



Trick or Treating at Bickford

## October 28th @ 2pm-4pm

If you would like your loved one to participate please bring your treat donation to the activity room by 10/19.

> If you have any questions please call Rhonda or email Rhondajohnsonbickford@gmail.com

## Wishing you a Spooktacular October!



Left: Marge Shopping for

Fudge

Above: Tractor Ride Below: Tom's Pie Outing with Simply Home Health







Top: Fall Craft Time Above: Royal Oaks Apple **Orchard Lunch Outing** 

We are looking forward to a fun filled month of outings and events.

Please look at our activity calendar, as vou will notice the family and friends events are hi-lighted in orange. You are always welcome to join us for any activity. I would like to encourage you to attend these special events as your loved one is looking forward to seeing you. Have a fun and safe Halloween!

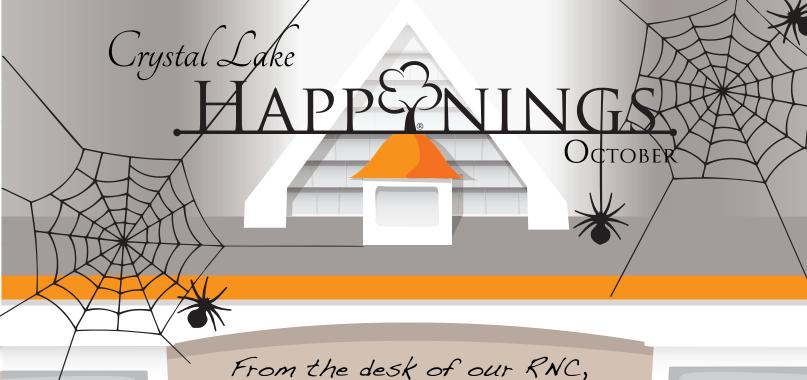


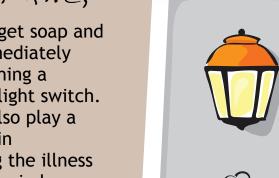
when you are

unable to get soap and water immediately after touching a handle or light switch. Diet can also play a huge role in preventing the illness so keep in mind protein, and water are all ways to improve your own immune system. Power to stop the flu begins with you. We are holding our annual flu immunization clinic on October 1,2,and 3rd for our residents and BFM staff. Please protect yourself and others by receiving a flu shot today! Have a happy and

healthy fall!

Nicole











## October

10:30am Puzzles 11am St. Eliz Service 1:30pm Walking Club 2pm Cover All Game 3pm Word Searches 6pm Dean Martin Special

10:30am Walking Club 11am St. Eliz Service 1:30pm Hangman 2:30pm Word Searches & Color 3:30pm Coffee & Chat 6pm Puzzles

11am St. Eliz Service 1:30pm Wii Bowl 2:30pm Puzzles with friends 3:30pm Coffee & Chat 6pm Disney Movie Night 21

10:30am Walking Club 11am St. Eliz Service 2pm - 4pm **Trick or Treat Event** Open to the Public 6pm Puzzles with friends

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9:30am Simply Fit 11am Rosary Circle 1:30pm Walking Club 2pm October Fest Fun 4pm Early Dinner 6pm Family & Friends Bingo Night

9:30am Getting Fit 11am Rosary Circle 11:45am Lunch Out 2pm Balloon Game 3pm Garden Club 4pm Word Searches 6pm Wii Bowling & Games

9:30am Simply Fit 10:15am Hymn Sing 11am Rosary Circle 1:15pm Build a Scarecrow Fun& Fall Treats at Toms 3:30pm Balloon Game 6pm Uno Game

9:30am Getting Fit 10:15am Hymn Sing 11am Rosary Circle 1:30pm Memorial Serv 2:30pm Cover All Fun 3:30pm Color Create 6pm Manicures 22

9:30am Simply Fit 10:15am Hymn Sing 11am Rosary Circle 1:30pm Music Memory 2:30pm Color Create ■ 6pm Comedy Movie & Popcorn 29



