



Flu vaccine consent forms will be mailed to Power of Attorney for our residents in September 2018, with Flu Clinics being conducted in early October. Please complete the consents & return to Cindy McDaniel RNC, as soon as possible. The flu can have serious implications for the elderly & we at Bickford want to protect our families from this dangerous illness. If you do not want to have the flu vaccine administered to your loved one, please return the consent with "REFUSED" written on the consent form. Some families prefer to have the vaccine administered at their Physician's office, let me know if that is your plan & I will document that as well. If you have any questions, please call Cindy at 309-836-9700.



### August BFM Spotlight

Meet Ashley Stickler! Ashley is a 3rd shift CNA who is celebrating her 5 year anniversary with us at the end of the month! Her favorite color is blue-I wonder if that has anything to do with her love of the Chicago Cubs? She also likes Bewitched reruns and her favorite food is pasta.

She is inspired by her kids because they make her want to do her best in life. Her 4 children are also her proudest accomplishment, along with going back to college.

She has a special talent of crocheting and is also a pretty good baker. Ashley describes herself as kind, honest and hard working- we couldn't agree more!

Her favorite thing about Senior Living is meeting new and interesting people. She enjoys learning about their lives and all the things they have done. Being able to help someone who needs a little extra care warms her heart. We wish Ashley a Happy Bickford Anniversary and a Happy Birthday here in August!



### August: The Sunday of Summer

It's the last leg of summer! My family and I often hike the trails at Argyle and we are noticing the leaves changing colors already. So squeeze in those summer activities while you can!

We're excited about the next annual survey coming to you September/October. Remember! We are very active to resolve your concerns; with that in mind, please feel comfortable letting us know where we need to improve. We want to know :)

Mark your calendar's for the next Family Counsel meeting at Old Dairy, 11:30 to 12:30pm on Tuesday, October 16. Lunch is on us! We will have a guest speaker, Ashley Gordon from Harbor Light Hospice who will be chatting with us about what services they offer.

School will be starting soon! If you know a group of kids (girl scouts, boy scouts) put a bug in their ear about visiting Bickford! :) Sincerely, Robin Wike



A very special Happy 100th Birthday to Miss Eleanor on August 2nd! Please feel free to stop in or to send her a card to 1600 Maple Avenue. We hope her day is as special as she is, and that she may continue making many more memories with us here at Bickford.



S M T W T F S

# August

10:15 Coffee & Chat  
1:00 Praise/Worship  
1:30 Sunday Fellowship  
2:30 Friendship Bracelets  
6:30 Movie-Stand By Me 5

10:15 Coffee & Chat  
1:00 Praise/Worship  
1:30 Sunday Fellowship  
2:30 Games & Snacks  
6:30 Strengthening Exercises 12

10:15 Coffee & Chat  
1:00 Praise/Worship  
1:30 Sunday Fellowship  
3:00 Snacks & Coloring  
6:30 Movie- The Aviator 19

10:15 Coffee & Chat  
1:00 Praise/Worship  
2:30 Sunday Fellowship  
2:30 Games & Snacks  
6:30 Strengthening Exercises 26

10:15 Exercise  
11:00 Singalongs  
1:00 Nifty Nails  
1:30 Mac Park District  
6:30 Bowling & Popcorn 6

9:00 Coffee & News  
10:15 Exercise  
1:00 Nifty Nails  
1:30 Mac Park District  
3:00 Snack Time  
7:00 Calendar Flashback 13

10:15 Exercise & Radio Trivia  
11:00 Singalongs  
1:00 Nifty Nails  
1:30 Mac Park District  
6:30 What's In the Bag 20

**Happy Birthday BFM's Tiffany & Ashley!**  
10:15 Exercise  
1:00 Nifty Nails  
1:30 Park District  
6:30 Finish that Phrase 27

9:00 Coffee & News  
10:15 Noodle Ball  
2:30 Resident Council  
3:00 Snacks & Trivia  
6:00 Movie- Dirty Dancing 7

