



Scotcheroos by our own Sarah Stephens, Master Chef

- 1 cup sugar
- 6 cups rice crisp cereal
- 6 ounces chocolate chips
- 6 ounces butterscotch chips
- 1 cup light corn syrup
- 1 cup peanut butter

Combine sugar and corn syrup in a 2 qt. pan & stir on medium heat until mixture begins to boil. Remove from heat & add 1 cup of peanut butter and mix completely. Add rice crisp cereal & place in 9x13 pan. Melt chocolate & butterscotch chips in a microwave safe container. Mix together & spread over bars.

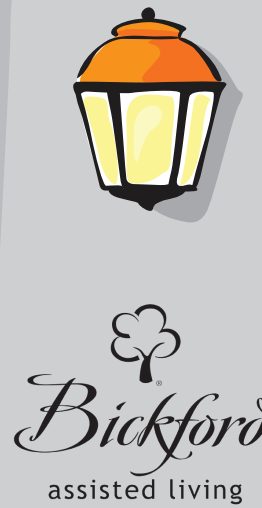
These bars are a FAVORITE of our residents and BFM's!



Autumn Dreams...

Grinning pumpkins,
falling leaves,
Dancing scarecrows,
twirling breeze,
Color, warm color
everywhere,
Autumn dreams are
in the air! Her
youthful radiance
has faded, and that's
sad,
But underneath she
discovers a
spread of colors she
didn't know she had.
Little children
screach and run,
Ghosts and goblins
having fun,
Color, color
everywhere, Autumn
dreams are in the
air!

Around her a
kaleidoscope of
leaves are whirling.
Deep within her
visions stir of new
life that will be, A
budding, a
flowering, a promise
unfurling.
Autumn is a woman
growing old,
Calico kittens, rain
falling rat-a-tat-tat,
Big full moon, funny
black cats,
Color, warm color
everywhere,
Autumn dreams are
in the air.
Poem by Mary Naylor



HAPPINESS IS...
THE MOMENT

CAPTURING



HAPPY OCTOBER BIRTHDAY:
 Shayleigh Florez-19th
 Ivett Felix-22nd

HAPPY BICKFORD ANNIVERSARIES:
 Tasha Swanson- 2 years
 Jamie Klinginsmith- 2 years
 Tracy Noziska- 8 years
 Darcy Hansen - 10 years

**HAPPY 61st WEDDING
 ANNIVERSARY
 TO
 CLINT & GLORIA PRESNELL**



Flu Shot Clinic -
 Rescheduled to
 October 3rd

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Carmel Apples
 4:00 Church Service
 6:00 Funniest Home
 Videos 7

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Color Me Happy
 4:00 Church Service
 6:00 Shirley Temple
 Movie & Popcorn 14

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Kings In Corner
 4:00 Church Service
 5:00 Voices of the Rock
 6:00 Funniest Videos 21

9:30 Daily Devotions
 10:00 Peace Lutheran
 Dvd Service
 2:00 Leaf Pressing
 4:00 Church Service
 6:00 Movie & Popcorn 28

WEAR BLUE DAY
 10:30 Sittercise
 11:00 Welcome Oct.
 1:45 Bingo
 2:00 Nail Care
 3:00 Ice Cream Social
 6:00 Finish The Phrase 2

COLUMBUS DAY
 10:30 Sittercise
 11:00 Current Events
 1:45 Bingo
 2:00 Nail Care
 3:00 Ice Cream Social
 6:00 Yarn Crafts 8

10:30 Sittercise
 11:00 Heart To Heart
 Moments
 1:45 Bingo
 2:00 Nail Care
 3:00 Ice Cream Social
 6:00 Football Toss 15

10:30 Sittercise
 11:00 Mens Group
 1:45 Bingo
 2:00 Nail Care
 3:00 Ice Cream Social
 6:00 Color Collages 22

10:30 Sittercise
 11:00 Truth or Fiction
 1:45 Bingo
 2:00 Nail Care
 3:00 Ice Cream Social
 6:00 Balloon Toss 29

9:30 Walking Group
 10:30 Fall Senses
 1:30 Bible Study
 2:30 Tricy Trivia &
 Treats
 6:00 Pumpkin Balloon
 Volleyball 2

9:30 Walking Group
 10:30 Music-Cindy B.
 1:30 Bible Study
 2:30 This or That
 6:00 Finish The Phrase
 6:15 Support Group 9

