

RESIDENT OF THE MONTH - MAXINE LADD

Maxine was born at home in Churdan, Iowa March 21, 1918. She and her 2 siblings were born to farmer parents, and says she loved helping around the farm pulling weeds and raking. While growing up, she says she enjoyed playing ball outside. She attended a country school near Chardan. She and her husband, Floyd, had 2 daughters Marilyn and Carolyn. Maxine says her favorite holiday is Christmas. Before retiring Maxine was a housekeeper. Maxine enjoys watching soap operas and older television shows. She says her favorite color is red, and that she most enjoys gospel hymns and country music. Some of her favorite foods are ice cream, popcorn and most types of chocolate candies. Here at Bickford, Maxine enjoys playing bingo, watching television and her morning cups of coffee.



West Des Moines

HAPPENINGS

OCTOBER



Great People & Great Times

Nic who is married to Elizabeth (your nurse). They have two of my grandsons, Hunter and Jaden.

Ashley is our youngest. She is married to Nathan Mittag and they live in NE.

They have my other two grandchildren, Coltrane and Cadence. All four kids are very active and keep my taxi running.

I have been involved in health care for over 35 years and loved every challenge faced. I came to work at Bickford of WDM about a year ago, working in Mary B's as the Activity Director.

Right Side - Red Hat Ladies enjoy "bomb pops" on the courtyard patio.



**BFM of the Month
Mary Jude Lyon**

Hi, I am Mary Jude Lyon. I was born and raised in the little town of Cumming, IA. I met my husband over a pool game, which he had always said he let me win so he could see me again. We were married 33 years before he passed away. We had three children; Melissa who died at the age of 17 from a car accident,

Halloween Fun Facts

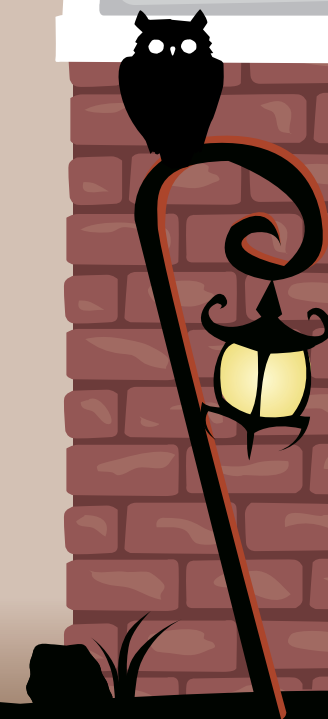
Trick-or-treating harks back to the Middle Ages and All Souls' Day, when poor people in Britain would beg for soul cakes, a sweet-bread treat, and pray for dead relatives in return.

The candy-collecting tradition has spread from the United States to Canada, Australia, and Western Europe, where more and more little goblins now trick-or-treat. In parts of England, children carry lanterns called punkies (which look like jack-o'-lanterns) and parade through the town on the last Thursday of October. In Ireland, rural neighborhoods light bonfires, and children play snap apple, in which they try to take a bite from apples that are hung by strings from a tree or a door frame.

When trick-or-treating became popular in the United States in the 1930s, more children played mischievous pranks than asked for candy. By the 1950s, though, the focus had switched to good old family fun, with sugar-hyped children dressed in costumes.

Chocolate makes up about three-quarters of a trick-or-treater's loot, according to the National Confectioners Association.

Happy Halloween
TRICK OR TREAT



October



9:00 Morning Group
10:00 Trivia
11:00 Balloon Toss
1:00 Crafting Hour
2:00 Nail Care
3:00 Lotion Therapy
6:30 Movie Time

1

9:00 One On Ones
10:30 Who Am I
11:00 Chair Yoga
1:00 Devotions
2:00 Bingo
3:00 UNO

2

9:00 Morning Group
10:00 White Board Fun
11:00 Bend and Stretch
1:00 The Price is Right
2:00 Patio Popsicles
3:00 Yahtzee
6:30 Game Night

3

9:00 Morning Group
10:00 HangMan
11:00 Band Exercises
1:00 Bible Study
2:00 Bingo
3:30 Helene Viale

4

9:00 Morning Group
10:00 Higher Or Lower
11:00 Ball Toss
1:00 Scrapbooking
2:00 Red Hat Ladies
3:00 Country Music Hour
6:30 Movie Time

