



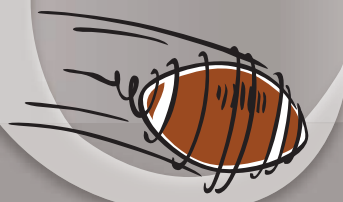
Grandparent's Day is September 9th. If you plan on joining your family on their special day for a meal- please RSVP no later than September 5th. The \$10 meal cost will be added to their monthly statement.

We need to make sure that we have tables ready and enough food for all. Special events are busy, and we want to ensure that all have an amazing day with their loved one!

Thank you in advance for your understanding!

Omaha Blondo HAPPENINGS

SEPTEMBER



FALLING LEAVES

NEBRASKA HUSKER FOOTBALL HAS FINALLY ARRIVED! PLEASE JOIN US EACH SATURDAY AS WE ROOT OUR FAVORITE TEAM TO VICTORY! GO BIG RED!!

Cooler weather is quickly arriving. With the weather change, PLEASE check your loved one's closet for winter clothing. As we age, we don't have great circulation so we get cold easy! Please bring in warm clothing such as sweaters, sweatshirts, lap blankets, fuzzy socks, slippers, etc. This is also a great time to check toiletries- kleenex, shampoo, toilet paper, etc..

September 11th is Patriot Day. At Bickford, we want to give our thanks for those who serve in our Armed Forces. We are having a patriotic concert on the 11th at 2:00. Please join us if you're able.

God Bless the USA!

Winter will be here before we know it!!



Summer - Gone too soon!

Fun Times Outdoor Energy

August was filled with music concerts. We had 3 evening concerts- we tried to make the most out of the lazy days of summer! Please check out our calendar for fun events & activities. We love having guests join us!

Look soon for our Happiness Survey! This will be mailed to one household address per Bickford resident. We're confident that we provide excellent care to your loved one and we appreciate hearing from you!

We love our birds! We now have 2 Courtyards- with plenty of comfy seats to watch the birds fly & enjoy the beautiful flowers.

Please join us in our quest to find a cure! If you are wanting to join our Bickford-Blondo team, please contact Amy, our Director, at 402-491-0400. They are making advances in treatment, so let's help! Let's get walking!!

BIRD TREATS

8/18

PIC-COLLAGE

THE END OF ALZHEIMER'S STARTS WITH **you!**

WALK TO END ALZHEIMER'S

Sunday Sept 23, 2018
 Time: Registration at 9am, Ceremony at 10:15am, Walk at 11:00am
 Route Length: 2 miles
 Location: Stinson Park - Akarben Village, 2285 S 67th St, Omaha, NE 68106

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's® is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. This inspiring event calls on participants of all ages and abilities to join the fight against the disease!

When you participate in the Walk, your fundraising dollars and participation in the event helps to change the level of Alzheimer's awareness in our community. While there is no fee to register, we encourage participants to...

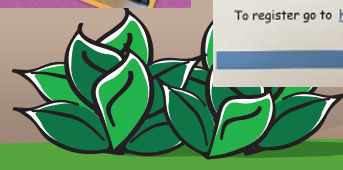
Bickford Omaha will be silver sponsors for this year's "Walk to End Alzheimer's" event.

Will you join our team for walk day? We would love to have many Bickford family & friends come together for this great cause!

To register go to <http://act.alz.org/goto/BickfordOmaha>

Painting Garden Pots

PIC-COLLAGE



S

M

T

W

T

F

S

SEPTEMBER BIRTHDAYS

Mary Mitchell - 9/3
Laura Ostby - 9/15

SEPTEMBER ANNIVERSARIES

John Wedel - 9/3/15
Kat Shaw - 9/3/15
Diana Amador - 9/11/17

Our Facebook Address is:
[facebook.com/bickford/blondo](https://www.facebook.com/bickford/blondo)

Our Blog Address is:
enrichinghappiness.com/omaha/blondo

Enjoy outdoors- Autumn is amazing!



