

Bickford County Fair----Wednesday, August 8th join us for dinner at 5:00pm and entertainment at 5:45. All are welcome!

There are no resident August Birthdays at this time.

Please be sure to have soap and paper towels available in your apartment to help with the spread of germs.



## Volunteers / Donations

### Volunteering

We always welcome volunteers!

If you would like to participate in any daily activities, events, or outings, please contact Gerilyn at 563-242-2400.

### Volunteer Opportunities:

- \* Read Books
- \* Read Poetry
- \* Run the afternoon movie and popcorn activity on Saturday
- \* Arts and Crafts
- \* Demonstrations
- \* Hobbies
- \* Dancing
- \* Lead Games
- \* One-on-one visits
- \* Provide musical entertainment
- \* Knit/Crochet
- \* Gardening
- \* Sewing
- \* Travel Log

## Fun Facts about August

On August 1, 1876, Colorado also known as the Centennial State, became the 38th state of the United States.

On August 2, 1909 the Lincoln penny was issued.

On August 3, 1492 Christopher Columbus set sail on his first voyage across the Atlantic Ocean.

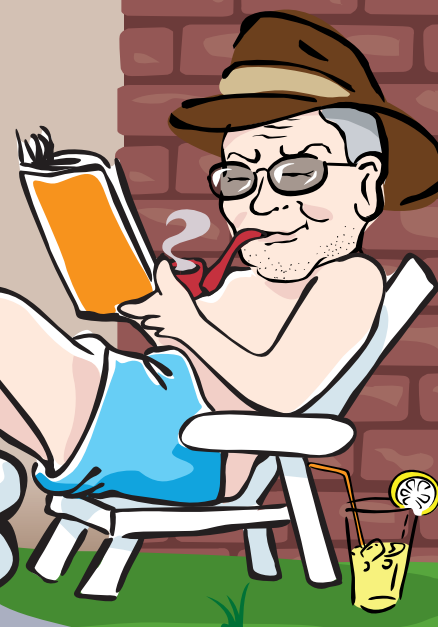
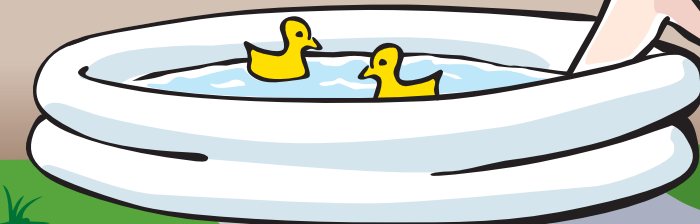
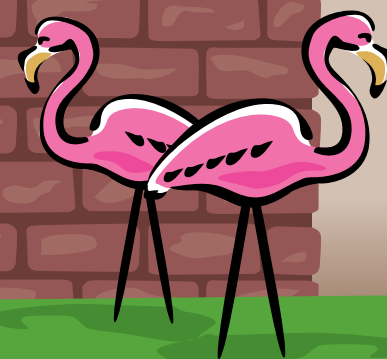
August is Family Fun Month!

August is National Picnic Month---Did you and your family go on picnics?

On August 9, 1974 Richard Nixon resigned from office, making him the first United States president to ever resign from the office.

Friendship Day is the first Sunday of August. Let our friends know how we value them!

August 21st is National Senior Citizens Day. We are so thankful for all the senior citizens here at Bickford. It is an honor to take care of you!





# August

\* All activities are subject to change.

10am Exercise DVD  
11am Coloring Club in the Activity Room  
1:30pm Marketplace Ministries Church Service  
PM Movie and Popcorn

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12

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19

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11am Coloring Club in the Activity Room  
1:30pm Marketplace Ministries Church Service  
PM Movie and Popcorn

26

10am Exercise/Trivia  
**11 Bible Study with Jim in Activity Room**  
1:30 Uno Card Game  
**3pm Rosary with Joyce**  
2:45 Rootbeer float Day-Let's enjoy one on the Patio-

6

10am Exercise/Trivia  
**11 Bible Study with Jim in Activity Room**  
1:30 Uno Card Game in Activity Room  
**3pm Rosary with Joyce**  
3pm Parachute Fun in the Family Room

13

10am Exercise/Trivia  
**11 Bible Study with Jim in Activity Room**  
1:30 Uno Card Game in Activity Room  
**2:30 Rosary with Joyce**  
**3pm John and Kay Music**

20

10am Exercise/Trivia  
**11 Bible Study with Jim in Activity Room**  
1:30 Uno Card Game in Activity Room  
**2 Megan MassageTherapy**  
**3 Roasary with Joyce**

