



August resident of the month is Sally! Sally was born in Goshen, Indiana. Her father was a motorcycle cop growing up in the Maple City. Sally worked in Central National Bank (now known as Key Bank) for years downtown. Her and her Marine husband, Bill had a daughter Brenda. Sally loves hitting the pavement as some of her favorite memories are trips to New Mexico and Cape Hatteras in North Carolina. She adores cats, Johnny Mathis and fish frys. Sally is very active here as she goes to Mass at St. Christopher's every week, involved with our crafting corner as well as our exercise classes! Thank you for being you, Sally! We wouldn't want to change a thing about you!



We're Rockin' in River!

Shannon's Chef Corner
Asian Orange Chicken
Servings- 25
Chicken Breast- 6 1/4 c
Green Onions- 3/4 c
chopped
Minced Garlic- 2 1/4 tsp
Water- 1 1/2 quarts
Cornstarch- 3/4 c
Lemon Juice- 4 1/2 fl oz
Orange Juice- 10 fl oz
Rice Vinegar- 1 1/4 oz
Soy Sauce- 2/3 c
Grated Orange Peel- 7
1/2 Tbsp
Brown Sugar- 2 1/4 c
Ground Ginger- 1/2 Tbsp

1. Saute chicken breasts with no fat for 2 minutes on each side. Roast in a 325 degree oven for 8 minutes. Let

rest and cut in nugget size pieces.
2. Saute chopped green onions and garlic for 4 minutes. Pour water, cornstarch, lemon juice, orange juice, rice vinegar, and soy sauce into sauce pan and set over medium heat. Stir in orange zest, brown sugar, ginger, garlic, and chopped onion. Bring to a boil and thicken. Should be thick enough so the sauce will stick to the chicken.
3. Mix sauce and chicken together and serve over rice.



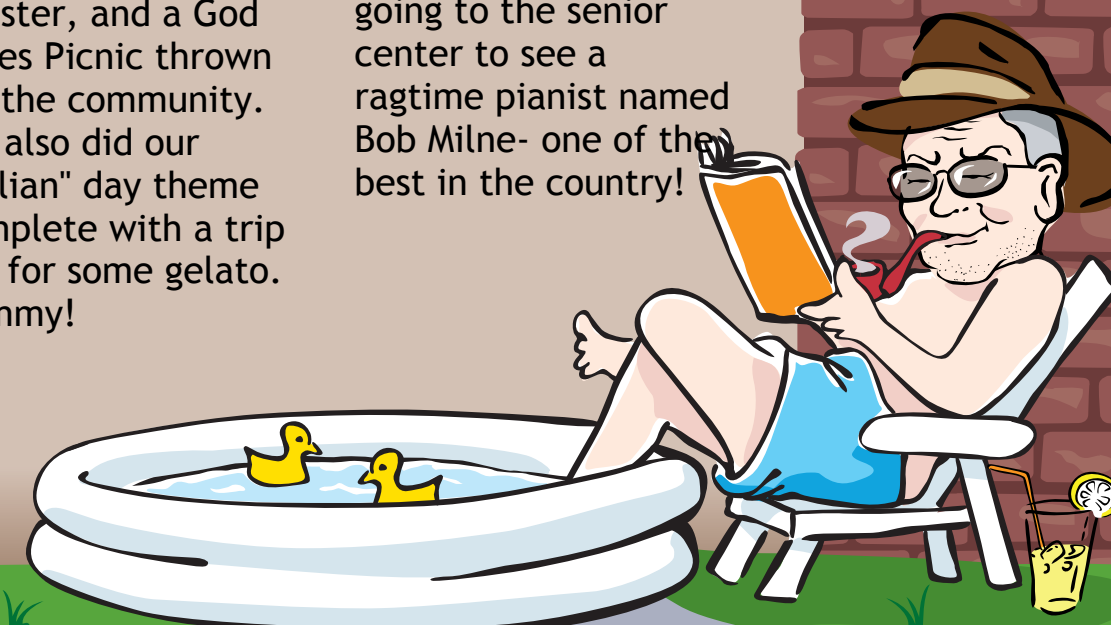
Monthly Events

I don't know how we do it, but we jam pack every month! In July, we started out with our Fourth of July luncheon along with a cornhole tournament and sparklers on the front patio. You could even see the Westlake fireworks from the front porch! We also hosted our annual luau, went to Red Lobster, and a God Cares Picnic thrown for the community. We also did our "Italian" day theme complete with a trip out for some gelato. Yummy!

This month, we are kickstarting with a trip on the Mystic Belle for a Vermillion River Boat Cruise. We will also be doing a "County Fair Day" as well as a "Hollywood" day complete with props for photo opportunities! Look for those on our blog! We will also be taking a trip to Baker's Square as well as going to the senior center to see a ragtime pianist named Bob Milne- one of the best in the country!