10:30a Exercises
11:15a Catholic Services
1:15p Manicures/Eye Glass Cleanings
4p Church with Pastor Mark 30

10:30a Exercises
11:15a Catholic Services
1:15p Manicures/Eye Glass Cleanings
4p Church with Pastor Mark 2

Grandparent's Day
10:30a Exercises
11:15a Catholic Services
1:15p Manicures
3p Alex - Piano
4p Pastor Mark 9

10:30a Exercises
11:15a Catholic Services
1:15p Manicures/Eye Glass Cleanings
4p Church with Pastor Mark 16

10:30a Exercises
11a Alzheimer's Walk
11:15a Catholic Services
1:15p Manicures/Eye Glass Cleanings
4p Pastor Mark 23

Labor Day - Enjoy the Holiday
10:15a Exercises
1:30p Career Memories
2p Monday Movie - Working 9 to 5 3

9:30a Courtyard Coffee
10:15a Exercise
2p All Saints Communion Service
3:15p Mary B's Punch
5:45p Bickford Walking Club 10

9:30a Daily News
10:15a Powercise
2:30p Birthday Party Cake
3:15p Advice Columns
5:45p Pastor Ron & Walking Club 7

10:15a Twist & Turn
2p Houston Solution - MUSIC
3:15p Black Jack
5:45p Bickford Walking Club
7p Dancing with the Stars-ABC 24

9:45a Newspaper Carrier Day
10:15a AM Workout
1:30p Christine Coulson - MUSIC
3p Courtyard Bliss
6:15p Bingo 4

9:30a Patriot Day
10:15a Flexible Moves
2p Dick Sladkey - MUSIC
3:15p Patriotic Crafts
6:15p Bingo 11

9:30a Air Force B-Day
10:15a Rise Up & Move!
2p Homemade Applesauce
3:15p Summer Social
6:15p Bingo 18

9:30a National Comic Book Day - Enjoy a Comic Book!
10:15a Body Pump
2p Resident Council
3:15p Branch Stroll
6:15p Bingo 25

10a Wednesday Walk
10:45a Pastor Laura
1:30p Rosary with Barbara
2:15p Cards
6p Hump Day Puzzle 5

9:30a Brain Freeze!
10:15a Morning Exercise
1:30p Rosary
2p Joe - MUSIC
6p Family Feud 12

9:30a Checkers
10:15 Wake-Up Wednesday!
10:45a Pastor Mark
1:30p Rosary
3p Pictionary
6p Horseshoes 19

10:15a PE Moves
1:30p Rosary with Barbara
2p Majestic Country Gospel Music
6:30p PAWS Pet Visits 26

September

9:30a Armed Forces Day - Gratitude
10:15a Body Moves
2p Lonnie - MUSIC Harmonica
3:15p Military Blessing
6p Scattergories 6

10:15a Group Stretch
10:45a Pastor Laura
1:15p Angel Works
3:30p Rod Johnson - Massage Therapist
6p Scrabble 13

50's Day
9:30a Sock Hop Music
10:15a Be-Bop Movin' & Groovin'
2:15p 50's Trivia Fun
3p Chris - MUSIC
6p James Dean Movie 20

9:30a Reflections
10:45 - Pastor Laura
2p Fontenelle Forest Program
3:15p Sing-A-Long
6:00p Tell All Game
7:30p Thursday Night Football 27

9:30a Ball Toss
10:15a Friday Video
2p Boggle
3:15p Lemonade Laughs
6p Courtyard Game 7

9:30a Connect Four
10:15a Friday Fit
2p Name That Tune
3:00p Celebration of National Assisted Living Week
6p Paul Ramp - Trumpet 14

10a Creighton Prep Students
10:30a Charades
2p Suncatchers
3p Bird Watching
6p Word Puzzles 21

9:30a Riddle Me This
10:15a Friday Exercise Club
2p Chair Dancing
3p TGIF Spa
6p Movie Matinee 28

10a Fun & Fit
11a Welcome to September
2p Courtyard Chat
6p Lawrence Welk
7p FB Huskers vs. Akron - FOX 1

10a September Stretch
11a Jokes & Stories
2:30p FB Huskers vs. Colorado - ABC
6p Lawrence Welk 8

10a Football Exercise Moves
11a FB Huskers vs. Troy - BTN
2p Craft Corner
6p Lawrence Welk 15

10a FB Huskers vs. Michigan Game Plan
10:30a Saturday Exercise
2p Games w/ Jessica
6p Lawrence Welk 22

10a FB Huskers vs. Purdue Game Plan
10:30a Weekend Exercise
2p Balloon Volleyball
6p Lawrence Welk 29