9:00 Coffee & News  
10:15 Noodle Ball  
2:15 Creamsicle Floats  
3:00 Bean Bag Toss  
6:30 Famous Bible Quotes/Sayings 14

9:00 Coffee & News  
10:15 Noodle Ball  
2:15 Button Starfish Art  
3:00 Snack Time  
6:30 Trivia & Word Games 21

9:00 Coffee & News  
10:15 Noodle Ball  
2:30 Cherry Turnovers  
3:00 Trivia & Fun Facts  
6:30 Napkin Folding 28

10:15 Exercise & Chat  
1:00 Salon Day  
2:30 Games & Dominoes  
6:30 Calendar Flashback 1

**County Fair Day**  
10:00 Exercise/Chat  
11:00 Fair Games  
2:00 Accordion Performance  
3:00 Funnel Cakes & Cotton Candy 8

9:00 Coffee & News  
10:15 Exercise & Lemon Trivia  
1:00 Salon Day  
2:30 Lemon Meringue Pie  
6:30 Movie Night 15

9:00 Coffee & News  
10:15 Exercise & Chat  
1:00 Salon Day  
2:15 Cooking Class  
6:30 Hot Potato  
7:00 Reminisce 22

9:00 Coffee & News  
10:15 Exercise  
1:00 Salon Day  
2:30 Pound with Greg Todd  
6:30 Movie- Driving Miss Daisy 29

**Happy Birthday Eleanor W!**  
10:15 Exercise  
1:00 Praise/Worship  
2:15 BINGO  
5:30 Birthday Party  
7:00 Movie 2

Happy Birthday Smokey Bear!  
9:00 Coffee & News  
10:15 Exercise  
1:00 Praise/Worship  
2:15 BINGO  
6:00 Card Stamping 9

**Happy Birthday Marjorie D!**  
9:00 Coffee & News  
10:15 Exercise  
1:00 Praise/Worship  
2:15 BINGO  
6:30 Balloon Volleyball 16

**Hollywood Day**  
9:30 Cast Your Vote!  
10:15 Hair/Make-up  
12:00 Dinner with the Stars  
2:30 Oscar Awards  
6:00 Movie on the Screen 23

9:00 Coffee & News  
10:15 Exercise  
1:00 Praise/Worship  
2:15 BINGO  
6:30 Balloon Volleyball 30

9:00 Coffee & News  
10:15 Exercise & Watermelon Facts  
1:30 Park District  
2:15 Watermelon Snack  
6:30 Letter Writing 3

10:15 Noodle Ball  
11:00 On This Day & Current Events  
2:00 Sand Art Fun  
3:00 Happy Hour  
6:00 Movie- Gone With the Wind 10

9:00 Coffee & News  
10:15 Noodle Ball  
2:15 Sunflower Canvas Painting  
3:00 Snack & Reminisce  
7:00 Movie-Beverly Hillsbillies 17

**Happy Birthday Donna B!**  
10:15 Noodle Ball  
2:15 Lighthouse Craft  
3:00 Happy Hour  
6:30 Strengthening Exercises 24

9:00 Coffee & News  
10:15 Exercise & Trivia  
1:30 Mac Park District  
3:00 Happy Hour  
6:30 Movie Night 31

10:00 Coffee & News  
1:00 Bubble Blowing  
2:00 Word Searches & Snack Time  
6:30 Campfire Songs & Smores 4

**Happy Birthday Bill!**  
10:00 Coffee & News  
2:15 Jumbo Bowling  
3:00 Snacks & Chat  
6:30 Strengthening Exercises 11

10:00 Coffee & News  
2:00 Cards & Games  
3:00 Bee Movie & Popcorn  
6:30 Strengthening Exercises 18

10:00 Coffee & News  
2:30 Jumbo Bowling  
3:00 Banana Splits  
6:30 Strengthening Exercises  
7:00 Movie Night 25