9:30am Exercise Time 10:30am Bingo Games 1:15pm Men's Group 1:30pm Bible Study 2:30pm Pumpkin Crafts & Fun 6pm Movie & Popcorn

9:30am Movercise 10:30am Bingo Fun 1:15pm Mens's Group 1:30pm Bible Study 2:30pm Birthday Party Entertainment 6pm Family Quarterly Meeting

9:30am Stretch it Out 10:30am Cary Carnary Sing a long Fun 1:15pm Mens's Group 1:30pm Bible Study 2:30pm Trivia Time 6pm I Love Lucy 16

9:30am Movercise 10:30am Bingo Fun 1:15pm Mens's Group 1:30pm Bible Study 2:30pm Reminisce & Treats 6pm Dean Martin 23 Special

9:30am Exercise Time 10:30am Bingo-Donut 12:45pm Res.Council 1:15pm Men's Group 1:30pm Bible Study 2:30pm Reminisce 6pm Board Games 30



9:30am Getting Fit 10:30am St. Eliz Serv 1pm Shopping Outing 3:30pm Word Searches & Games 6pm Wii Bowling & Games 3

9:30am Simply Fit 10:30am St. Eliz Serv 11:30am Walking Club 1:30pm Bickford Store 2:30pm Painting Fun 3:30pm L,R, Center 6pm Card Games

9:30am Getting Fit 10:30am St. Eliz Serv 1pm Walking Club 2pm Making Jewelry 3pm Card Games 6pm Wheel of Fortune

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9:30am Simply Fit 10:30am St. Eliz Serv 1pm Board Games 2:30pm Uno Game 3:30pm Word Searches & Puzzles 6pm Wheel of Fortune

Happy Halloween 9:30pm Getting Fit 10:30am St. Eliz Serv 11:15am Treats to U! 1:30pm Ghost of Mr. Chicken & Popcorn 6pm Wheel of Fortune 9:30am Getting Tone 10:30am Bingo Bash 1:30pm Trivia Time 2:30pm Koffee Klatch Club & Reminisce 4pm Puzzles 6pm Comedy Movie &

Treats

9:30am Exercise Class 10:30am Bingo Blast 1:30pm Reminsce 2:30pm Trivia Fun 4pm Puzzles 6pm I Love Lucy & Popcorn

9:30am Movercise 10:30am Bingo Fun 1:30pm Quilt Club 2:30pm Get Crafty 4pm Checkers 6pm Chocolate & Gold Family Event

9:30pm Stretch it Out 10:30am Bingo Games 1:30pm Trivia Time 2:30pm Cooking Club 3:30pm Card Games 6pm Comedy Movie & Popcorn 25

Schedule is subject to change depending on interest and weather.

9:30am Simply Fit 11am Service 1pm Library Visits 2pm Uno Game 3:30pm Manicures 6pm Puzzles

9:30am Getting Fit 1am Service 1:30pm Stacey/Piano 2:30pm Family History Chat Snack & Refreshments Social 6pm Puzzles 12

9:30am Simply Fit

1pm Movie Outing

6pm Hogans Heroes

9:30am Getting Fit

3pm Board Games

6pm Wii Bowling

10:45am Depart C.L.

Halloween Lunch Party

2pm Wii Games

4pm Puzzles

& Popcorn

11am Service

11am Service

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10:30am Bingo Fun 1:30pm Walking Club 2pm Cover All Fun **3pm Color Creations** & Coffee Chat 4pm Checkers 6pm Puzzles

10:30am Bingo Blast 1pm Bickford Store 2pm Walking Club 2:30pm Cover All Fun 4pm Puzzles 6pm Dean Martin **Special** 

1:30pm Walking Club 2pm Board Games 3pm Color Create 3:30pm Coffee & Chat with friends 6pm Western Movie

10:30am Bingo Blast

10:3am Bingo Games 1:30pm Wii Bowling 2:30pm Board Games 3:30pm Walking Club 6pm Musical Movie & Popcorn

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