

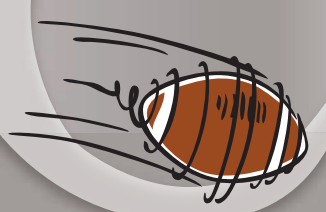


Our resident of the month is Kay M! Kay was born in Bethlem, PA where she did not stay for long! She became a nurse and moved to New York City! While she was there, she met her husband, Joe, who was a OB-GYN at the same hospital. Kay also modeled while she lived in New York. Her husband and her had 4 kids- Joe, Cathy, Cheri and Jackie. Joe is famous in the family because he worked at Seaworld with Shamu! Kay got to meet him and all of the other animals after the shows put on for the public. Here at Bickford, Kay is very involved with our Music Therapy sessions. She also enjoys visits from our pet therapists as well as her whole family, both personal and Bickford family. Thank you for being amazing and absolutely wonderful, Kay!

Rocky River

HAPPENINGS

SEPTEMBER



Monthly Events

Last month, we celebrated all month long! Our county fair day was awesome! We featured 3 small games complete with prizes as well as a balloon bender. Check out the baby balloon Kay is sporting on the back page! We went and had pie at Baker's Square and even saw a ragtime pianist up at Rocky River Senior Center. We rounded out the month by revisiting our Fast Food Fanatics Club and went to Arby's! It was so good and I think everyone got their curly fry fix in! Yummy!

This month, we will be eating some s'mores and singing campfire songs on September 6th right after dinner. Come on out and let us toast you a s'more! We will also be celebrating Grandparent's Day with Dan Derbin and a fun surprise for us! We are also featuring a "50-s theme" lunch with a grand menu to match! Also, watch for Red Robin, Scenic Joy Rides, and to finish off the summer- Ice Cream at good ol' Mitchells. Sounds tasty! If you have any suggestions, please contact Leslie, our Life Enrichment Coordinator.



Bickford
assisted living
& memory care



We're Rockin' in River

Turkey Noodle Soup (35 servings)

Turkey Roast- 4 2/3 lb

Margarine- 2 1/4 Tbsp

Onions- 2 1/3 cups chopped

Celery- 2 1/3 cups chopped

Carrots- 4 2/3 cups chopped

Potatoes- 2 1/4 cups cubed

Basil- 2 1/4 tsp

Pepper- 1 1/4 tsp

Thyme- 1 1/4 tsp

Chicken Base- 2 1/4 Tbsp

Egg Noodles- 1 1/4 lbs

Chicken Broth

1. Cook Turkey Roast According to package directions.

2. Melt margarine in a large pot over medium heat. Saute the celery,

carrot and onion for 2 minutes. Add potatoes, basil, pepper, thyme, reserved chicken broth (3 cup per lb turkey used) and base. Bring to a boil.

3. Add noodles and turkey and cook on low for 20 minutes. Sprinkle with parsley if desired.

"The best things in life are not seen, but felt in the heart. So whatever comes your way, embrace it. Enjoy it and don't force it. Everything we do will help us grow and every person we meet will teach us a lesson. Keep an open mind, try something new, and follow your heart!"



S

9:00a Tea & Talk
10:30a Prince of Peace Church Service
2:00 Sunday Stretches
4:00 Word Puzzles

30

M

Bickford Birthdays
Bill N- Sept 2
Jean N- Sept 3
Norma C- Sept 3
Naomi C- Sept 21
Alice J- Sept 25
Shirley S- Sept 28

T

8:00a Salon with Sherri
9:00a Music with Lynne
11:00a Silver Sneakers Yoga with Barbara
1:30p Bingo with Donna
4:00p Sing a Long with Leslie

4

W

8:00a Salon with Sherri
10:30a Mass at St. Chris
1:30p Noodle Bop
2:30p Flower Arranging Club
4:00p Jigsaw Puzzle Club

5

T

9:00a Tea & Talk
10:00a Catholic Communion
11:00a Church on the Move!
4:00p Knitter's Korner
6:00 S'mores and Songs