5

10:00 Morning Group
11:15 Let's Take A Walk
1:30 Bingo
2:30 Yahtzee
3:30 General Store
7:00 Lawrence Welk

6

2:30 Church
6:30 Gospel Music Hour

7

9:00 Morning Group
10:00 Trivia
11:00 Ring Toss
1:00 Yahtzee
2:00 Nail Care
3:00 Book Club
6:30 Movie Time

8

9:00 One On Ones
10:30 White Board Fun
11:00 Bend and Stretch
1:00 Devotions
2:00 Bingo
3:30 Jim Boardman

9

9:00 Morning Group
10:00 Who Am I
11:00 Band Stretches
1:00 Wii Games
2:00 Happy Hour
3:00 Sing-A-Long
6:30 Game Night

10

9:00 Morning Group
10:00 HangMan
11:00 Father Kirby
11:00 Let's Take A Walk
1:00 Bible Study
2:00 Bingo
3:30 The Price Is Right

11

Family History Day
9:00 Morning Group
10:00 Memory Lane
11:00 Chair Yoga
1:00 UNO
2:00 Family Day Craft
3:00 Men's Group
6:30 Movie Time

12

10:00 Morning Group
11:15 Let's Take A Walk
1:30 Bingo
2:30 Wii Games
3:30 Bean Bag Baseball
7:00 Lawrence Welk

13

2:30 Church
6:30 Gospel Music Hour

14

9:00 Morning Group
10:00 Trivia
11:00 Ball Toss
1:00 Crafting Hour
2:00 Nail Care
3:00 Lotion Therapy
6:30 Movie Time

15

9:00 One On Ones
10:30 Higher or Lower
11:00 Chair Yoga
1:00 Devotions
2:00 Bingo
3:00 Big Band Music

16

9:00 Morning Group
10:00 HangMan
11:00 Let's Take A Walk
1:00 Craft Time
2:00 Popcorn Party
3:30 Vickie Harbert
6:30 Game Night

17

9:00 Morning Group
10:00 Memory Lane
11:00 Balloon Toss
1:00 Bible Study
2:00 Bingo
3:30 Helene Viale

18

Annie Earle Burris
9:00 Morning Group
10:00 White Board Fun
11:00 Ring Toss
1:00 Scrapbooking
2:00 Red Hat Ladies
3:00 Dave Gray
6:30 Movie Time

19

10:00 Morning Group
11:15 Let's Take A Walk
1:30 Bingo
2:30 UNO
3:30 General Store
7:00 Lawrence Welk

20

2:30 Church
6:30 Gospel Music Hour

21

9:00 Morning Group
10:00 Trivia
11:00 Ring Toss
1:00 Yahtzee
2:00 Nail Care
3:00 Book Club
6:30 Movie Time

22

9:00 One On Ones
10:30 White Board Fun
11:00 Bend and Stretch
1:00 Devotions
2:00 Bingo
3:30 Tom Anderson

23

9:00 Morning Group
10:00 HangMan
11:00 Chair Yoga
12:00 Birthday Party
1:00 Wii Games
2:00 Happy Hour
3:30 Jim Quales
6:30 Game Night

24

9:00 Morning Group
10:00 Resident Council
10:30 Who Am I
11:00 Let's Take A Walk
1:00 Bible Study
2:00 Bingo
3:30 Mike Lozano

25

9:00 Visit With Gracie
10:00 Memory Lane
11:00 Band Stretches
1:00 Halloween Craft
2:00 Men's Group
3:30 Maurice Jules
6:30 Movie Time

26

10:00 Morning Group
11:15 Let's Take A Walk
1:30 Bingo
2:30 The Price is Right
3:30 Big Band Music
7:00 Lawrence Welk

27

Reva Nelson
2:30 Church
6:30 Gospel Music Hour

28

9:00 Morning Group
10:00 Trivia
11:00 Let's Take A Walk
1:00 Halloween Craft
2:00 Nail Care
3:00 Lotion Therapy
6:30 Movie Time

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9:00 One On Ones
10:30 White Board Fun
11:00 Let's Take A Walk
1:00 Devotions
2:00 Hocus Pocus Movie
4:00 Halloween Music

30

Halloween
9:00 Morning Group
10:00 Memory Lane
11:00 Bend and Stretch
2:00 Halloween Party

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