



They say a photo is worth a thousand words.... Check for yourself!



We have some new and exciting things to try this month of July!

The first is an aquatic exercise class at the Marion YMCA! We are going to trial an aquatic stretch & flex class early this month to see if it's of any interest. If so, we will continue the class monthly, and get our swimming on!

Next on our list is our Italian Day. Please note we moved the day up a bit so we could learn how to make homemade pasta! Our residents are getting the opportunity to learn how pasta is made by

scratch and actually roll out the noodles themselves! We will then enjoy the pasta for dinner later that evening!

We will keep our eyes peeled on what's playing on the big screen this month. We plan to book an outing at the movie theater to see some new flicks! Nothing beats that real movie theater popcorn! -Extra butter please!

Lastly, we will continue some of our favorite outings thus far, lunch, bowling, and the local coffee shops! What did we ever do without Howie!?



Bickford
assisted living & memory care



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10:00- Sunday Paper
2:00- Chapel
3:00- Weekend Activity Bin

1

9:00- Help Water Plants
9:30- Current Events
10:00- Adult Coloring Pages
11:00- Walking Club
1:30- BINGO!
3:00- Banana Splits

2

9:00- Daily News
9:30- Devotions
10:00- Chapel
10:30- Lunch Outing
1:30- Movie & Popcorn
3:00- Resident's Choice

3

Independence Day
9:00- Help Water Plants
9:30- Current Events
10:30- Courtyard Games
3:00- Bomb Pops

4

9:00- Daily News
9:30- Devotions
10:00- Chapel
1:30- Cooking Club
3:00- Uno
6:00- Dominoes

5

9:00- Help Water Plants
9:30- Current Events
10:00- Donuts & Coffee
1:30- BINGO!
3:00- Happy Hour
6:00- Friday Flick

6

9:00- Daily News
10:00- Weekend Activity Bin
3:00- Movie & Popcorn

7

10:00- Coffee in the Courtyard
2:00- Chapel
3:00- Weekend Activity Bin

8

9:00- Help Water Plants
9:30- Current Events
10:00-Aquatic Exercise
11:00- Walking Club
1:30- BINGO!
3:00- Noodle Ball

9

9:00- Daily News
9:30- Devotions
10:00- Chapel
1:30- Ding-a-Lings
3:00- Sequence
6:00- Dominoes

10

9:00- Help Water Plants
9:30- Current Events
10:30- Relax & Remember
1:30- Movie Theater
2:00- Staff Meeting
3:00- Puzzles
6:00- Card Club

11

9:00- Daily News
9:30- Devotions
10:00- Chapel
1:30- Cooking Club
3:00- Trivia Fun!
6:00- Evening News

12

9:00- Help Water Plants
9:30- Current Events
10:00- Resident Council Meeting
1:30- BINGO!
3:00- Float Friday
6:00- Friday Flick

13

9:00- Daily News
10:00- Weekend Activity Bin
3:00- Movie & Popcorn

14

10:00- Sunday Paper
2:00- Chapel
3:00- Weekend Activity Bin

15

9:00- Help Water Plants
9:30- Current Events
10:00- Arts & Crafts
11:00- Walking Club
1:30- BINGO!
3:00- Name That Tune!
6:00- Dave Wirtz

16

Italian Theme
9:30- Daily News
10:30- Chair Yoga
1:15- Italian Ice & Trivia
3:00- Homemade Pasta Class

17

9:00- Help Water Plants
9:30- Current Events
10:00- Lunch Outing
11:15- Sit & be Fit
1:30- Movie & Popcorn
3:00- Hump Day Happy Hour!

18

9:00- Daily News
9:30- Devotions
10:00- Chapel
1:30- Cooking Club
3:00- Dominoes
6:00- Evening News

19

9:00- Help Water Plants
9:30- Catholic Mass
10:30- Drive Around with Kylie (finally!)
1:30- BINGO!
3:00- Happy Hour
6:00- Friday Flick

20

9:00- Daily News
10:00- Weekend Activity Bin
3:00- Movie & Popcorn

21

10:00- Coffee in the Courtyard
2:00- Chapel
3:00- Weekend Activity Bin

22

9:00- Help Water Plants
9:30- Current Events
10:00- Art Therapy
11:00- Walking Club
1:30- BINGO!
2:00- Music Therapy
6:00- Evening News

23

9:00- Coffee Shop
9:30- Devotions
10:00- Chapel
1:30- Laughter Yoga
3:00- July Birthday Party
6:00- Dominoes

24

9:00- Help Water Plants
9:30- Current Events
10:00- Arts & Crafts
11:15- Sit & Be Fit
1:30- Bowling
3:00- Movie & Popcorn
6:00- Board Games

25

LEC Out of Town
9:00- Daily News
9:30- Betty Debban
10:00- Chapel
2:00- Human Society
3:00- Game Shows
6:00- Evening News

26

LEC Out of Town
9:00- Help Water Plants
9:30- Current Events
10:30- Gardening Club
1:30- BINGO! with Teresa!
6:00- Friday Flick

27

9:00- Daily News
10:00- Weekend Activity Bin
3:00- Movie & Popcorn

28

Happy Birthday Bob and Marcella!
10:00- Sunday Paper
2:00- Chapel
3:00- Weekend Activity Bin

29

LEC Out of Town
9:00- Help Water Plants
9:30- Current Events
10:00- Adult Coloring Pages
11:00- Walking Club
1:30- Puzzles
3:00- Courtyard Crew

30

9:00- Daily News
9:30- Devotions
10:00- Chapel
1:00- Lemonade with Milestones at Marion Square
3:00- I Love Lucy
6:00- Dominoes

31

July