6

F

9:30a Sandy and Mickey Come Visit!
11:00a Sittercise
2:00p Shopping at Drug Mart
6:00p Meditation & Reflection

7

S

9:00a Tea & Talk
10:00a Saturday Morning Manicures
1:30p Scenic Joy Ride
6:00p Resident Choice Movie

1

September

9:00a Tea & Talk
10:30a Prince of Peace Church Service
2:00 Sunday Stretches
4:00 Word Puzzles

2

Labor Day
9:00a Tea & Talk
10:30a Patio Hour
1:00p Art Corner
2:00p Mind your Mind
6:00p Meditation & Reflection

3

Grandparent's Day
9:00a Tea & Talk
10:30a Prince of Peace Church Service
1:30 Dan Derbin Performs
4:00 Word Puzzles

9

9:00a Tea & Talk
10:30a Patio Hour
1:00p Art Corner
2:00p Mind your Mind
6:00p Meditation & Reflection

10

8:00a Salon with Sherri
9:00a Music with Lynne
11:00a Silver Sneakers Yoga with Barbara
1:30p Bingo with Donna
4:00p Sing a Long with Leslie

11

8:00a Salon with Sherri
10:30a Mass at St. Chris
1:30p Noodle Bop
2:30p Flower Arranging Club
4:00p Jigsaw Puzzle Club

12

9:00a Tea & Talk
10:00a Catholic Communion
11:00 Lunch Bunch at Red Robin
2:00p Zumba Gold
4:00p Knitter's Korner

13

9:30a Sandy and Mickey Come Visit!
10:00a Ruffing Presents Newscurrents Sr.
11:00a Sittercise
1:30p Music Therapy with Mary
6:00p Meditation & Reflection

14

9:00a Tea & Talk
10:00a Saturday Morning Manicures
1:30p Scenic Joy Ride
6:00p Resident Choice Movie

15

9:00a Tea & Talk
10:30a Prince of Peace Church Service
2:00 Sunday Stretches
4:00 Word Puzzles

16

9:00a Tea & Talk
10:30a Patio Hour
1:00p Art Corner
2:00p Mind your Mind
6:00p Meditation & Reflection

17

8:00a Salon with Sherri
9:00a Music with Lynne
11:00a Silver Sneakers Yoga with Barbara
1:30p Bingo with Donna
4:00p Sing a Long with Leslie

18

8:00a Salon with Sherri
10:30a Mass at St. Chris
2:00 Crafts with Weezie
2:30p Flower Arranging Club
4:00p Jigsaw Puzzle Club

19

50's Day
10:00a Catholic Communion
11:00a Church on the Move!
12:00p 50's Luncheon!
4:00p Knitter's Korner

20

9:30a Sandy and Mickey Come Visit!
11:00a Sittercise
1:30p Music Therapy with Mary
6:00p Meditation & Reflection

21

9:00a Tea & Talk
10:00a Saturday Morning Manicures
1:30p Scenic Joy Ride
6:00p Resident Choice Movie

22

9:00a Tea & Talk
10:30a Prince of Peace Church Service
2:00 Sunday Stretches
4:00 Word Puzzles

23

9:00a Tea & Talk
10:30a Patio Hour
1:00p Art Corner
2:00p Mind your Mind
6:00p Meditation & Reflection

24

8:00a Salon with Sherri
9:00a Music with Lynne
11:00a Silver Sneakers Yoga with Barbara
1:30p Bingo with Donna
4:00p Sing a Long with Leslie

25

8:00a Salon with Sherri
10:30a Mass at St. Chris
10:30a Book Club
1:30p Noodle Bop
2:30p Flower Arranging Club
4:00p Jigsaw Puzzle Club

26

9:00a Tea & Talk
10:00a Catholic Communion
2:30p Ice Cream at Mitchell's
4:00p Knitter's Korner

27

9:30a Sandy and Mickey Come Visit
10:00a Ruffing Presents Newscurrents Sr.
11:00a Sittercise
1:30p Music Therapy with Mary

28

9:00a Tea & Talk
10:00a Saturday Morning Manicures
1:30p Scenic Joy Ride
6:00p Resident Choice Movie

29