

Resident Spotlight - Richard (Dick) Cummings

Richard Cummings was born Feb 12, 1929 in Lyndon Kansas to Paul and Lola Cummings. Richard attended Lyndon grade school and Nortonville High School. Richard says he enjoyed playing baseball and basketball in school. He said he moved around a lot, and lived with his uncle and aunt during high school in Nortonville, Kansas where he met his future wife Rosmary. Richard married Rosmary in 1950, and they have 3 children, Rick, Lori and Pat. He says his greatest day was when he married Rosmary. Richard enjoys watching westerns and period movies. Since moving to Bickford he says he enjoys bible study and Tuesday devotions. His favorite holiday is Christmas and says it's always a busy time of year with family.



*Happenings at Bickford WDM*

We'd like to welcome our new Director, Myra Waltersdorf.

Bickford of WDM will be hosting our Thanksgiving lunch on Thanksgiving day November 22nd at 12:00 noon.

Please join us November 7th at 5:30pm for Family Council Meeting to meet Myra, and also, to hear about our Happyness Survey Results.

At Grandma's House

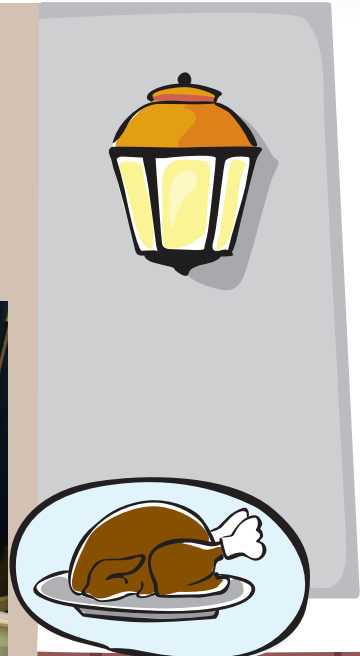
We'd also like to congratulate Jasmina Sacic on her promotion to kitchen manager.

I like the taste of turkey Any time throughout the year But it never seems to taste as good As when Thanksgiving's here.

We'd also like to announce Annie Albert's bridal shower. The bridal shower will be November 13th here at Bickford of WDM at 2:00pm. Her and fiance Dusty Masdini are registered at Target & Bed Bath & Beyond. Annie's wedding with be Dec.1st at the Iowa Fair Grounds. Annie has been here at Bickford for over 10 years.

Could be it's all the trimmings That are cooked with it to eat- But I think it's eating at Grandma's house That makes it such a treat!

-Author Unknown



My husband Shane and I have eight children and seven grandchildren with one more on the way.

I look forward to meeting everyone. I will be in and out of the branch for the next few weeks, but feel free to stop by and visit when my office door is open

I will be relocating to Des Moines soon and while this is coming home for me, it will be a new adventure for my family.



Residents of Mary B's  
enjoy 50's Day  
at Bickford of WDM



Myra Waltersdorf Director

Hello  
I wanted to take a minute to say how excited I am to be joining the team at West Des Moines. I have been with Bickford for a little over 4 years. My previous position was RN coordinator with Bickford of Marshalltown



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# November



2:30 Church  
6:30 Gospel Music Hour

4

9:00 Morning Group  
10:00 Trivia Time  
11:00 Chair Yoga  
1:00 Nail Care  
3:00 Lotion Therapy  
6:30 Game Night

5

10:30 Music Therapy  
1:00 Devotions  
2:00 Bingo  
3:00 UNO  
6:30 Movie Night

6

9:00 Morning Group  
10:00 White Board Fun  
11:00 Band Exercises  
1:00 Bean Bag Baseball  
3:30 Jim Garnett

7

9:00 Morning Group  
10:00 Who Am I  
11:00 Let's Take A Walk  
1:00 Bible Study  
2:00 Bingo  
3:30 Helene Viale

1

9:00 Morning Group  
10:00 White Board Fun  
11:00 Balloon Toss  
1:00 Scrapbooking  
2:00 Red Hat Ladies  
3:00 Country Music Hour  
6:30 Friday Night Movie