27

10am Exercise/Trivia  
**11am Ann Plays Piano in the Family Room**  
**Noon Lunch Outing**  
1:30pm Bingo Game  
**2:30 Apartment visits with Chaplain Gloria**  
2:45 Noodle Volleyball in Family Room

17

10am Exercise/Trivia  
**11am Music with Scott**  
1:30pm Bingo Game  
**2:30pm Apartment Visits with Gloria**  
2:45pm Read-A-Loud by the Bird Aviary

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10am Exercise/Trivia  
11 Manicures/Buffing/ Coloring Club  
**Noon Lunch Outing**  
1:30pm Bingo Game  
**2:30 Apartment Visits with Gloria**  
**2:45 Sing-A-Long with Gloria**

21

10am Exercise/Trivia  
11 Manicures/Buffing/ Coloring Club  
1:30pm Bingo Game  
**2:30 Apartment Visits with Chaplain Gloria**  
2:45 Let's make Cherry Turnovers!

28

10am Exercise/Trivia  
11Let's make cow pies in the Activity Room  
1:00pm Po-Ke-No Game in Activity Room  
3:00pm Slushies on the Patio!

1

County Fair Day  
10am Exercise/Trivia  
11 County Fair Games in the Family Room  
1:30 Bus Ride to see our beautiful county!  
**5pm County Fair Dinner/ Mama J**

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10am Exercise/Trivia  
11am Craft Time  
1:00pm Po-Ke-No Game-Activity Room  
2:00pm Concert DVD  
3:00pm Ice Cream Bars on the Porch

15

10am Exercise/Trivia  
11am Craft Time in the Activity Room  
1:30 Po-Ke-No Game in Activity Room  
**2:30 Trip to Genealogy Center**

22

10am Exercise/Trivia  
11am Craft Time in the Activity Room  
1:30 Po-Ke-No Game in the Activity Room  
2:45 Sing-A-Long in the Activity Room

29

10am Exercise/Trivia  
11Let's Make Ice Cream Sandwiches!  
1:30pm Bingo Game in the Activity Room  
2:45 Read-A-Loud by the Bird Aviary

**4/5:45 Apartment Visits and Bible Study with Chaplain Roland**

10am Exercise/Trivia  
11Manicures/Buffing/ Coloring Club  
1:00pm Bingo Game in the Activity Room  
**2:00pm Trip to Bickelhaupt Arboretum**

**4/5:45 Apartment visits and Bible study-Roland**

2

10am Exercise/Trivia  
11Manicures/Buffing/ Coloring Club  
1:30pm Bingo Game  
2:45 Read-A-Loud by the Bird Aviary  
**4/5:45 Apartment visits and Bible Study with Chaplain Roland**

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Hollywood Day  
**8:00am Podiatrist Visit**  
10 Exercise/Trivia  
11 Glam Day for our Hollywood Stars!  
**12 Ron Lubbers to Sing**  
1:30 Bingo Game  
**2:45 Trip for Ice Cream**

23

10am Exercise/Trivia  
11 Manicures/Buffing Coloring Club  
1:30 Bingo Game  
2:45 Read-A-Loud by the Bird Aviary  
**4 Apartment Visits with Roland/5:45 Bible Study**

30

9Catholic Communion  
10am Exercise/Trivia  
11 Make Watermelon Treats on it's Special Day  
1:30 Bunco/Pig Games  
2:45 Porch Time with Watermelon Treats!

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9:30 Catholic Mass  
10am Exercise/Trivia  
**11 Entertainment by the Hopkins!**  
1:30 Bunco/Spoons Games in Activity Room  
2:45pm Patio Time with Smores!

10

9Catholic Communion  
10am Exercise/Trivia  
11am Foot Baths in Activity Room  
1:30 Bunco/Spoons Games in Activity Room  
2:45 Milkshake Time!

17

9Catholic Communion  
10am Exercise/Trivia  
**11am Shopping Trip**  
1:30 Bunco/Spoons Games in Activity Room  
**2:45 Shopping Trip**

24

9Catholic Communion  
10am Exercise/Trivia  
11am Make Trail Mix  
1:30 Bunco/Pig Games in the Activity Room  
**3:00pm Resident Council Meeting with Treats!**

31

10am Exercise DVD  
11am Coloring Club in the Activity Room  
2:00pm Bingo Game  
PM Movie and Popcorn  
7:00pm Lawrence Welk Show

4

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25