9:30 Walking Group
 10:30 Fun with Food
 11:30 Glen on Piano
 1:30 Bible Study
 2:30 Halloween Trivia &
 Treats
 6:00 Pumpkin Chuckin' 16

9:30 Walking Group
 10:30 Pumpkin Painting
 1:30 Bible Study
 2:30 Pumpkin Bread
 3:00 Patio Rocking
 6:00 Witch Pitch 23

CANDY CORN DAY
 9:30 Walking Group
 10:30 Bickford Bakers
 1:30 Bible Study
 2:30 October Birthday
 Bash
 6:00 Treat Bag Stuffing 30

9:30 Chair Yoga
 10:00 Name That Tune
 w/Angeline
 1:30 Prayers w/Charlie
 2:00 Table Games
 3:00 Ice Cream Social
 6:00 Wacky Words 3

9:30 Today's Scoop
 10:30 Chair Zumba
 1:30 Prayers w/Charlie
 2:00 Autumn Tree
 Painting
 3:00 Ice Cream Social
 6:00 Knitters Nook 10

9:30 Sittercise
 10:00 Name That Tune
 w/Angeline
 1:30 Prayers w/Charlie
 2:00 Creepy Facts
 3:00 Ice Cream Social
 6:00 Scrapbooking 17

9:30 Chair Yoga
 10:30 String Art
 1:30 Prayers w/Charlie
 2:00 All About
 Pumpkins
 3:00 Ice Cream Treats
 6:00 Pumpkin Carving 4

HALLOWEEN
 9:30 Monster Mash
 10:00 Catholic Mass
 10:30 Hangman
 1:30 Prayers w/Charlie
 2:00 Spooktacular Fun
 6:00 Halloween Movie 31
 7:30 Trick or Treaters

9:30 Walking Group
 10:30 Think Positive
 11:00 Resident Council
 1:45 Bingo
 3:00 Thirsty Thursday
 6:00 Halloween Door
 Craft 4

9:30 Walking Group
 10:00 Giggles Preschool
 1:45 Bingo
 2:00 Employee Meeting
 3:00 Coffee & Chat
 6:00 Pumpkin Bowling 11

9:30 Walking Group
 10:00 Gospel Music-
 Donald & Family
 1:45 Bingo
 3:00 Autumn
 Reflections
 6:00 Craft Corner 18

9:30 Walking Group
 10:00 Fall Scenic Drive
 1:45 Bingo
 2:00 Courtyard Chats
 3:00 Managers Special
 6:00 Music-Paul Ramp 25

9:30 Shopping Trip
 10:30 Teacher's Tea
 1:30 Pumpkin Patch
 Outing
 2:00 Midday Movie
 3:00 Ice Cream Social
 6:00 Table Hockey 5

Family History Day
 9:30 Sit & Stretch
 10:30 Journey Project
 1:30 Fall Strolls
 2:00 Kay & Cloggers
 3:00 Ice Cream Bar
 6:00 Family Game Night 12

WEAR IT PINK DAY
 9:30 Sit & Be Fit
 10:30 A Time To Listen
 2:00 Music-Dolores K.
 3:00 Chocolate Shakes
 6:00 Halloween
 Headbands 19

9:30 Shopping Trip
 10:30 Halloween Puns
 11:00 Lunch Outing
 2:00 Charade Fun
 3:00 Ice Cream Treats
 6:00 Hocus Pocus &
 Popcorn 26

8:00 Harvest of
 Harmony
 9:30 Coffee & Donuts
 10:30 Saturday Sillies
 2:00 Fall Card Crafting
 3:00 Refreshments
 6:00 Card Sharks 6
 Ne. vs. Wisconsin TBD

9:30 Take A Stroll
 11:00 Ne. vs.
 Northwestern
 2:00 Silly Word Search
 3:00 Bistro Buddies
 6:00 Courtyard Star
 Gazing 13

9:30 News & Veivs
 10:30 Sittercise
 1:30 Afternoon Walks
 2:00 Puzzle Pals
 3:00 Apple Cider
 6:00 Lawrence Welk
 Ne. vs. Minnesota TBD 20

9:30 Take A Stroll
 10:30 Saturday Sillies
 Halloween Edition
 2:00 Roll A Pumpkin
 3:00 Bistro Buddies
 6:00 Adult Colorling 27

October