2

10:00 Morning Group  
11:00 Bend & Stretch  
1:30 Bingo  
2:30 General Store  
7:00 Lawrence Welk

3

9:00 Morning Group  
10:00 What Am I  
11:00 Father Kirby  
11:00 Let's Take A Walk  
1:00 Bible Study  
2:00 Bingo  
3:00 UNO

8

9:00 Morning Group  
10:00 Memory Lane  
11:00 Bend & Stretch  
1:00 Yahtzee  
2:00 Men's Group  
3:00 Big Band Music  
6:30 Friday Night Movie

9

10:00 Morning Group  
11:00 Let's Take A Walk  
1:30 Bingo  
3:30 Bernice Shannon  
7:00 Lawrence Welk

10

**Veteran's Day**  
2:30 Church  
6:30 Gospel Music Hour

11

9:00 Morning Group  
10:00 Trivia Time  
11:00 Band Stretches  
1:00 Nail Care  
3:00 Massage Therapy  
6:30 Game Night

12

10:30 Higher Or Lower  
11:00 Chair Yoga  
1:00 Devotions  
2:00 Bingo  
3:00 Checkers  
6:30 Movie Night

13

9:00 Morning Group  
10:00 White Board Fun  
11:00 Walking Club  
1:00 Bean Bag Baseball  
3:30 Vickie Harbert

14

9:00 Morning Group  
10:00 Show & Tell  
11:00 Ring Toss  
1:00 Bible Study  
2:00 Bingo  
3:30 Helene Viale

15

9:00 Morning Group  
10:00 Where Am I  
11:00 Noodle Exercises  
1:00 Scrapbooking  
2:00 Red Hat Ladies  
3:30 Maurice Jules  
6:30 Friday Night Movie

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10:00 Morning Group  
11:00 Balloon Toss  
1:30 Bingo  
2:30 General Store  
7:00 Lawrence Welk

17

2:30 Church  
6:30 Gospel Music Hour

18

9:00 Morning Group  
10:00 Trivia Time  
11:00 Bend & Stretch  
1:00 Nail Care  
3:00 Lotion Therapy  
6:30 Game Night

19

10:30 Music Therapy  
1:00 Devotions  
2:00 Bingo  
3:30 Mike Lazano  
6:30 Movie Night

20

9:00 Morning Group  
10:00 White Board Fun  
11:00 Let's Take A Walk  
1:00 Bean Bag Baseball  
3:00 UNO

21

**Thanksgiving**  
9:00 Thanksgiving Movie  
12:00 TGiving Dinner  
2:00 Bingo

22

9:00 Morning Group  
10:00 What Am I  
11:00 Ring Toss  
1:00 Craft Hour  
2:00 Men's Group  
3:00 Dave Gray  
6:30 Friday Night Movie

23

10:00 Morning Group  
11:00 Chair Yoga  
1:30 Bingo  
2:30 The Price Is Right  
7:00 Lawrence Welk

24

2:30 Church  
6:30 Gospel Music Hour

25

9:00 Morning Group  
10:00 Trivia Time  
11:00 Balloon Toss  
1:00 Nail Care  
3:00 Massage Therapy  
6:30 Game Night

26

10:30 Memory Lane  
11:00 Band Exercises  
1:00 Devotions  
2:00 Bingo  
3:00 Yahtzee  
6:30 Movie Night

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**Eric Donhowe**  
9:00 Morning Group  
10:00 White Board Fun  
11:00 Bend & Stretch  
12:00 Birthday Party  
1:00 Bean Bag Baseball

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9:00 Morning Group  
10:00 Resident Council  
10:30 Higher Or Lower  
11:00 Noodle Exercises  
1:00 Bible Study  
2:00 Bingo  
3:00 UNO

29

9:00 Morning Group  
10:00 White Board Fun  
11:00 Walking Club  
1:00 Scrapbooking  
2:00 Red Hat Ladies  
3:30 Tom Anderson  
6:30 Friday Night Movie

30