Bickford
assisted living
& memory care





August

Bickford Birthdays
 6- Maureen M.
 7- Mary Margaret R.
 9- Frank S.
 18- Kay M.
 30- Betty J.

8:00a Salon with Sherri
 10:30a Mass at St. Chris
 2:30p Flower Arranging Club
 4:00p Jigsaw Puzzle Club

9:00a Tea & Talk
 10:00a Catholic Communion
 11:00a Church on the Move!
 1:30p Noodle Bop
 4:00p Knitter's Korner

9:00a Tea & Talk
 10:15a Mystic Belle Vermillion River Boat Cruise & Lunch
 10:15a Newscurrents
 6:00p Meditation & Reflection

9:00a Tea & Talk
 10:00a Saturday Morning Manicures
 1:30p Scenic Joy Ride
 6:00p Resident Choice Movie

9:00a Tea & Talk
 10:30a Prince of Peace Church Service 2:00p
 Sunday Stretches
 4:00p Word Puzzles

9:00a Tea & Talk
 10:30a Patio Hour
 1:00p Art Corner 2:00p
 Mind your Mind 6:00p
 Meditation &
 Reflection

8:00a Salon with Sherri
 9:00a Music with Lynne
 11:00a Silver Sneakers
 Yoga with Barbara
 1:30p Bingo with Donna
 4:00p Sing a long with Leslie

County Fair Day
 8:00a Salon with Sherri
 10:30a Mass at St. Chris
 1:30p County Fair Games
 2:30p Flower Arranging Club
 4:00p Jigsaw Puzzle Club

9:00a Tea & Talk
 10:00a Catholic Communion
 11:00a Lunch Bunch at Baker's Square
 1:30p Noodle Bop
 4:00p Knitter's Korner

9:00a Tea & Talk
 10:00a Newscurrents
 11:00a Sittercise
 1:30p Music Therapy with Mary
 2:30p Shopping at Marc's

9:00a Tea & Talk
 10:00a Saturday Morning Manicures
 1:30p Patio Hour
 6:00p Resident Choice Movie

9:00a Tea & Talk
 10:30a Prince of Peace Church Service 2:00p
 Sunday Stretches
 4:00p Word Puzzles

9:00a Tea & Talk
 10:30a Patio Hour
 1:00p Art Corner 2:00p
 Mind your Mind 6:00p
 Meditation &
 Reflection

8:00a Salon with Sherri
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 11:00a Silver Sneakers
 Yoga with Barbara
 1:30p Bingo with Donna

8:00a Salon with Sherri
 10:30a Mass at St. Chris
 2:30p Flower Arranging Club
 4:00p Jigsaw Puzzle Club

9:00a Tea & Talk
 10:00a Catholic Communion
 11:00a Church on the Move!
 1:30p Noodle Bop
 4:00p Knitter's Korner

9:00a Tea & Talk
 10:00a Newscurrents
 1:00p RRSC Presents: Bob Milne Ragtime Pianist
 6:00p Meditation & Reflection

9:00a Tea & Talk
 10:00a Saturday Morning Manicures
 1:30p Scenic Joy Ride
 6:00p Resident Choice Movie

9:00a Tea & Talk
 10:30a Prince of Peace Church Service 2:00p
 Sunday Stretches
 4:00p Word Puzzles

9:00a Tea & Talk
 10:30a Patio Hour
 1:30p Dave Michaels Performs
 6:00p Meditation &
 Reflection

8:00a Salon with Sherri
 9:00a Music with Lynne
 11:00a Silver Sneakers
 Yoga with Barbara
 1:30p Bingo with Donna
 4:00p Sing a long with Leslie

8:00a Salon with Sherri
 10:30a Mass at St. Chris
 10:30a Book Club(303)
 2:00p Crafts with Weezie
 2:30p Flower Arranging Club

Hollywood Day
 9:00a Tea & Talk
 10:00a Catholic Communion
 1:30p Hollywood Photo Booth
 4:00p Knitter's Korner

9:00a Tea & Talk
 10:00a Newscurrents
 11:00a Sittercise
 1:30p Music Therapy with Mary
 6:00p Meditation & Reflection

9:00a Tea & Talk
 10:00a Saturday Morning Manicures
 1:30p Patio Hour
 6:00p Resident Choice Movie

9:00a Tea & Talk
 10:30a Prince of Peace Church Service 2:00p
 Sunday Stretches
 4:00p Word Puzzles

9:00a Tea & Talk
 10:30a Patio Hour
 1:00p Art Corner 2:00p
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8:00a Salon with Sherri
 10:30a Mass at St. Chris
 2:30p Flower Arranging Club
 4:00p Jigsaw Puzzle Club

9:00a Tea & Talk
 10:00a Catholic Communion
 11:30a FFF: Arby's with Melissa
 4:00p Knitter's Korner

9:00a Tea & Talk
 10:00a Newscurrents
 11:00a Sittercise
 6:00p Meditation & Reflection