



Trick or Treating at Bickford

on

October 28th @ 2pm- 4pm

If you would like your loved one to participate please bring your treat donation to the activity room by 10/19.

If you have any questions please call Rhonda or email Rhondajohnsonbickford@gmail.com

Crystal Lake

HAPPENINGS

OCTOBER



Wishing you a Spooktacular October!

From the desk of our RNC,

With the flu season right around the corner we want to use this as a time to remind everyone if you are sick or have been around anyone that is sick please refrain from coming in to see your loved ones. An individual is usually unaware that they are sick the first day and that is when they are most contagious.

unable to get soap and water immediately after touching a handle or light switch. Diet can also play a huge role in preventing the illness so keep in mind increasing Vitamin C, protein, and water are all ways to improve your own immune system.

Another way of helping us prevent the flu is by washing your hands frequently; having a small bottle of hand sanitizers attached to your walker or wheelchair may come in handy when you are

Power to stop the flu begins with you. We are holding our annual flu immunization clinic on October 1,2,and 3rd for our residents and BFM staff. Please protect yourself and others by receiving a flu shot today! Have a happy and healthy fall!
Nicole



We are looking forward to a fun filled month of outings and events. Please look at our activity calendar, as you will notice the family and friends events are hi-lighted in orange. You are always welcome to join us for any activity. I would like to encourage you to attend these special events as your loved one is looking forward to seeing you. Have a fun and safe Halloween!



Left: Marge Shopping for Fudge
Above: Tractor Ride
Below: Tom's Pie Outing with Simply Home Health



Top: Fall Craft Time
Above: Royal Oaks Apple Orchard Lunch Outing



October



9:30am Simply Fit
11am Rosary Circle
1:30pm Walking Club
2pm October Fest Fun
4pm Early Dinner
**6pm Family & Friends
Bingo Night**

1

9:30am Exercise Time
10:30am Bingo Games
1:15pm Men's Group
1:30pm Bible Study
2:30pm Pumpkin
Crafts & Fun
6pm Movie & Popcorn

2

9:30am Getting Fit
10:30am St. Eliz Serv
1pm Shopping Outing
3:30pm Word Searches
& Games
6pm Wii Bowling
& Games

3

9:30am Getting Tone
10:30am Bingo Bash
1:30pm Trivia Time
2:30pm Koffee Klatch
Club & Reminisce
4pm Puzzles
6pm Comedy Movie &
Treats

4

9:30am Simply Fit
11am Service
1pm Library Visits
2pm Uno Game
3:30pm Manicures
6pm Puzzles

5

10:30am Bingo Blast
1:30pm Walking Club
2pm Board Games
3pm Color Create
3:30pm Coffee & Chat
with friends
6pm Western Movie

6

10:30am Puzzles
11am St. Eliz Service
1:30pm Walking Club
2pm Cover All Game
3pm Word Searches
6pm Dean Martin
Special

7

9:30am Getting Fit
11am Rosary Circle
11:45am Lunch Out
2pm Balloon Game
3pm Garden Club
4pm Word Searches
6pm Wii Bowling &
Games

8

9:30am Movercise
10:30am Bingo Fun
1:15pm Mens's Group
1:30pm Bible Study
2:30pm Birthday Party
Entertainment
**6pm Family Quarterly
Meeting**

9

9:30am Simply Fit
10:30am St. Eliz Serv
11:30am Walking Club
1:30pm Bickford Store
2:30pm Painting Fun
3:30pm L,R, Center
6pm Card Games

10

9:30am Exercise Class
10:30am Bingo Blast
1:30pm Reminsce
2:30pm Trivia Fun
4pm Puzzles
6pm I Love Lucy &
Popcorn

11

9:30am Getting Fit
11am Service
1:30pm Stacey/Piano
2:30pm Family History
Chat Snack &
Refreshments Social
6pm Puzzles

12

10:3am Bingo Games
1:30pm Wii Bowling
2:30pm Board Games
3:30pm Walking Club
6pm Musical Movie &
Popcorn

13

10:30am Walking Club
11am St. Eliz Service
1:30pm Hangman
2:30pm Word Searches
& Color
3:30pm Coffee & Chat
6pm Puzzles

14

9:30am Simply Fit
10:15am Hymn Sing
11am Rosary Circle
1:15pm Build a
Scarecrow Fun& Fall
Treats at Toms
3:30pm Balloon Game
6pm Uno Game

15

9:30am Stretch it Out
10:30am Cary Carnary
Sing a long Fun
1:15pm Mens's Group
1:30pm Bible Study
2:30pm Trivia Time
6pm I Love Lucy

16

9:30am Getting Fit
10:30am St. Eliz Serv
1pm Walking Club
2pm Making Jewelry
3pm Card Games
6pm Wheel of Fortune

17

9:30am Movercise
10:30am Bingo Fun
1:30pm Quilt Club
2:30pm Get Crafty
4pm Checkers
**6pm Chocolate & Gold
Family Event**

18

9:30am Simply Fit
11am Service
1pm Movie Outing
2pm Wii Games
4pm Puzzles
6pm Hogans Heroes
& Popcorn

19

10:30am Bingo Fun
1:30pm Walking Club
2pm Cover All Fun
3pm Color Creations
& Coffee Chat
4pm Checkers
6pm Puzzles

20

11am St. Eliz Service
1:30pm Wii Bowl
2:30pm Puzzles with
friends
3:30pm Coffee & Chat
6pm Disney Movie
Night

21

9:30am Getting Fit
10:15am Hymn Sing
11am Rosary Circle
1:30pm Memorial Serv
2:30pm Cover All Fun
3:30pm Color Create
6pm Manicures

22

9:30am Movercise
10:30am Bingo Fun
1:15pm Mens's Group
1:30pm Bible Study
2:30pm Reminisce
& Treats
6pm Dean Martin
Special

23

9:30am Simply Fit
10:30am St. Eliz Serv
1pm Board Games
2:30pm Uno Game
3:30pm Word Searches
& Puzzles
6pm Wheel of Fortune

24

9:30pm Stretch it Out
10:30am Bingo Games
1:30pm Trivia Time
2:30pm Cooking Club
3:30pm Card Games
6pm Comedy Movie &
Popcorn

25

9:30am Getting Fit
10:45am Depart C.L.
Halloween Lunch Party
11am Service
3pm Board Games
6pm Wii Bowling

26

10:30am Bingo Blast
1pm Bickford Store
2pm Walking Club
2:30pm Cover All Fun
4pm Puzzles
6pm Dean Martin
Special

27

10:30am Walking Club
11am St. Eliz Service
**2pm - 4pm
Trick or Treat Event
Open to the Public**
6pm Puzzles with
friends

28

9:30am Simply Fit
10:15am Hymn Sing
11am Rosary Circle
1:30pm Music Memory
2:30pm Color Create
6pm Comedy Movie &
Popcorn

29

9:30am Exercise Time
10:30am Bingo-Donut
12:45pm Res.Council
1:15pm Men's Group
1:30pm Bible Study
2:30pm Reminisce
6pm Board Games

30

Happy Halloween
9:30pm Getting Fit
10:30am St. Eliz Serv
11:15am Treats to U!
1:30pm Ghost of Mr.
Chicken & Popcorn
6pm Wheel of Fortune

31

**Schedule is subject to
change depending on
interest and weather.**

