
27

9:15am Exercise  
10am Wednesday Walk and Talk 10:30am Bible Study  
11am Trivia  
1:30pm Bingo  
2:45pm Cards  
28

9:15am Exercise  
10am Bible Study  
10am Craft  
**11:45am Muscatine Family Restaurant**  
2pm Hangman  
29

9:15am Exercise  
10:15am Manicures  
11am Giant Crossword  
1:15pm Bingo  
2:45pm Games  
6pm Movie Night  
30

